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Don't worry over what other people are thinking about you. They're too busy worrying over what you are thinking about them.

- Unknown, Source

So don’t worry about tomorrow, for tomorrow will bring its own worries. Today’s trouble is enough for today

- christ, jesus

Here's to the crazy ones. The misfits. The rebels. The trouble-makers. The round heads in the square holes. The ones who see things differently. They're not fond of rules. And they have no respect for the status-quo. You can quote them. Disagree with them. Glorify, or vilify them. But the only thing you can't do is ignore them. Because they change things. They push the human race forward. And while some may see them as the crazy ones, we see genius. Because the people who are crazy enough
to think they can change the world
Are the ones who do.

- Apple Computer

Teach only love for that is what you are.

- A Course In Miracles

In real love you want the other person's good. In romantic love, you want the other person.

- Anderson, Margaret

The more connections you and your lover make, not just between your bodies, but between your minds, your hearts, and your souls, the more you will strengthen the fabric of your relationship, and the more real moments you will experience together.

- Angelis, Barbara De

Well-ordered self-love is right and natural.

- Aquinas, St. Thomas

Love is the beauty of the soul.

- Augustine, St.

Accept the things to which fate binds you, and love the people with whom fate brings you together, but do so with all your heart.

- Aurelius, Marcus

Real love stories never have endings.

- Bach, Richard

My great hope is to laugh as much as I cry; to get my work done and try to love somebody and have the courage to accept the love in return.

- Angelou, Maya

Hope is the dream of a waking man.

- Aristotle

Before you give up hope, turn back and read the attacks that were made on Lincoln.

- Barton, Bruce

But what is Hope? Nothing but the paint on the face of Existence; the least touch of truth rubs it off, and then we see what a hollow-cheeked harlot we have got hold of.

- Byron, Lord

The phoenix hope, can wing her way through the desert skies, and still defying fortune's spite; revive from ashes and rise.

- Cervantes, Miguel De

To love means loving the unlovable. To forgive means pardoning the unpardonable. Faith means believing the unbelievable. Hope means hoping when everything seems hopeless.

- Chesterton, Gilbert K.

Hope is definitely not the same thing as optimism. It is not the conviction that something

will turn out well, but the certainty that something makes sense, regardless of how it turns out.

- Havel, Vaclav

Hope is the best possession. None are completely wretched but those who are without hope. Few are reduced so low as that.

- Hazlitt, William

Somehow I can't believe that there are any heights that can't be scaled by a man who knows the secrets of making dreams come true. This special secret, it seems to me, can be summarized in four C s. They are curiosity, confidence, courage, and constancy, and the greatest of all is confidence. When you believe in a thing, believe in it all the way, implicitly and unquestionable.

- Disney, Walt

We live in deeds

We live in deeds, not years; in thoughts, not breaths;
In feelings, not in figures on a dial.
We should count time by heart-throbs. He most lives
Who thinks most, feels the noblest, acts the best.
And he whose heart beats quickest lives the longest:
Lives in one hour more than in years do some
Whose fat blood sleeps as it slips along their veins.
Life's but a means unto an end; that end,

Beginning, mean, and end to all things -- God.

The dead have all the glory of the world.

- Bailey, Philip James

To be yourself in a world that is constantly trying to make you something else is the greatest accomplishment.

- Emerson, Ralph Waldo

Finish each day and be done with it. You have done what you could. Some blunders and absurdities no doubt crept in; forget them as soon as you can. Tomorrow is a new day; begin it well and serenely and with too high a spirit to be encumbered with your old nonsense.

- Emerson, Ralph Waldo

The greater the difficulty the more glory in surmounting it. Skillful pilots gain their reputation from storms and tempests.

- Epictetus

The only way around is through.

- Frost, Robert

For a man to achieve all that is demanded of him he must regard himself as greater than he is.

- Goethe, Johann Wolfgang Von

We will either find a way, or make one.

- Hannibal

My mother drew a distinction between achievement and success. She said that achievement is the knowledge that you have studied and worked hard and done the best that is in you. Success is being praised by others. That is nice but not as important or satisfying. Always aim for achievement and forget about success.

- Hayes, Helen

God will not look you over for medal, degrees or diplomas, but for scars.

- Hubbard, Elbert

The achievements which society rewards are won at the cost of diminution of personality

- Jung, Carl

Great things are not accomplished by those who yield to trends and fads and popular opinion.

- Kuralt, Charles

Man can acquire accomplishments or he can become an animal, whichever he wants. God makes the animals, man makes himself.

- Lichtenberg, Georg C.

Success is not measured by what you accomplish, but by the opposition you have encountered, and the courage with which you have maintained the struggle against overwhelming odds.

- Marden, Orison Swett

Trust yourself. Create the kind of self that you will be happy to live with all your life. Make the most of yourself by fanning the tiny, inner sparks of possibility into flames of achievement.

- Mcclellan, Foster C.

The greatest things are accomplished by individual people, not by committees or companies.

- Montapert, Alfred A.

All my life I have had a choice of hate and love. I chose love and I am here

- A.R. Rahman

The weak among you are the powerful in my eyes, as long as I do not get them their due. The powerful among you are weak in my eyes, as long as I do not take away from them what is due to others

- Abu Bakr

A tomb now suffices him for whom the whole world was not sufficient.

- Alexander The Great

There is nothing impossible to him who will try.

- Alexander The Great

The best kind of friend is the one you could sit on a porch with, never saying a word, and walk away feeling like that was the best conversation you've had.

- Unknown

Pain is life -- the sharper, the more evidence of life.

- Lamb, Charles

Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover.

- Twain, Mark

The great art of life is sensation, to feel that we exist, even in pain.

