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The worst feeling in the world is the homesickness that comes over a man occasionally when he is at home.

- Howe, Edgar Watson

The less routine the more life.

- Alcott, Amos Bronson

Never give advice unless asked.

- Proverb, German

Observation more than books and experience more than persons, are the prime educators.

- Alcott, Amos Bronson

Who speaks to the instincts speaks to the deepest in mankind, and finds the readiest response.

- Alcott, Amos Bronson

Success is sweet and sweeter if long delayed and gotten through many struggles and defeats.

- Alcott, Amos Bronson

We climb to heaven most often on the ruins of our cherished plans, finding our failures were successes.

- Alcott, Amos Bronson

Thought means life, since those who do not think so do not live in any high or real sense. Thinking makes the man.

- Alcott, Amos Bronson

Our greatest glory is not in never falling, but in rising every time we fall.

- Confucius

A man who has committed a mistake and doesn't correct it is committing another mistake.

- Confucius

I am not concerned that I am not known, I seek to be worthy to be known.

- Confucius

Speak softly and carry a big stick; you will go far.

- Roosevelt, Theodore

There couldn't be a society of people who didn't dream. They'd be dead in two weeks.

- Burroughs, William S.

Help others achieve their dreams and you will achieve yours.

- Brown, Les

Never bear more than one kind of trouble at a time. Some people bear three kinds; all they have had, all they have now, and all they expect to have.

- Hale, Edward Everett

Nothing splendid was ever created in cold blood. Heat is required to forge anything. Every great accomplishment is the story of a flaming heart.

- Glasgow, Arnold H.

Forget the times of your distress, but never forget what they taught you.

- Gesser

What is to give light must endure the burning.

- Frankl, Viktor E.

To accuse others for one's own misfortunes is a sign of want of education. To accuse oneself shows that one's education has begun. To accuse neither oneself nor others shows that one's education is complete.

- Epictetus

Pain nourishes courage. You can't be brave if you've only had wonderful things happen to you.

- Moore, Mary Tyler

Nothing would be done at all if one waited until one could do it so well that no one could find fault with it.

- Newman, Cardinal J.

It's faith in something and enthusiasm for something that makes life worth living.

- Holmes, Oliver Wendell

Character matters; leadership descends from character.

- Limbaugh, Rush

Let us endeavor so to live that when we come to die even the undertaker will be sorry.

- Twain, Mark

I have never seen a man as fond of virtue as of women.

- Confucius

It is a good thing for an uneducated man to read books of quotations. Bartlett's Familiar Quotations is an admirable work, and I studied it intently. The quotations when engraved

upon the memory give you good thoughts. They also make you anxious to read the authors and look for more.

- Churchill, Winston

Oh, what a tangled web we weave, when first we practice to deceive.

- Scott, Sir Walter

Clouds come floating into my life, no longer to carry rain or usher storm, but to add color to my sunset sky.

- Tagore, Rabindranath

Here's to the crazy ones. The misfits. The rebels. The trouble-makers. The round heads in the square holes. The ones who see things differently. They're not fond of rules. And they have no respect for the status-quo. You can quote them. Disagree with them. Glorify, or vilify them. But the only thing you can't do is ignore them. Because they change things. They push the human race forward. And while some may see them as the crazy ones, we see genius. Because the people who are crazy enough
to think they can change the world
Are the ones who do.

- Apple Computer

When it comes to my own turn to lay my weapons down, I shall do so with thankfulness and fatigue, and whatever be my destiny afterward, I shall be glad to lie down with my fathers in honor. It is human at least, if not divine.

- Stevenson, Robert Louis

There is no duty we so much underrated as the duty of being happy.

- Stevenson, Robert Louis

Our business in this world is not to succeed, but to continue to fail, in good spirits.

- Stevenson, Robert Louis

Keep your fears to yourself, but share your courage with others.

- Stevenson, Robert Louis

A friend is a present you give to yourself.

- Stevenson, Robert Louis

No man is useless while he has a friend.

