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# Quotes about Self-expression

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A man's true state of power and riches is to be in himself.

- Beecher, Henry Ward

One of the best things to do sometimes is simply to be.

- Butterworth, Eric

God expects but one thing of you, and that is that you should come out of yourself in so far as you are a created being made and let God be God in you.

- Eckhart, Meister

Insist on yourself; never imitate. Your own gift you can present every moment with the cumulative force of a whole life's cultivation; but of the adopted talent of another you have only an extemporaneous half possession.

- Emerson, Ralph Waldo

We have to look at our own inertia, insecurities, self-hate, fear that, in truth, we have nothing valuable to say. When your writing blooms out of the back of this garbage compost, it is very stable. You are not running from anything. You can have a sense of artistic security. If you are not afraid of the voices inside you, you will not fear the critics outside you.

- Goldberg, Natalie

Self-observation brings man to the realization of the necessity of self-change. And in observing himself a man notices that self-observation itself brings about certain changes in his inner processes. He begins to understand that self-observation is an instrument of self-change, a means of awakening.

- Gurdjieff, George

I will tell you what I will do and what I will not do. I will not serve that in which I no longer believe, whether it call itself my home, my fatherland, or my church: and I will try to express myself in some mode of life or art as freely as I can and as wholly as I can, using for my defense the only arms I allow myself to use --silence, exile and cunning.

- Joyce, James

Face the facts of being what you are, for that is what changes what you are.

- Kierkegaard, Soren

You can't lead a cavalry if you think that you look funny riding a horse.

- Peers, John

We have to take the whole universe as the expression of the one Self. Then only our love flows to all beings and creatures in the world equally.

- Ramdas, Swami

I'm a meathead. I can't help it, man. You've got smart people and you've got dumb people.

- Reeves, Keanu

I like to think of myself as the Rutger Hauer of this show &#91;Star Trek: The Next Generation&#93;. But then I like to think of myself as Rutger Hauer in real life: strikingly handsome, irresistible to women, an intergalactic enigma.

- Spiner, Brent

I am simple, complex, generous, selfish, unattractive, beautiful, lazy, and driven.

- Streisand, Barbara

I fear chiefly lest my expression may not be extravagant enough, may not wander far enough beyond the narrow limit of my daily experience, so as to be adequate to the truth of which I have been convinced. Extravagance! it depends on how you are yarded.

- Thoreau, Henry David

Do you want to be power in the world? Then be yourself.

- Trine, Ralph Waldo

My interest lies in my self-expression -- what's inside of me -- not what I'm in.

- Turturro, John

Continue to be yourself because in the end that's what people will remember about you

- Unknown, Source

Once a person says, This is who I really am, what I am all about, what I was really meant to do, it is easier to decide how to spend one's time.

- Viscott, David

Life has been your art. You have set yourself to music. Your days are your sonnets.

- Wilde, Oscar





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