- Byron, Lord

It is easier to find men who will volunteer to die, than to find those who are willing to endure pain with patience.

- Caesar, Julius

Pain and death are a part of life. To reject them is to reject life itself.

- Ellis, Havelock

Pleasure that is obtained by unreasonable and unsuitable cost, must always end in pain.

- Johnson, Samuel

Pain nourishes courage. You can't be brave if you've only had wonderful things happen to you.

- Moore, Mary Tyler

No pain, no palm; no thorns, no throne; no gall, no glory; no cross, no crown.

- Penn, William

Why do people persist in a dissatisfying relationship, unwilling either to work toward solutions or end it and move on? It's because they know changing will lead to the unknown, and most people believe that the unknown will be much more painful than what they're already experiencing.

- Robbins, Anthony

Nothing begins, and nothing ends, That is not paid with moan; For we are born in others pain And perish in our own.

- Thompson, Francis

Pain adds rest unto pleasure, and teaches the luxury of health.

- Tupper, Martin

The longer the life the more the offense, the more the offense the more the pain, the more the pain the less defense and the less defense the less the gain.

- Wyatt, Sir T.

Dignity consists not in possessing honors, but in the consciousness that we deserve them.

- Aristotle

The educated differ from the uneducated as much as the living from the dead.

- Aristotle

Education is an ornament in prosperity and a refuge in adversity.

- Aristotle

Those who educate children well are more to be honored than they who produce them; for these only gave them life, those the art of living well.

- Aristotle

Excellence is an art won by training and habituation. We do not act rightly because we have virtue or excellence, but we rather have those because we have acted rightly. We are what we repeatedly do. Excellence, then, is not an act but a habit.

- Aristotle

It is the mark of an instructed mind to rest satisfied with the degree of precision which the nature of the subject admits and not to seek exactness when only an approximation of the truth is possible.

- Aristotle

Friendship is essentially a partnership.

- Aristotle

Friendship is composed of a single soul inhabiting two bodies.

- Aristotle

Man is a goal seeking animal. His life only has meaning if he is reaching out and striving for his goals.

- Aristotle

First, have a definite, clear practical ideal; a goal, an objective. Second, have the necessary means to achieve your ends; wisdom, money, materials, and methods. Third, adjust all your means to that end.

- Aristotle

It is easy to perform a good action, but not easy to acquire a settled habit of performing such actions.

- Aristotle

We are what we repeatedly do. Excellence, then, is not an act, but a habit.

- Aristotle

It is well to be up before daybreak, for such habits contribute to health, wealth, and wisdom.

- Aristotle

If happiness is activity in accordance with excellence, it is reasonable that it should be in accordance with the highest excellence.

- Aristotle

Happiness is activity.

- Aristotle

Happiness depends upon ourselves.

- Aristotle

Happiness is a sort of action.

- Aristotle

Hope is a waking dream.

- Aristotle

The virtue of justice consists in moderation, as regulated by wisdom.

- Aristotle

No excellent soul is exempt from a mixture of madness.

- Aristotle

We give up leisure in order that we may have leisure, just as we go to war in order that we may have peace.

- Aristotle

The energy of the mind is the essence of life.

- Aristotle

We praise a man who feels angry on the right grounds and against the right persons and also in the right manner at the right moment and for the right length of time.

- Aristotle

Anyone can become angry -- that is easy. But to be angry with the right person, to the

right degree, at the right time, for the right purpose, and in the right way -- this is not easy.

- Aristotle

Wicked men obey from fear; good men, from love.

- Aristotle

Memory is the scribe of the soul.

- Aristotle

It is better to rise from life as from a banquet -- neither thirsty nor drunken.

- Aristotle

Moral excellence comes about as a result of habit. We become just by doing just acts, temperate by doing temperate acts, brave by doing brave acts.

- Aristotle

The moral virtues, then, are produced in us neither by nature nor against nature. Nature, indeed, prepares in us the ground for their reception, but their complete formation is the product of habit.

- Aristotle

All men by nature desire to know.

- Aristotle

This is the reason why mothers are more devoted to their children than fathers: it is that they suffer more in giving them birth and are more certain that they are their own.

- Aristotle

The aim of the wise is not to secure pleasure, but to avoid pain.

- Aristotle

Personal beauty is a greater recommendation than any letter of reference.

- Aristotle

Beauty depends on size as well as symmetry. No very small animal can be beautiful, for looking at it takes so small a portion of time that the impression of it will be confused. Nor can any very large one, for a whole view of it cannot be had at once, and so there will be no unity and completeness.

- Aristotle

I count him braver who overcomes his desires than him who conquers his enemies; for the hardest victory is over self.

- Aristotle

Suffering becomes beautiful when anyone bears great calamities with cheerfulness, not through insensibility but through greatness of mind.

- Aristotle

For the things we have to learn before we can do them, we learn by doing them.

- Aristotle

All human actions have one or more of these seven causes: chance, nature, compulsions, habit, reason, passion, desire.

- Aristotle

Well begun is half done.

- Aristotle

The one exclusive sign of thorough knowledge is the power of teaching.

- Aristotle

Great men are always of a nature originally melancholy.

- Aristotle

The true end of tragedy is to purify the passions.

- Aristotle

The least initial deviation from the truth is multiplied later a thousandfold.

- Aristotle

To write well, express yourself like common people, but think like a wise man. Or, think as wise men do, but speak as the common people do.