- Stevenson, Robert Louis

The very flexibility and ease which make men's friendships so agreeable while they endure, make them the easier to destroy and forget. And a man who has a few friends, or one who has a dozen (if there be any one so wealthy on this earth), cannot forget on how precarious a base his happiness reposes; and how by a stroke or two of fate --a death, a few light words, a piece of stamped paper, a woman's bright eyes --he may be left, in a month, destitute of all.

- Stevenson, Robert Louis

An aim in life is the only fortune worth finding.

- Stevenson, Robert Louis

Under the wide and starry sky,

Dig the grave and let me lie.

Glad did I live and gladly die,

And I laid me down with a will.

This is the verse you grave for me:

'Here he lies where he longed to be;

Here is the sailor, home from the sea,

And the hunter home from the hill.'

- Stevenson, Robert Louis

In marriage, a man becomes slack and selfish, and undergoes a fatty degeneration of his moral being.

- Stevenson, Robert Louis

To be wholly devoted to some intellectual exercise is to have succeeded in life.

- Stevenson, Robert Louis

If a man loves the labor of his trade apart from any question of success or fame, the Gods have called him.

- Stevenson, Robert Louis

I have done my fiddling so long under Vesuvius that I have almost forgotten to play, and can only wait for the eruption and think it long of coming. Literally no man has more wholly outlived life than I. And still it's good fun.

- Stevenson, Robert Louis

The cruelest lies are often told in silence. A man may have sat in a room for hours and not opened his mouth, and yet come out of that room a disloyal friend or a vile calumniator.

- Stevenson, Robert Louis

We live in an ascending scale when we live happily, one thing leading to another in an endless series.

- Stevenson, Robert Louis

Once you are married, there is nothing for you, not even suicide, but to be good.

- Stevenson, Robert Louis

Marriage is one long conversation, checkered by disputes.

- Stevenson, Robert Louis

Quiet minds cannot be perplexed or frightened, but go on in fortune or misfortune at their own private pace, like a clock during a thunderstorm.

- Stevenson, Robert Louis

The price we have to pay for money is sometimes liberty.

- Stevenson, Robert Louis

If your morals make you dreary, depend upon it they are wrong. I do not say give them up, for they may be all you have; but conceal them like a vice, lest they should spoil the lives of better and simpler people.

- Stevenson, Robert Louis

Everyone lives by selling something.

- Stevenson, Robert Louis

Night is a dead monotonous period under a roof; but in the open world it passes lightly, with its stars and dews and perfumes, and the hours are marked by changes in the face of Nature. What seems a kind of temporal death to people choked between walls and curtains, is only a light and living slumber to the man who sleeps afield.

- Stevenson, Robert Louis

To be what we are, and to become what we are capable of becoming, is the only end of life.

- Stevenson, Robert Louis

Books are good enough in their own way, but they are a mighty bloodless substitute for life.

- Stevenson, Robert Louis

He travels best that knows when to return. Middleton For my part, I travel not to go anywhere, but to go. I travel for travel's sake. The great affair is to move.

- Stevenson, Robert Louis

It is better to travel hopefully than to arrive.

- Stevenson, Robert Louis

For my part, I travel not to go anywhere, but to go. I travel for travel's sake. The great affair is to move; to feel the needs and hitches of our life more nearly; to come down off this feather-bed of civilization, and find the globe granite underfoot and strewn with cutting flints.

- Stevenson, Robert Louis

The truth that is suppressed by friends is the readiest weapon of the enemy.

- Stevenson, Robert Louis

You cannot run away from weakness; you must some time fight it out or perish; and if that be so, why not now, and where you stand?

- Stevenson, Robert Louis

The world is full of a number of things, I'm sure we should all be as happy as kings.

- Stevenson, Robert Louis

For God's sake give me the young man who has brains enough to make a fool of himself!

- Stevenson, Robert Louis

Youth is the time to go flashing from one end of the world to the other to try the manners of different nations; to hear the chimes at midnight; to see the sunrise in town and country; to be converted at a revival; to circumnavigate the metaphysics, write halting verses, run a mile to see a fire, and wait all day long in the theatre to applaud Hernani.

