

Say Hello to  
your very own book of  
**Quotes**



QuotationsBook

# Quotes about Self-talk

from QuotationsBook.com

He who would be useful, strong, and happy must cease to be a passive receptacle for the negative, beggarly, and impure streams of thought; and as a wise householder commands his servants and invites his guests, so must he learn to command his desires and to say, with authority, what thoughts he shall admit into the mansion of his soul.

- Allen, James

The inner speech, your thoughts, can cause you to be rich or poor, loved or unloved, happy or unhappy, attractive or unattractive, powerful or weak.

- Charell, Ralph

If you want to reach a state of bliss, then go beyond your ego and the internal dialogue. Make a decision to relinquish the need to control, the need to be approved, and the need to judge. Those are the three things the ego is doing all the time. It's very important to be aware of them every time they come up.

- Chopra, Deepak

The more man meditates upon good thoughts, the better will be his world and the world at large.

- Confucius

All causes are essentially mental, and whosoever comes into daily contact with a high order of thinking must take on some of it.

- Fillmore, Charles

If you hear a voice within you saying, You are not a painter, then by all means paint and that voice will be silenced.

- Gogh, Vincent Van

One day I sat thinking, almost in despair; a hand fell on my shoulder and a voice said reassuringly: cheer up, things could get worse. So I cheered up and, sure enough, things got worse.

- Hagerty, James

The more faithfully you listen to the voices within you, the better you will hear what is sounding outside.

- Hammarskjold, Dag

Your ability to use the principle of autosuggestion will depend, very largely, upon your capacity to concentrate upon a given desire until that desire becomes a burning obsession.

- Hill, Napoleon

Every waking moments we talk to ourselves about the things we experience. Our self-talk, the thoughts we communicate to ourselves, in turn control the way we feel and act.

- Lembo, John

A gentleman that loves to hear himself talk, will speak more in a minute than he will stand to in a month.

- Shakespeare, William

Self-suggestion makes you master of yourself.

- Stone, W. Clement

I talk to myself because I like dealing with a better class of people.

- Tartakower, Savielly





QuotationsBook