- Aristotle

They [Young People] have exalted notions, because they have not been humbled by life or learned its necessary limitations; moreover, their hopeful disposition makes them think themselves equal to great things -- and that means having exalted notions. They would always rather do noble deeds than useful ones: Their lives are regulated more by moral feeling than by reasoning -- all their mistakes are in the direction of doing things excessively and vehemently. They overdo everything -- they love too much, hate too much, and the same with everything else.

- Aristotle

The ideal man bears the accidents of life with dignity and grace, making the best of circumstances.

- Aristotle

The beauty of the soul shines out when a man bears with composure one heavy mischance after another, not because he does not feel them, but because he is a man of high and heroic temper.

- Aristotle

The wise man does not expose himself needlessly to danger, since there are few things

for which he cares sufficiently; but he is willing, in great crises, to give even his life -- knowing that under certain conditions it is not worthwhile to live.

- Aristotle

Sweet are the uses of adversity which, like the toad, ugly and venomous, wears yet a precious jewel in his head.

- Shakespeare, William

But I will be a bridegroom in my death, and run into a lover's bed.

- Shakespeare, William

Our remedies oft in ourselves do lie, which we ascribe to heaven.

- Shakespeare, William

The weariest and most loathed worldly life, that age, ache, penury and imprisonment can lay on nature is a paradise, to what we fear of death.

- Shakespeare, William

Now, God be praised, that to believing souls gives light in darkness, comfort in despair.

- Shakespeare, William

For I have sworn thee fair, and thought thee bright, who art as black as hell, as dark as night.

- Shakespeare, William

That, if then I had waked after a long sleep, will make me sleep again; and then, in dreaming, the clouds me thought would open and show riches ready to drop upon me; that, when I waked I cried to dream again.

- Shakespeare, William

The apparel oft proclaims the man.

- Shakespeare, William

Costly thy habit as thy purse can buy, but not expressed in fancy; rich not gaudy; for the apparel oft proclaims the man.

- Shakespeare, William

The voice of parents is the voice of gods, for to their children they are heaven's lieutenants.

- Shakespeare, William

It is not in the stars to hold our destiny but in ourselves; we are underlings.

- Shakespeare, William

Love to faults is always blind, always is to joy inclined. Lawless, winged, and unconfined, and breaks all chains from every mind.

- Shakespeare, William

The best safety lies in fear.

- Shakespeare, William

In time we hate that which we often fear.

- Shakespeare, William

Let never day nor night unhallowed pass, but still remember what the Lord hath done.

- Shakespeare, William

The devil can cite Scripture for his purpose.

- Shakespeare, William

Love sought is good, but given unsought is better.

- Shakespeare, William

Wise men never sit and wail their loss, but cheerily seek how to redress their harms.

- Shakespeare, William

They do not love that do not show their love. The course of true love never did run smooth. Love is a familiar. Love is a devil. There is no evil angel but Love.

- Shakespeare, William

Love is a smoke made with the fume of sighs. Being purged, a fire sparkling in lovers eyes. Being vexed, a sea nourished with lovers tears. What is it else? A madness most discreet, a choking gall and a preserving sweet.

- Shakespeare, William

When to the sessions of sweet silent thought I summon up remembrance of things past, I sigh the lack of many a thing I sought And with old woes new wail my dear time's waste. Then can I drown an eye (unused to flow) For precious friends hid in death's dateless night, and weep afresh love's long since cancelled woe, and moan the expense of many a vanished sight. Then can I grieve at grievances foregone, and heavily from woe to woe tell over the sad account of fore-bemoaned moan, Which I new pay as if not paid before. But if the while I think on thee, dear friend, all losses are restored and sorrows end.

- Shakespeare, William

When you fear a foe, fear crushes your strength; and this weakness gives strength to your opponents.

- Shakespeare, William

Conceit, more rich in matter than in words, brags of his substance: they are but beggars who can count their worth.

- Shakespeare, William

My crown is in my heart, not on my head, Nor decked with diamonds and Indian stones,

Nor to be seen: My crown is called content: A crown it is, that seldom kings enjoy.

- Shakespeare, William

Conversation should be pleasant without scurrility, witty without affection, free without indecency, learned without conceitedness, novel without falsehood.

- Shakespeare, William

Cowards die many times before their deaths; The valiant never taste of death but once.

- Shakespeare, William

Yon Cassius has a lean and hungry look; He thinks too much; such men are dangerous. [Julius Caesar]

- Shakespeare, William

When words are scarce they are seldom spent in vain

- Shakespeare, William

For there is nothing either good or bad, but thinking makes it so.

- Shakespeare, William

O, but man, proud man! Drest in a little brief authority; Most ingorant of what he's most assur'd, His glassy essence,-like an angry ape, Plays such fantastic tricks before high heaven, As make the angels weep;

- Shakespeare, William

"Of all the needs (there are none imaginary) a lonely child has, the one that must be satisfied, if there is going to be hope and a hope of wholeness, is the unshaken need for an unshakable God."

- Shakespeare, William

All the world’s a stage, And all the men and women merely players. They have their exits and their entrances; And one man in his time plays many parts.

- Shakespeare, William

Love looks not with the eyes, but with the heart. Therefore, is winged cupid painted blind.

- Shakespeare, William

For nothing can seem foul to those that win.

- Shakespeare, William

The voluntary path to cheerfulness, if our spontaneous be lost, is to sit up cheerfully, and act and speak as if cheerfulness wee already there. To feel brave, act as if we were brave, use all our will to that end, and courage will very likely replace fear. If we act as if from some better feeling, the bad feeling soon folds its tent like an Arab and silently steals away

- Shakespeare, William

Give thy thoughts no tongue, nor any unproportioned thought his act. Be thou familiar but by no means vulgar.

- Shakespeare, William

Make not your thoughts you prisons.