- Stevenson, Robert Louis

Judge each day not by the harvest you reap but by the seeds you plant.

- Stevenson, Robert Louis

Talk is by far the most accessible of pleasures. It costs nothing in money, it is all profit, it completes our education, founds and fosters our friendships, and can be enjoyed at any age and in almost any state of health.

- Stevenson, Robert Louis

You can forgive people who do not follow you through a philosophical disquisition; but to find your wife laughing when you had tears in your eyes, or staring when you were in a fit

of laughter, would go some way towards a dissolution of the marriage.

- Stevenson, Robert Louis

To hold the same views at forty as we held at twenty is to have been stupefied for a score of years, and take rank, not as a prophet, but as an unteachable brat, well birched and none the wiser.

- Stevenson, Robert Louis

I remember my youth and the feeling that will never come back any more --the feeling that I could last for ever, outlast the sea, the earth, and all men; the deceitful feeling that lures us on to joys, to perils, to love, to vain effort --to death; the triumphant conviction of strength, the heat of life in the handful of dust, the glow in the heart that with every year grows dim, grows cold, grows small, and expires --and expires, too soon, too soon --before life itself.

- Conrad, Joseph

Whether life is worth living depends on whether there is love in life.

- Laing, R. D.

Democracy does not guarantee equality of conditions -- it only guarantees equality of opportunity.

- Kristol, Irving

Be careful the environment you choose for it will shape you; be careful the friends you

choose for you will become like them.

- Stone, W. Clement

At the innermost core of all loneliness is a deep and powerful yearning for union with one's lost self.

- Francis, Brendan

All men's misfortunes spring from their hatred of being alone.

- Bruyere, Jean De La

Home is where the heart is.

- Pliny The Elder

He that knows himself, knows others; and he that is ignorant of himself, could not write a very profound lecture on other men's heads.

- Colton, Charles Caleb

Among my most prized possessions are words that I have never spoken.

- Card, Orson Scott

Hope is definitely not the same thing as optimism. It is not the conviction that something will turn out well, but the certainty that something makes sense, regardless of how it turns out.

- Havel, Vaclav

Those who hope for no other life are dead even for this.

- Goethe, Johann Wolfgang Von

Neither should a ship rely on one small anchor, nor should life rest on a single hope.

- Epictetus

Our imagination is the only limit to what we can hope to have in the future.

- Kettering, Charles F.

Never play cards with a man called Doc. Never eat at a place called Mom s. Never sleep with a woman whose troubles are worse than your own.

- Algren, Nelson

Immature love says: I love you because I need you. Mature love says: I need you because I love you.

- Fromm, Erich

There is a great man who makes every man feel small. But the real great man is the man who makes every man feel great.

- Chesterton, Gilbert K.

I never met a man I didn't like.

- Rogers, Will

Every time a woman leaves off something she looks better, but every time a man leaves off something he looks worse.

- Rogers, Will

Lord, let me live until I die.

- Rogers, Will

People need hard times and oppression to develop psychic muscles.

- Dune, Frank Herbert

Sometimes your medicine bottle has on it, Shake well before using. That is what God has to do with some of His people. He has to shake them well before they are ever usable.

- Havner, Vance

Confidence is the most important single factor in this game, and no matter how great your natural talent, there is only one way to obtain and sustain it: work.

- Nicklaus, Jack

The Promised Land always lies on the other side of a Wilderness.

- Ellis, Havelock

Creativity comes from awakening and directing men's higher natures, which originate in the primal depths of the uni- verse and are appointed by Heaven.

- I Ching

In every adversity there lies the seed of an equivalent advantage. In every defeat is a lesson showing you how to win the victory next time.

- Collier, Robert

What I am looking for is a blessing not in disguise.

- Collins, Kitty O'neill

Constant success shows us but one side of the world; adversity brings out the reverse of the picture.

