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# Quotes about Zen

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The mind that does not understand is the Buddha. There is no other.

- Ma-Tsu

You cannot describe it or draw it. You cannot praise it enough or perceive it. No place can be found in which to put the Original Face; it will not disappear even when the universe is destroyed.

- Mumon

Let go over a cliff, die completely, and then come back to life -- after that you cannot be deceived.

- Saying, Zen

Learning Zen is a phenomenon of gold and dung. Before you understand it, it's like gold; after you understand it, it's like dung.

- Saying, Zen

In studying the way, realizing it is hard; once you have realized it, preserving it is hard. When you can preserve it, putting it into practice is hard.

- Saying, Zen

The ultimate Path is without difficulty. Just avoid picking and choosing.

- Seng-Ts'an

No thought, no reflection, no analysis, no cultivation, no intention; let it settle itself.

- Tilopa

Zen does not confuse spirituality with thinking about God while one is peeling potatoes.

Zen spirituality is just to peel the potatoes.

- Watts, Alan W.

When you pass through, no one can pin you down, no one can call you back.

- Ying-An

There are no mundane things outside of Buddhism, and there is no Buddhism outside of mundane things.

- Yuan-Wu





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