- Shakespeare, William

Most dangerous Is that temptation that doth goad us on to sin in loving virtue

- Shakespeare, William

And thus the whirligig of time brings in his revenges.

- Shakespeare, William

Don't trust the person who has broken faith once.

- Shakespeare, William

Love all, but trust a few.

- Shakespeare, William

While you live tell the truth and shame the devil.

- Shakespeare, William

When valor preys on reason, it eats the sword it fights with.

- Shakespeare, William

It is the purpose that makes strong the vow; But vows to every purpose must not hold.

- Shakespeare, William

'Tis not the many oaths that make the truth; But the plain single vow, that is vow'd true.

- Shakespeare, William

We waste our lights in vain, like lamps by day.

- Shakespeare, William

The will is deaf and hears no heedful friends.

- Shakespeare, William

Our bodies are our gardens... our wills are our gardeners.

- Shakespeare, William

So wise so young, they say, do never live long.

- Shakespeare, William

It is a kind of good deed to say well; and yet words are not deeds.

- Shakespeare, William

Great things are not done by impulse, but by a series of small things brought together.

- Gogh, Vincent Van

If life were measured by accomplishments, most of us would die in infancy.

- Gouthey, A. P.

Dedicate yourself to the good you deserve and desire for yourself. Give yourself peace of mind. You deserve to be happy. You deserve delight.

- Hansen, Mark Victor

Mere longevity is a good thing for those who watch Life from the side lines. For those who play the game, an hour may be a year, a single day's work an achievement for eternity.

- Heatter, Gabriel

The best job goes to the person who can get it done without passing the buck or coming back with excuses.

- Hill, Napoleon

One must marry one's feelings to one's beliefs and ideas. That is probably the only way to achieve a measure of harmony in one's life.

- Hilsum, Etty

Our achievements speak for themselves. What we have to keep track of are our failures, discouragements and doubts. We tend to forget the past difficulties, the many false starts, and the painful groping. We see our past achievements as the end results of

- Hoffer, Eric

A man may fulfill the object of his existence by asking a question he cannot answer, and attempting a task he cannot achieve.

- Holmes, Oliver Wendell

I hope that my achievements in life shall be these -- that I will have fought for what was right and fair, that I will have risked for that which mattered, and that I will have given help to those who were in need that I will have left the earth a better place for what I've done and who I've been.

- Hoppe, C.

Life affords no higher pleasure than that of surmounting difficulties, passing from one step of success to another, forming new wishes and seeing them gratified.

- Johnson, Samuel

Failures are finger posts on the road to achievement.

- Kettering, Charles F.

High achievement always takes place in the framework of high expectation.

- Kinder, Jack

Man is always more than he can know of himself; consequently, his accomplishments, time and again, will come as a surprise to him.

- Mann, Golo

Where I was born and where and how I have lived is unimportant. It is what I have done with where I have been that should be of interest.

- O'Keeffe, Georgia

I attempt an arduous task; but there is no worth in that which is not a difficult achievement.

- Ovid

Empty pockets never held anyone back. Only empty heads and empty hearts can do that.

- Peale, Norman Vincent

You will soon break the bow if you keep it always stretched.

- Phaedrus

I am always doing things I can't do, that's how I get to do them.

- Picasso, Pablo

The measure of a man is the way he bears up under misfortune.

- Plutarch

What we achieve inwardly will change outer reality.

- Rank, Otto

The whole point of getting things done is knowing what to leave undone.

- Reading, Lady Stella

The truth of the matter is that there's nothing you can't accomplish if: (1) You clearly decide what it is that you're absolutely committed to achieving, (2) You're willing to take massive action, (3) You notice what's working or not, and (4) You continue to change your approach until you achieve what you want, using whatever life gives you along the way.

- Robbins, Anthony

Nothing is as difficult as to achieve results in this world if one is filled full of great tolerance and the milk of human kindness. The person who achieves must generally be a one-idea individual, concentrated entirely on that one idea, and ruthless in his aspect toward other men and other ideas.

- Robinson, Corinne Roosevelt

The will to win, the desire to succeed, the urge to reach your full potential... these are the

keys that will unlock the door to personal excellence.

- Robinson, Eddie

The average estimate themselves by what they do, the above average by what they are.

- Schiller, Johann Friedrich Von

Where there is a will there is a way. is an old true saying. He who resolves upon doing a thing, by that very resolution often scales the barriers to it, and secures its achievement. To think we are able, is almost to be so -- to determine upon attainment is frequently attainment itself.

- Smiles, Samuel

Disciplining yourself to do what you know is right and important, although difficult, is the highroad to pride, self-esteem, and personal satisfaction.

- Tracy, Brian

If Columbus had turned back, no one would have blamed him. Of course, no one would have remembered him either.

- Unknown, Source

Accomplishment is easiest when we work the hardest, and it is hardest when we work the easiest.

- Unknown, Source

The fellow who does things that count, doesn't usually stop to count them.

- Unknown, Source

The sports page records people's accomplishments, the front page usually records nothing, but man's failures.

- Warren, Earl

To get what you want, STOP doing what isn't working.

- Weaver, Dennis

Never mistake activity for achievement.

- Wooden, John

Having once decided to achieve a certain task, achieve it at all costs of tedium and distaste. The gain in self confidence of having accomplished a tiresome labor is immense.

- Bennett, Thomas A.

Do not be desirous of having things done quickly. Do not look at small advantages. Desire to have things done quickly prevents their being done thoroughly. Looking at small advantages prevents great affairs from being accomplished.

- Confucius

It is easy to hate and it is difficult to love. This is how the whole scheme of things works. All good things are difficult to achieve; and bad things are very easy to get.