- Colton, Charles Caleb

I bring to my life a certain amount of mess.

- Coppola, Francis Ford

In order for the light to shine so brightly, the darkness must be present.

- Devito, Danny

A wounded deer leaps the highest.

- Dickinson, Emily

There is a great deal of unmapped country within us which would have to be taken into account in an explanation of our gusts and storms.

- Eliot, George

Out of love and hatred, out of earnings and borrowings and leadings and losses; out of sickness and pain; out of wooing and worshipping; out of traveling and voting and watching and caring; out of disgrace and contempt, comes our tuition in the serene and beautiful laws.

- Emerson, Ralph Waldo

A man is a god in ruins.

- Emerson, Ralph Waldo

Failure is success if we learn from it.

- Forbes, Malcolm S.

When things are bad, we take comfort in the thought that they could always get worse. And when they are, we find hope in the thought that things are so bad they have to get better.

- Forbes, Malcolm S.

Life is a series of experiences, each one of which makes us bigger, even though sometimes it is hard to realize this. For the world was built to develop character, and we must learn that the setbacks and grieves which we endure help us in our marching onward.

- Ford, Henry

He who knows no hardships will know no hardihood. He who faces no calamity will need no courage. Mysterious though it is, the characteristics in human nature which we love best grow in a soil with a strong mixture of troubles.

- Fosdick, Harry Emerson

Suffering! We owe to it all that is good in us, all that gives value to life; we owe to it pity, we owe to it courage, we owe to it all the virtues.

- France, Anatole

I have often been downcast, but never in despair; I regard our hiding as a dangerous adventure, romantic and interesting at the same time. In my diary I treat all the privations as amusing. I have made up my mind now to lead a different life from other girls and, later on, different from ordinary housewives. My start has been so very full of interest, and that is the sole reason why I have to laugh at the humorous side of the most dangerous moments.

- Frank, Anne

Even if you fall on your face, you're still moving forward.

- Gallagher, Robert C.

March on. Do not tarry. To go forward is to move toward perfection. March on, and fear not the thorns, or the sharp stones on life's path.

- Gibran, Kahlil

The greatest difficulties lie where we are not looking for them.

- Goethe, Johann Wolfgang Von

We must free ourselves of the hope that the sea will ever rest. We must learn to sail in high winds.

- Grant, Hanmer Parsons

Show me someone who has done something worthwhile, and I'll show you someone who has overcome adversity.

- Holtz, Lou

As a rule, adversity reveals genius and prosperity hides it.

- Horace

Adversity reveals genius, prosperity conceals it.

- Horace

A heart well prepared for adversity in bad times hopes, and in good times fears for a change in fortune.

- Horace

Adversity has the effect of eliciting talents, which in prosperous circumstances would have lain dormant.

- Horace

The harder you fall, the higher you bounce.

- Horton, Doug

Little minds are tamed and subdued by misfortune; but great minds rise above them.

- Irving, Washington

There is in every woman's heart a spark of heavenly fire which lies dormant in the broad daylight of prosperity, but which kindles up and beams and blazes in the dark hour of adversity.

- Irving, Washington

If the career you have chosen has some unexpected inconvenience, console yourself by reflecting that no career is without them.

- Johnson

Adversity is the state in which man mostly easily becomes acquainted with himself, being especially free of admirers then.

- Johnson, Samuel

Things don't go wrong and break your heart so you can become bitter and give up. They happen to break you down and build you up so you can be all that you were intended to be.

- Jones, Charles "Tremendous"

He knows not his own strength that hath not met adversity

- Jonson, Ben

Life is truly known only to those who suffer, lose, endure adversity and stumble from defeat to defeat.

- Kapuscinski, Ryszard

Do you not see how necessary a world of pains and troubles is to school an intelligence and make it a soul?

- Keats, John

Adversities do not make a man frail. They show what sort of man he is.

- Kempis, Thomas

If you can keep your head about you when all about you are losing theirs, its just possible you haven't grasped the situation.

