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# Quotes about Depression

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Depression moods lead, almost invariably, to accidents. But, when they occur, our mood changes again, since the accident shows we can draw the world in our wake, and that we still retain some degree of power even when our spirits are low. A series of accidents creates a positively light-hearted state, out of consideration for this strange power.

- Baudrillard, Jean

This is my depressed stance. When you're depressed, it makes a lot of difference how you stand. The worst thing you can do is straighten up and hold your head high because then you'll start to feel better. If you're going to get any joy out of being depressed, you've got to stand like this.

- Brown, Charlie

The term clinical depression finds its way into too many conversations these days. One has a sense that a catastrophe has occurred in the psychic landscape.

- Cohen, Leonard

Geez, if I could get through to you, kiddo, that depression is not sobbing and crying and giving vent, it is plain and simple reduction of feeling. Reduction, see? Of all feeling.

People who keep stiff upper lips find that it's damn hard to smile.

- Guest, Judith

That terrible mood of depression of whether it's any good or not is what is known as The Artist's Reward.

- Hemingway, Ernest

The world leans on us. When we sag, the whole world seems to droop.

- Hoffer, Eric

I am in that temper that if I were under water I would scarcely kick to come to the top.

- Keats, John

In addition to my other numerous acquaintances, I have one more intimate confidant. My depression is the most faithful mistress I have known -- no wonder, then, that I return the love.

- Kierkegaard, Soren

Depression is melancholy minus its charms -- the animation, the fits.

- Sontag, Susan

It's a recession when your neighbor loses his job; it's a depression when you lose your own.

- Truman, Harry S





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