- Desai, Morarji

The average estimate themselves by what they do, the above average by what they are.

- Schiller, Johann Friedrich Von

- - Schiller, Johann Friedrich Von

Tell the world who you are but don’t use a word.

- Gil, Fausto

The pursuit, even of the best things, ought to be calm and tranquil.

- Cicero, Marcus T.

He will always be a slave who does not know how to live upon a little.

- Horace

Moderation is a virtue only in those who are thought to have an alternative.

- Kissinger, Henry

Moderation is an ostentatious proof of our strength of character.

- La Rochefoucauld, Francois De

Mistrust the person who finds everything good, and the person who finds everything evil, and mistrust even more the person who is indifferent to everything.

- Lavater, Johann Kaspar

Any plan conceived in moderation must fail when the circumstances are set in extremes.

- Metternich, Klemens Von

Keep a mid course between two extremes.

- Ovid

Moderation in temper is always a virtue; but moderation in principle is always a vice.

- Paine, Thomas

To go beyond the bounds of moderation is to outrage humanity.

- Pascal, Blaise

Only action gives life strength, only moderation gives it charm.

- Paul, Jean

Everything in moderation -- including moderation.

- Steiman, Harvey

He who drinks a glass a day shall live to die another way.

- Stanlicus

Candor and generosity, unless tempered by due moderation, leads to ruin.

- Tacitus, Publius Cornelius

Even moderation ought not to be practiced to excess.

- Unknown, Source

Temperance is moderation in the things that are good and total abstinence from the things that are foul.

- Willard, Frances E.

Out of moderation a pure happiness springs.

- Goethe, Johann Wolfgang Von

Tell a man whose house is on fire to give a moderate alarm; tell him to moderately rescue his wife from the hands of the ravisher; tell the mother to gradually extricate her babe from the fire into which it has fallen; but urge me not to use moderation in a case like the present.

- Garrison, William Lloyd

Moderation is the inseparable companion of wisdom, but with it genius has not even a nodding acquaintance.

- Colton, Charles Caleb

There is nothing wrong with sobriety in moderation.

- Ciardi, John

To many, total abstinence is easier than perfect moderation.

- Augustine, St.

It's best to rise from life like a banquet, neither thirsty or drunken.

- Aristotle

When you take charge of your life, there is no longer need to ask permission of other people or society at large. When you ask permission, you give someone veto power over your life.

- Abert, Geoffrey F.

I have often wondered how it is everyone loves himself more than the rest of men, but yet sets less value on his own opinions of himself than the opinions of others.

- Aurelius, Marcus

Love yourself first and everything else falls into line. You really have to love yourself to get anything done in this world.

- Ball, Lucille

I will give thanks to thee for I am fearfully and wonderfully made. Wonderful are Thy works, and my soul knows it very well. [Psalms 139:14]

- Bible

To preserve an unclouded capacity for the enjoyment of life is an unusual moral and psychological achievement. Contrary to popular belief, it is not the prerogative of mindlessness, but the exact opposite: It is the reward of self-esteem.

- Branden, Nathaniel

Work out your own salvation. Do not depend on others.

- Buddha

Let every man be respected as an individual and no man idolized.

- Einstein, Albert

Whatever games are played with us, we must play no games with ourselves.

- Emerson, Ralph Waldo

It is very easy in the world to live by the opinion of the world. It is very easy in solitude to be self-centered. But the finished man is he who in the midst of the crowd keeps with perfect sweetness the independence of solitude.

- Emerson, Ralph Waldo

It is easy to live for others, everybody does. I call on you to live for yourselves.

- Emerson, Ralph Waldo

Too many people overvalue what they are not and undervalue what they are.

- Forbes, Malcolm S.

There comes a time in each life like a point of fulcrum. At that time you must accept yourself. It is not anymore what you will become. It is what you are and always will be.

- Fowles, John

You are indebted to your imagination for three-fourths of your importance.

- Garrick, David

Trust yourself, then you will know how to live.

- Goethe, Johann Wolfgang Von

Respect yourself if you would have others respect you.

- Gracian, Baltasar

The most silent people are generally those who think most highly of themselves.

- Hazlitt, William

While we are indifferent to our good qualities, we keep on deceiving ourselves in regard to our faults, until we come to look on them as virtues.

- Heine, Heinrich

A person's worth is contingent upon who he is, not upon what he does, or how much he has. The worth of a person, or a thing, or an idea, is in being, not in doing, not in having.

- Hilton, Alice Mary

Every new adjustment is a crisis in self-esteem.

- Hoffer, Eric

The hardest arithmetic to master is that which enables us to count our blessings.

- Hoffer, Eric

Whatever your job, it is important if it is what God wants you to do.

- Jacobsen, Henry

He that undervalues himself will undervalue others, and he that undervalues others will oppress them.

- Johnson

That kind of life is most happy which affords us most opportunities of gaining our own

esteem.

- Johnson, Samuel

The highest in God's esteem are the lowest in their own.

- Kempis, Thomas

A person's worth in this world is estimated according to the value they put on themselves.

- La Bruyere, Jean De

We are valued in this world at the rate we desire to be valued.

- La Bruyere, Jean De

The confidence which we have in ourselves gives birth to much of that which we have in others.

- La Rochefoucauld, Francois De

Seriously, I do not think I fit for the presidency.

- Lincoln, Abraham

Every man has a property in his own person. This nobody has a right to, but himself.

- Locke, John

Low self-esteem is like driving through life with your hand-break on.

- Maltz, Maxwell

I'll always be number 1 to myself.

- Malone, Moses

Self-love is not opposed to the love of other people. You cannot really love yourself and do yourself a favor without doing people a favor, and vise versa.