- Kerr, Jean

Birds sing after a storm; why shouldn't people feel as free to delight in whatever remains to them?

- Kennedy, Rose F.

Adversity draws men together and produces beauty and harmony in life's relationships, just as the cold of winter produces ice-flowers on the window-panes, which vanish with the warmth.

- Kierkegaard, Søren

The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy.

- King Jr. Martin Luther

Each success only buys an admission ticket to a more difficult problem.

- Kissinger, Henry

There could be no honor in a sure success, but much might be wrested from a sure defeat.

- Lawrence, Thomas E.

In terms of the game theory, we might say the universe is so constituted as to maximize play. The best games are not those in which all goes smoothly and steadily toward a certain conclusion, but those in which the outcome is always in doubt. Similarly, the geometry of life is designed to keep us at the point of maximum tension between certainty and uncertainty, order and chaos. Every important call is a close one. We survive and evolve by the skin of our teeth. We really wouldn't want it any other way.

- Leonard, George

Mishaps are like knives, that either serve us or cut us, as we grasp them by the blade or by the handle.

- Lowell, James Russell

It is in the gift for employing all the vicissitudes of life to one's own advantage and to that of one's craft that a large part of genius consists.

- Lichtenberg, Georg C.

Usually when people are sad, they don't do anything. They just cry over their condition. But when they get angry, they bring about a change.

- Malcolm X

Always seek out the seed of triumph in every adversity.

- Mandino, Og

Search for the seed of good in every adversity. Master that principle and you will own a precious shield that will guard you well through all the darkest valleys you must traverse. Stars may be seen from the bottom of a deep well, when they cannot be discerned from the mountaintop. So will you learn things in adversity that you would never have discovered without trouble. There is always a seed of good. Find it and prosper.

- Mandino, Og

There is no better than adversity. Every defeat, every heartbreak, every loss, contains its own seed, its own lesson on how to improve your performance the next time.

- Mandino, Og

A certain amount of opposition is a great help to a man. Kites rise against, not with, the wind.

- Neal, John

The finest steel has to go through the hottest fire.

- Nixon, Richard M.

Never let your head hang down. Never give up and sit down and grieve. Find another way. And don't pray when it rains if you don't pray when the sun shines.

- Paige, Leroy "Satchel"

I love those who can smile in trouble, who can gather strength from distress, and grow brave by reflection. 'Tis the business of little minds to shrink, but they whose heart is firm, and whose conscience approves their conduct, will pursue their principles unto death.

- Paine, Thomas

Cushion the painful effects of hard blows by keeping the enthusiasm going strong, even if doing so requires struggle.

- Peale, Norman Vincent

I would never have amounted to anything were it not for adversity. I was forced to come up the hard way.

- Penney, J. C. (James Cash)

Part of the happiness of life consists not in fighting battles, but in avoiding them. A masterly retreat is in itself a victory.

- Peale, Norman Vincent

The racism, the sexism, I never let it be my problem, it's their problem. If I see a door comin' my way, I'm knockin' it down. And if I can't knock down the door, I'm sliding through the window. I'll never let it stop me from what I wanna do.

- Perez, Rosie

That which causes us trials shall yield us triumph: and that which make our hearts ache shall fill us with gladness. The only true happiness is to learn, to advance, and to improve:

which could not happen unless we had commence with error, ignorance, and imperfection. We must pass through the darkness, to reach the light.

- Pike, Albert

Those who aim at great deeds must also suffer greatly.

- Plutarch

The depth of darkness to which you can descend and still live is an exact measure of the height to which you can aspire to reach.

- Post, Laurens Van du

The seaman tells stories of winds, the ploughman of bulls; the soldier details his wounds, the shepherd his sheep.

- Propertius, Sextus

A gem cannot be polished without friction, nor a man perfected without trials.

- Proverb, Chinese

A smooth sea never made a skillful mariner.

- Proverb, English

Not everything which is bad comes to hurt us.

- Proverb, Italian

Do you think that you shall enter the Garden of Bliss without such trials as came to those who passed before you?

