

Say Hello to
your very own book of
Quotes



QuotationsBook

Quotes about self-esteem

from QuotationsBook.com

When you take charge of your life, there is no longer need to ask permission of other people or society at large. When you ask permission, you give someone veto power over your life.

- Abert, Geoffrey F.

If I were not Alexander, I would be Diogenes.

- Alexander The Great

I have often wondered how it is everyone loves himself more than the rest of men, but yet sets less value on his own opinions of himself than the opinions of others.

- Aurelius, Marcus

Love yourself first and everything else falls into line. You really have to love yourself to get anything done in this world.

- Ball, Lucille

Study to be what you wish to seem.

- Bate, John

Our value is the sum of our values.

- Batten, Joe

I will give thanks to thee for I am fearfully and wonderfully made. Wonderful are Thy works, and my soul knows it very well. [Psalms 139:14]

- Bible

To preserve an unclouded capacity for the enjoyment of life is an unusual moral and psychological achievement. Contrary to popular belief, it is not the prerogative of mindlessness, but the exact opposite: It is the reward of self-esteem.

- Branden, Nathaniel

Work out your own salvation. Do not depend on others.

- Buddha

Let every man be respected as an individual and no man idolized.

- Einstein, Albert

Whatever games are played with us, we must play no games with ourselves.

- Emerson, Ralph Waldo

It is very easy in the world to live by the opinion of the world. It is very easy in solitude to be self-centered. But the finished man is he who in the midst of the crowd keeps with perfect sweetness the independence of solitude.

- Emerson, Ralph Waldo

It is easy to live for others, everybody does. I call on you to live for yourselves.

- Emerson, Ralph Waldo

Too many people overvalue what they are not and undervalue what they are.

- Forbes, Malcolm S.

There comes a time in each life like a point of fulcrum. At that time you must accept yourself. It is not anymore what you will become. It is what you are and always will be.

- Fowles, John

A man who has been the indisputable favorite of his mother keeps for life the feeling of a conqueror.

- Freud, Sigmund

You are indebted to you imagination for three-fourths of your importance.

- Garrick, David

Trust yourself, then you will know how to live.

- Goethe, Johann Wolfgang Von

A person places themselves on a level with the ones they praise.

- Goethe, Johann Wolfgang Von

Respect yourself if you would have others respect you.

- Gracian, Baltasar

In my day, we didn't have self-esteem, we had self-respect... and no.

- Haddam, Jane

The most silent people are generally those who think most highly of themselves.

- Hazlitt, William

While we are indifferent to our good qualities, we keep on deceiving ourselves in regard to our faults, until we come to look on them as virtues.

- Heine, Heinrich

A person's worth is contingent upon who he is, not upon what he does, or how much he has. The worth of a person, or a thing, or an idea, is in being, not in doing, not in having.

- Hilton, Alice Mary

Every new adjustment is a crisis in self-esteem.

- Hoffer, Eric

The hardest arithmetic to master is that which enables us to count our blessings.

- Hoffer, Eric

Whatever your job, it is important if it is what God wants you to do.

- Jacobsen, Henry

He that undervalues himself will undervalue others, and he that undervalues others will oppress them.

- Johnson

That kind of life is most happy which affords us most opportunities of gaining our own esteem.

- Johnson, Samuel

The highest in God's esteem are the lowest in their own.

- Kempis, Thomas

A person's worth in this world is estimated according to the value they put on themselves.

- La Bruyere, Jean De

We are valued in this world at the rate we desire to be valued.

- La Bruyere, Jean De

The confidence which we have in ourselves gives birth to much of that which we have in

others.

- La Rochefoucauld, Francois De

Seriously, I do not think I fit for the presidency.

- Lincoln, Abraham

Every man has a property in his own person. This nobody has a right to, but himself.

- Locke, John

I'll always be number 1 to myself.

- Malone, Moses

Low self-esteem is like driving through life with your hand-break on.

- Maltz, Maxwell

Women who set a low value on themselves make life hard for all women.

- Mcclung, Nellie

Self-love is not opposed to the love of other people. You cannot really love yourself and do yourself a favor without doing people a favor, and vice versa.

- Menninger, Karl A.

Nothing profits more than self-esteem, grounded on what is just and right.

- Milton, John

Until you make peace with who you are, you'll never be content with what you have.

- Mortman, Doris

He who despises himself nevertheless esteems himself as a self-despiser.

- Nietzsche, Friedrich

Until you value yourself you will not value your time. Until you value your time, you will not do anything with it.

- Peck, M. Scott

One is rated by others as he rates himself.

- Proverb, French

Whatever good things we build end up building us.

- Rohn, Jim

The ablest man I ever met is the man you think you are.

- Roosevelt, Franklin D.

Before everyone stands a image of what he ought to be. So long as he is not that his peace is not complete.

- Ruckett

Creation is a better means of self-expression than possession; it is through creating, not possessing, that life is revealed.

- Scudder, Vida D.

No one can disgrace us but ourselves.

- Shaw, Henry Wheeler

I am as my creator made me and since He is satisfied, so am I.

- Smith, Minnie

The greatest success, is successful self acceptance.

- Sweet, Ben

Every human being, of whatever origin, of whatever station, deserves respect. We must each respect others even as we respect ourselves.

- Thant, U.

The person we believe ourselves to be will always act in a manner consistent with our self-image.

- Tracy, Brian

Never say anything about yourself you do not want to come true.

- Tracy, Brian

We feel good about ourselves to the exact degree we feel in control of our lives.

- Tracy, Brian

The most difficult We do not deal in facts when we are contemplating ourselves.

- Twain, Mark

Acknowledgment -- If you wish your merit to be known, acknowledge that of other people.

- Unknown, Source

You're not what you think you are; you're not what others think you are; you're what you think others think you are!

- Unknown, Source

Think highly of yourself, for the world takes you at your own estimate.

- Unknown, Source

SELF-ESTEEM controls PERFORMANCE/REALITY which stimulate SELF-TALK which reinforces SELF-ESTEEM. This cycle can work positively or negatively and is greatly influenced by the self-talk (I knew I wasn't good at -X vs. next time I'll practice and do better at -X).

- Unknown, Source

To establish true self-esteem we must concentrate on our successes and forget about the failures and the negatives in our lives.

- Waitley, Denis

Blessed are they who heal us of self-despising. Of all services which can be done to man, I know of none more precious.

- White, William Hale

I am as bad as the worst, but, thank God, I am as good as the best.

- Whitman, Walt

All the extraordinary men I have known were extraordinary in their own estimation.

- Wilson, Woodrow T.



QuotationsBook