- Menninger, Karl A.

Nothing profits more than self-esteem, grounded on what is just and right.

- Milton, John

Until you make peace with who you are, you'll never be content with what you have.

- Mortman, Doris

He who despises himself nevertheless esteems himself as a self-despiser.

- Nietzsche, Friedrich

Until you value yourself you will not value your time. Until you value your time, you will not do anything with it.

- Peck, M. Scott

One is rated by others as he rates himself.

- Proverb, French

Whatever good things we build end up building us.

- Rohn, Jim

The ablest man I ever met is the man you think you are.

- Roosevelt, Franklin D.

Before everyone stands a image of what he ought to be. So long as he is not that his peace is not complete.

- Ruckett

Creation is a better means of self-expression than possession; it is through creating, not possessing, that life is revealed.

- Scudder, Vida D.

No one can disgrace us but ourselves.

- Shaw, Henry Wheeler

The greatest success, is successful self acceptance.

- Sweet, Ben

I am as my creator made me and since He is satisfied, so am I.

- Smith, Minnie

Every human being, of whatever origin, of whatever station, deserves respect. We must each respect others even as we respect ourselves.

- Thant, U.

The person we believe ourselves to be will always act in a manner consistent with our self-image.

- Tracy, Brian

Never say anything about yourself you do not want to come true.

- Tracy, Brian

We feel good about ourselves to the exact degree we feel in control of our lives.

- Tracy, Brian

The most difficult We do not deal in facts when we are contemplating ourselves.

- Twain, Mark

Acknowledgment -- If you wish your merit to be known, acknowledge that of other people.

- Unknown, Source

Think highly of yourself, for the world takes you at your own estimate.

- Unknown, Source

SELF-ESTEEM controls PERFORMANCE/REALITY which stimulate SELF-TALK which reinforces SELF-ESTEEM. This cycle can work positively or negatively and is greatly influenced by the self-talk (I knew I wasn't good at -X vs. next time I'll practice and do better at -X).

- Unknown, Source

To establish true self-esteem we must concentrate on our successes and forget about the failures and the negatives in our lives.

- Waitley, Denis

I am as bad as the worst, but, thank God, I am as good as the best.

- Whitman, Walt

Blessed are they who heal us of self-despising. Of all services which can be done to man, I know of none more precious.

- White, William Hale

He who goes unenvied shall not be admired.

- Aeschylus

As iron is eaten away by rust, so the envious are consumed by their own passion.

- Antisthenes

None of the affections have been noted to fascinate and bewitch but envy.

- Bacon, Francis

The envied are like bureaucrats; the more impersonal they are, the greater the illusion (for themselves and for others) of their power.

- Berger, John

Envy is the tax which all distinction must pay.

- Emerson, Ralph Waldo

Some folks rail against other folks, because other folks have what some folks would be glad of.

- Fielding, Henry

Nothing sharpens sight like envy.

- Fuller, Thomas

Fools may our scorn, not envy, raise. For envy is a kind of praise.

- Gay, John

The envious die not once, but as oft as the envied win applause.

- Gracian, Baltasar

Envy among other ingredients has a mixture of the love of justice in it. We are more angry at undeserved than at deserved good-fortune.

- Hazlitt, William

How much better a thing it is to be envied than to be pitied.

- Herodotus

He will be loved when dead, who was envied when he was living.

- Horace

His scorn of the great is repeated too often to be real; no man thinks much of that which he despises.

- Johnson, Samuel

The sure mark of one born with noble qualities is being born without envy.

- La Rochefoucauld, Francois De

Envy is more irreconcilable than hatred.

- La Rochefoucauld, Francois De

There is no sweeter sound than the crumbling of ones fellow man.

- Marx, Groucho

Envy is honors foe.

- Motto

Envy feeds on the living, after death it rests, then the honor of a man protects him.

- Ovid

Envy aims very high.

- Ovid

Rust consumes iron and envy consumes itself.

- Proverb, Danish

Envy eats nothing, but its own heart.

- Proverb, German

They that envy others are their inferiors.

- Saying

The envious person grows lean with the fatness of their neighbor.

- Socrates

Man will do many things to get himself loved; he will do all things to get himself envied.

- Twain, Mark

Whenever a friend succeeds, a little something in me dies.

- Vidal, Gore

It is not enough to succeed, others must fail.

- La Rochefoucauld, Francois De

Men are so constituted that every one undertakes what he sees another successful in, whether he has aptitude for it or not.

- Goethe, Johann Wolfgang Von

Envy and wrath shorten the life. [Ecclesiasticus]

- Bible

Love is, above all, the gift of oneself.

- Ardele, Jean Anouilh

Oh, love is real enough; you will find it someday, but it has one archenemy -- and that is life.

- Ardele, Jean Anouilh

There is love of course. And then there's life, its enemy.

- Anouilh, Jean

Love is a force more formidable than any other. It is invisible -- it cannot be seen or measured, yet it is powerful enough to transform you in a moment, and offer you more joy than any material possession could.

- Angelis, Barbara De

We are not commanded (or forbidden) to love our mates, our children, our friends, our country because such affections come naturally to us and are good in themselves, although we may corrupt them. We are commanded to love our neighbor because our natural attitude toward the other is one of either indifference or hostility.

- Auden, W. H.

What does love look like? It has the hands to help others. It has the feet to hasten to the poor and needy. It has eyes to see misery and want. It has the ears to hear the sighs and sorrows of men. That is what love looks like.

- Augustine, St.

God loves each of us as if there were only one of us.

- Augustine, St.

Not all of us have to possess earthshaking talent. Just common sense and love will do.