- Qur'an

All life demands struggle. Those who have everything given to them become lazy, selfish, and insensitive to the real values of life. The very striving and hard work that we so constantly try to avoid is the major building block in the person we are today.

- Ransom, Ralph

Am I willing to give up what I have in order to be what I am not yet? Am I able to follow the spirit of love into the desert? It is a frightening and sacred moment. There is no return. One's life is charged forever. It is the fire that gives us our shape.

- Richards, Mary Caroline

I have become my own version of an optimist. If I can't make it through one door, I'll go through another door -- or I'll make a door. Something terrific will come no matter how dark the present.

- Tagore, Rabindranath

If we study the lives of great men and women carefully and unemotionally we find that, invariably, greatness was developed, tested and revealed through the darker periods of their lives. One of the largest tributaries of the RIVER OF GREATNESS is always the STREAM OF ADVERSITY.

- Robert, Cavett

Over every mountain there is a path, although it may not be seen from the valley.

- Rogers, James

The worst thing that happens to you may be the best thing for you if you don't let it get the best of you.

- Rogers, Will

To endure is the first thing that a child ought to learn, and that which he will have the most need to know.

- Rousseau, Jean Jacques

Adversity is a great teacher, but this teacher makes us pay dearly for its instruction; and often the profit we derive, is not worth the price we paid.

- Rousseau, Jean Jacques

When something an affliction happens to you, you either let it defeat you, or you defeat it.

- Russell, Rosalind

It is not good for all our wishes to be filled; through sickness we recognize the value of health; through evil, the value of good; through hunger, the value of food; through exertion, the value of rest.

- Saying, Greek

You'll never find a better sparring partner than adversity.

- Schmidt, Walt

There is no doubt that life is given us, not to be enjoyed, but to be overcome --to be got over.

- Schopenhauer, Arthur

The hardest struggle of all is to be something different from what the average man is.

- Schwab, Charles M.

It's a matter of ABC: When we encounter ADVERSITY, we react by thinking about it. Our thoughts rapidly congeal into BELIEFS. These beliefs may become so habitual we don't even realize we have them unless we stop to focus on them. And they don't just sit there idly; they have CONSEQUENCES. The beliefs are the direct cause of what we feel and what we do next. They can spell the difference between dejection and giving up, on the one hand, and well-being and constructive action on the other. The first step is to see the connection between adversity, belief, and consequence. The second step is to see how the ABCs operate every day in your own life.

- Seligman, Martin E. P.

Adversity is, to me at least, a tonic and a bracer.

- Scott, Sir Walter

No untroubled day has ever dawned for me.

- Seneca

Fire is the test of gold; adversity, of strong men.

- Seneca

Brave men rejoice in adversity, just as brave soldiers triumph in war.

- Seneca

The bravest sight in the world is to see a great man struggling against adversity.

- Seneca

One often learns more from ten days of agony than from ten years of contentment.

- Shain, Merle

Through tattered clothes, small vices do appear. Robes and furred gowns hide all.

- Shakespeare, William

Sweet are the uses of adversity which, like the toad, ugly and venomous, wears yet a precious jewel in his head.

- Shakespeare, William

No evil propensity of the human heart is so powerful that it may mot be subdued by discipline.

- Seneca

If thou art a man, admire those who attempt great things, even though they fail.

- Seneca

Fate leads the willing, and drags along the reluctant.

- Seneca

A person's fears are lighter when the danger is at hand.

- Seneca

We are more often frightened than hurt; and we suffer more from imagination than from reality.

- Seneca

There is no delight in owning anything unshared.

- Seneca

If you want to win anything -- a race, your self, your life -- you have to go a little berserk.

- Sheehan, George

The battle of life is, in most cases, fought uphill; and to win it without a struggle were perhaps to win it without honor. If there were no difficulties there would be no success; if there were nothing to struggle for, there would be nothing to be achieved.

- Smiles, Samuel

Life has meaning only in the struggle. Triumph or defeat is in the hands of the Gods. So let us celebrate the struggle!

