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# Quotes about Feelings

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Cowardice and courage are never without a measure of affectation. Nor is love. Feelings are never true. They play with their mirrors.

- Baudrillard, Jean

See that each hour's feelings, and thoughts and actions are pure and true; then your life will be also.

- Beecher, Henry Ward

When the senses contact sense objects, a person experiences cold or heat, pleasure or pain. These experiences are fleeting they come and go. Bear them patiently.

- Bhagavad Gita

Feeling without judgment is a washy draught indeed; but judgment untempered by feeling is too bitter and husky a morsel for human deglutition.

- Bronte, Charlotte

He disliked emotion, not because he felt lightly, but because he felt deeply.

- Buchan, John

Our best evidence of what people truly feel and believe comes less from their words than

from their deeds.

- Cialdini, Robert

Lose/Win people bury a lot of feelings. And unexpressed feelings come forth later in uglier ways. Psychosomatic illnesses often are the reincarnation of cumulative resentment, deep disappointment and disillusionment repressed by the Lose/Win mentality.

Disproportionate rage or anger, overreaction to minor provocation, and cynicism are other embodiments of suppressed emotion. People who are constantly repressing, not transcending feelings toward a higher meaning find that it affects the quality of their relationships with others.

- Covey, Stephen R.

It's not sissy to show your feeling.

- Diana, Princess of Wales

To have in general but little feeling, seems to be the only security against feeling too much on any particular occasion.

- Eliot, George

Do not give in too much to feelings. A overly sensitive heart is an unhappy possession on this shaky earth.

- Goethe, Johann Wolfgang Von

Individuality is founded in feeling; and the recesses of feeling, the darker, blinder strata of

character, are the only places in the world in which we catch real fact in the making, and directly perceive how events happen, and how work is actually done.

- James, William

Feelings are like chemicals, the more you analyze them the worse they smell.

- Kingsley, Charles

When I do good, I feel good. When I do bad, I feel bad. And that's my religion.

- Lincoln, Abraham

Feelings are everywhere -- be gentle.

- Masai, J.

Your emotions affect every cell in your body. Mind and body, mental and physical, are intertwined.

- Tutko, Thomas

The world is a tragedy to those who feel, but a comedy to those who think.

- Walpole, Horace

you can't control other people's actions/feelings, but you can control your own, so get over it..

- Unknown







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