- Auvil, Myrtle

For a crowd is not company; and faces are but a gallery of pictures; and talk but a tinkling cymbal, where there is no love.

- Bacon, Francis

What the world really needs is more love and less paper work.

- Bailey, Pearl

If you have it [Love], you don't need to have anything else, and if you don't have it, it doesn't matter much what else you have.

- Barrie, Sir James M.

If it is your time, love will track you down like a cruise missile.

- Barry, Lynda

The greatest weakness of most humans is their hesitancy to tell others how much they love them while they're still alive.

- Battista, Orlando A.

When we understand that man is the only animal who must create meaning, who must open a wedge into neutral nature, we already understand the essence of love. Love is the

problem of an animal who must find life, create a dialogue with nature in order to experience his own being.

- Becker, Ernest

Young love is a flame; very pretty, often very hot and fierce, but still only light and flickering. The love of the older and disciplined heart is as coals, deep-burning, unquenchable.

- Beecher, Henry Ward

I never knew how to worship until I knew how to love.

- Beecher, Henry Ward

Love seeks no cause beyond itself and no fruit; it is its own fruit, its own enjoyment. I love because I love; I love in order that I may love.

- Bernard, St.

We know that we have passed from death into life, because we love... [1 John 3:14]

- Bible

This is my commandment, that ye love one another. [Jesus, In John 15:12]

- Bible

For where your treasure is, there your heart will be also.

- Bible

Love is patient and kind; love is not jealous or boastful; it is not arrogant or rude. [I Corinthians]

- Bible

Love seeketh not itself to please, nor for itself hath any care, but for another gives its ease, and builds a Heaven in Hell's despair.

- Blake, William

Love comes when manipulation stops; when you think more about the other person than about his or her reactions to you. When you dare to reveal yourself fully. When you dare to be vulnerable.

- Brothers, Dr. Joyce

Love without attachment is light.

- Brown, Norman O.

Who so loves believes the impossible.

- Browning, Elizabeth Barrett

When two people relate to each other authentically and humanly, God is the electricity

that surges between them.

- Buber, Martin

Love can never grow old. Locks may lose their brown and gold. Cheeks may fade and hollow grow. But the hearts that love will know, never winter's frost and chill, summer's warmth is in them still.

- Buscaglia, Leo

Love comes from blindness, friendship from knowledge.

- Bussy-Rabutin, Comte De

Don't hold to anger, hurt or pain. They steal your energy and keep you from love.

- Buscaglia, Leo

Don't smother each other. No one can grow in the shade.

- Buscaglia, Leo

It is better to have loved and lost than never to have lost at all.

- Butler, Samuel

Like the measles, love is most dangerous when it comes late in life.

- Byron, Lord

Man's love is of man's life a part; it is a woman's whole existence. In her first passion, a woman loves her lover, in all the others all she loves is love.

- Byron, Lord

You can give without loving, but you cannot love without giving.

- Carmichael, Amy

Love and war are the same thing, and stratagems and policy are as allowable in the one as in the other.

- Cervantes, Miguel De

True love is the parent of humility.

- Channing, William Ellery

Love is the affinity which links and draws together the elements of the world... Love, in fact, is the agent of universal synthesis.

- Chardin, Pierre Teilhard De

The way to love anything is to realize that it might be lost.

- Chesterton, Gilbert K.

Do not keep the alabaster boxes of your love and tenderness sealed up until your friends are dead. Fill their lives with sweetness, speak cheering words while their ears can hear,

and while their hearts can be thrilled and made happier by them. George

- Childs, Williams

Friendship often ends in love; but love in friendship, never.

- Colton, Charles Caleb

To love a thing means wanting it to live.

- Confucius

We love but once, for once only are we perfectly equipped for loving.

- Connolly, Cyril

Love is a friendship set to music.

- Cossman, E. Joseph

Love is a fire. But whether it is going to warm your hearth or burn down your house, you can never tell.

- Crawford, Joan

I love you, not for what you are, but for what I am when I am with you.

- Croft, Roy

Love is shown in your deeds, not in your words.

- Cummings, Fr. Jerome

Love is not enough. It must be the foundation, the cornerstone -- but not the complete structure. It is much too pliable, too yielding.

- Davis, Bette

Live for love. Without love, you don't live.

- Unknown, Source

If you have no friends to share or rejoice in your success in life -- if you cannot look back to those whom you owe gratitude, or forward to those to whom you ought to afford protection, still it is no less incumbent on you to move steadily in the path of duty; for your active excretions are due not only to society; but in humble gratitude to the Being who made you a member of it, with powers to save yourself and others.

- Scott, Sir Walter

Faith must be enforced by reason. When faith becomes blind it dies.

- Gandhi, Mahatma

Faith is not something to grasp, it is a state to grow into.

- Gandhi, Mahatma

The weak can never forgive. Forgiveness is the attribute of the strong.

- Gandhi, Mahatma

It is easy enough to be friendly to one's friends. But to befriend the one who regards himself as your enemy is the quintessence of true religion. The other is mere business.

- Gandhi, Mahatma

As human beings, our greatness lies not so much in being able to remake the world -- that is the myth of the atomic age -- as in being able to remake ourselves.

- Gandhi, Mahatma

If I had no sense of humor, I would long ago have committed suicide.

- Gandhi, Mahatma

Monotony is the law of nature. Look at the monotonous manner in which the sun rises. The monotony of necessary occupation is exhilarating and life giving.

- Gandhi, Mahatma

I suppose leadership at one time meant muscles; but today it means getting along with people.

- Gandhi, Mahatma

Happiness is when what you think, what you say, and what you do are in harmony.

