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Quotes about Self discovery

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As person abandons worn-out clothes and acquires new ones, so when the body is worn out a new one is acquired by the Self, who lives within.

- Bhagavad Gita

It's not only the most difficult thing to know one's self, but the most inconvenient.

- Billings, Josh

Who in the world am I? Ah, that's the great puzzle.

- Carroll, Lewis

There comes a time in the seeker's life when he discovers that he is at once the lover and the beloved. The aspiring soul which he embodies is the lover in him. And the transcendental Self which he reveals from within is his Beloved.

- Chinmoy, Sri

Look into the depths of your own soul and learn first to know yourself, then you will understand why this illness was bound to come upon you and perhaps you will thenceforth avoid falling ill.

- Freud, Sigmund

You will recognize your own path when you come upon it, because you will suddenly have all the energy and imagination you will ever need.

- Gillies, Jerry

No one has ever learned fully to know themselves.

- Goethe, Johann Wolfgang Von

Ninety per cent of the world's woe comes from people not knowing themselves, their abilities, their frailties, and even their real virtues. Most of us go almost all the way through life as complete strangers to ourselves -- so how can we know anyone else?

- Harris, Sidney J.

It is the individual who knows how little they know about themselves who stands the most reasonable chance of finding out something about themselves before they die.

- Hayakawa, S. I.

The self is only that which it is in the process of becoming.

- Kirkegaard

One must know oneself. If this does not serve to discover truth, it at least serves as a rule of life and there is nothing better.

- Pascal, Blaise

I think somehow we learn who we really are and then we live with that decision.

- Roosevelt, Eleanor

Some people say they haven't yet found themselves. But the self is not something one finds; it is something one creates.

- Szasz, Thomas

Sometimes the best way to figure out who you are is to get to that place where you don't have to be anything else.

- Unknown, Source

No one is more interesting to anybody than is that mysterious character we all call me, which is why self-liberation, self-actualization, self-transcendence, etc., are the most exciting games in town.

- Wilson, Robert



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