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Quotes on sadness from QuotationsBook.com

The melancholy days are come, the saddest of the year, Of wailing winds, and naked woods and meadows brown and sear.

-William C. Bryant

Man could not live if he were entirely impervious to sadness. Many sorrows can be endured only by being embraced, and the pleasure taken in them naturally has a somewhat melancholy character. So, melancholy is morbid only when it occupies too much place in life; but it is equally morbid for it to be wholly excluded from life.

-Emile Durkheim

Good. There are many nights as days, and the one is just as long as the other in the year's course. Even a happy life cannot be without a measure of darkness, and the word happy would lose its meaning if it were not balanced by sadness.

-Carl Jung

We gather strength from sadness and from pain Each time we die we learn to live again.

-Source Unknown

A sad reality that exists in the world persists among many. I lived in one as a child as well. It's very nightmarish thinking back.

-James Dye

Sad people have more sober reflections.

-James Dye

My eyes hurt from crying, my heart hurts from trying. I look so tired and worn out because inside I'm dying. I miss you, I need you, but I'm better off without you. Days will have to drag on longer, but eventually I will stop thinking about you. I wish I knew. I feel broken and unwanted, like it was easy for you to let me go. I trusted you with everything, I let my feelings show. Someday I hope I can look back at this and say I was strong. But only I know I'm not.

-Mahmoud El Hallab