- Swahili Warrior Song

We see many who are struggling against adversity who are happy, and more although abounding in wealth, who are wretched.

- Tacitus, Publius Cornelius

The sooner I fall behind, the more time I have to catch up.

- Unknown, Source

There are times in everyone's life when something constructive is born out of adversity... when things seem so bad that you've got to grab your fate by the shoulders and shake it.

- Unknown, Source

Nothing bad ever happens without equal or growth

- Unknown, Source

No one would ever have crossed the ocean if he could have gotten off the ship in a storm.

- Unknown, Source

In times of storm, the shallowness of the root structure is revealed.

- Unknown, Source

No man is more unhappy than the one who is never in adversity; the greatest affliction of life is never to be afflicted.

- Unknown, Source

I didn't know I'd have to be torn down before I could be built up.

- Unknown, Source

You have endured worse things; God will grant an end even to these.

- Virgil

I had to pick myself up and get on with it, do it all over again, only even better this time.

- Walton, Sam

Everything I did in my life that was worthwhile I caught hell for it.

- Warren, Earl

Misfortunes leave wounds which bleed drop by drop even in sleep; thus little by little they train man by force and dispose him to wisdom in spite of himself. Man must learn to think of himself as a limited and dependent being; and only suffering teaches

- Weil, Simone

The path of least resistance is the path of the loser.

- Weltman, Phil

It is easy enough to be pleasant, When life flows by like a song. But the man worth while is the one who can smile, when everything goes dead wrong. For the test of the heart is troubled, And it always comes with the years. And the smiles that is worth the praises of earth is the smile that shines through tears.

- Wilcox, Ella Wheeler

Always continue the climb. It is possible for you to do whatever you choose, if you first get to know who you are and are willing to work with a power that is greater than ourselves to do it.

- Winfrey, Oprah

Sometimes adversity is what you need to face in order to become successful.

- Ziglar, Zig

It takes a real storm in the average person's life to make him realize how much worrying he has done over the squalls.

- Advisor, Heartland

The reward of suffering is experience.

- Aeschylus

Painful as it may be, a significant emotional event can be the catalyst for choosing a direction that serves us--and those around us -- more effectively. Look for the learning.

- Allenbaugh, Eric

You don't develop courage by being happy in your relationships everyday. You develop it by surviving difficult times and challenging adversity.

- Angelis, Barbara De

Prosperity is not without many fears and distastes; adversity not without many comforts and hopes.

- Bacon, Francis

It's easier to go down a hill than up it but the view is much better at the top.

- Bennet, Arnold

They that sow in tears shall reap joy. [Psalms 126:5]

- Bible

Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Let the day's own trouble be sufficient for the day.

- Bible

Enter through the narrow gate. The gate that leads to damnation is wide, the road is clear, and many choose to travel it. But how narrow is the gate that leads to life, how rough the road, and how few there are who find it. [Mathew 7:13-14]

- Bible

Adversity has the same effect on a man that severe training has on the pugilist -- it reduces him to his fighting weight.

- Billings, Josh

Anytime you suffer a setback or disappointment, put your head down and plow ahead.

- Brown, Les

Difficulty, my brethren, is the nurse of greatness --a harsh nurse, who roughly rocks her foster-children into strength and athletic proportion.

- Bryant, William C.

Pain is inevitable, suffering is optional.

- Casey, M Kathleen

God promises a safe landing, not a calm passage.

- proverb, Bulgarian

If you can keep your head when all about you are losing theirs, it's just possible you haven't grasped the situation.

- Kerr, Jean

Birds sing after a storm; why shouldn't people feel as free to delight in whatever sunlight remains to them?

- Rose Kennedy

It's not what your are, it's what you don't become that hurts.

- Levant, Oscar

Acts of kindness may soon be forgotten, but the memory of an offense remains.

- Proverb

Brains aren't designed to get result; they go in directions. If you know how the brain works you can set your own directions. If you don't, then someone else will.

- Bandler, Richard

QuotationsBook