- Gandhi, Mahatma

The mantram becomes one's staff of life and carries one through every ordeal. Each repetition has a new meaning, carrying you nearer and nearer to God.

- Gandhi, Mahatma

Must I do all the evil I can before I learn to shun it? Is it not enough to know the evil to shun it? If not, we should be sincere enough to admit that we love evil too well to give it up.

- Gandhi, Mahatma

When I despair, I remember that all through history the way of truth and love has always won. There have been tyrants and murderers and for a time they seem invincible but in the end, they always fall -- think of it, ALWAYS.

- Gandhi, Mahatma

The greatest healing therapy is friendship and love.

- Humphrey, Hubert H.

In order to experience everyday spirituality, we need to remember that we are spiritual beings spending some time in a human body.

- Angelis, Barbara De

The sword conquered for a while, but the spirit conquers for ever!

- Asch, Sholem

O Krishna, the stillness of divine union which you describe is beyond my comprehension. How can the mind, which is so restless, attain lasting peace? Krishna, the mind is restless, turbulent, powerful, violent; trying to control it is like trying to tame the wind.

- Bhagavad Gita

There are only two forces in the world, the sword and the spirit. In the long run the sword will always be conquered by the spirit.

- Bonaparte, Napoleon

If that vital spark that we find in a grain of wheat can pass unchanged through countless deaths and resurrections, will the spirit of man be unable to pass from this body to another?

- Bryan, William Jennings

You cannot travel on the path until you become the path itself.

- Buddha

The fact that I can plant a seed and it becomes a flower, share a bit of knowledge and it becomes another s, smile at someone and receive a smile in return, are to me continual spiritual exercises.

- Buscaglia, Leo

The spiritual is the parent of the practical.

- Carlyle, Thomas

You are not a human being in search of a spiritual experience. You are a spiritual being immersed in a human experience.

- Chardin, Pierre Teilhard De

You cannot have a proud and chivalrous spirit if your conduct is mean and paltry; for whatever a man's actions are, such must be his spirit.

- Demosthenes

When you examine the lives of the most influential people who have ever walked among us, you discover one thread that winds through them all. They have been aligned first with their spiritual nature and only then with their physical selves.

- Einstein, Albert

The spirit of man is more important than mere physical strength, and the spiritual fiber of a nation than its wealth

- Eisenhower, Dwight D.

The foundations of a person are not in matter but in spirit.

- Emerson, Ralph Waldo

The man or woman who concentrated on Things can hardly be trusted to use those things for the essential good of mankind. Only those who have guided the development of their spirit as well as their mind are really; qualified to use wisely the things that man's reason has enabled him to fashion out of nature's raw materials.

- Fields, E. S.

Pure Spirit, one hundred degrees proof -- that's a drink that only the most hardened contemplation-guzzlers indulge in. Bodhisattvas dilute their Nirvana with equal parts of love and work.

- Huxley, Aldous

Every spirit makes its house, but as afterwards the house confines the spirit, you had better build well.

- Hubbard, Elbert

There is no easy formula for determining right and wrong livelihood, but it is essential to keep the question alive. To return the sense of dignity and honor to manhood, we have to stop pretending that we can make a living at something that is trivial or destructive and still have sense of legitimate self-worth. A society in which vocation and job are separated for most people gradually creates an economy that is often devoid of spirit, one that frequently fills our pocketbooks at the cost of emptying our souls.

- Keen, Sam

Wherever you go, you will always bear yourself about with you, and so you will always find yourself.

- Kempis, Thomas

As long as I can remember I feel I have had this great creative and spiritual force within me that is greater than faith, greater than ambition, greater than confidence, greater than determination, greater than vision. It is all these combined. My brain becomes magnetized with this dominating force which I hold in my hand.

- Lee, Bruce

It must be of the spirit if we are to save the flesh.

- Macarthur, Douglas

At the center of our being is a point of nothingness which is untouched by sin and by illusion, a point of pure truth, a point or spark which belongs entirely to God, which is never at our disposal, from which God disposes of our lives, which is inaccessible to the fantasies of our own mind or the brutalities of our own will.

- Merton, Thomas

What spirit is so empty and blind, that it cannot recognize the fact that the foot is more noble than the shoe, and skin more beautiful that the garment with which it is clothed?

- Michelangelo

The most spiritual human beings, assuming they are the most courageous, also

experience by far the most painful tragedies: but it is precisely for this reason that they honor life, because it brings against them its most formidable weapons.

- Nietzsche, Friedrich

Walking uplifts the spirit. Breathe out the poisons of tension, stress, and worry; breathe in the power of God. Send forth little silent prayers of goodwill toward those you meet. Walk with a sense of being a part of a vast universe. Consider the thousands of miles of earth beneath your feet; think of the limitless expanse of space above your head. Walk in awe, wonder, and humility. Walk at all times of day. In the early morning when the world is just waking up. Late at night under the stars. Along a busy city street at noontime.

- Peterson, Wilferd A.

As I lived up to the highest light I had, higher and higher light came to me.

- Pilgrim, Peace

All spiritual disciplined are done with a view to still the mind. The perfectly still mind is universal spirit.

- Ramdas, Swami

He whom God has touched will always be a being apart: he is, whatever he may do, a stranger among men; he is marked by a sign.

- Renan, Ernest

Pilgrimage to the place of the wise is to find escape from the flame of separateness.

- Rumi, Jalal-Uddin

Return from existence to nonexistence. You are seeking the Lord and you belong to him. Nonexistence is a place of income; flee it not. This existence of more and less is a place of expenditure.

- Rumi, Jalal-Uddin

Spiritual power begins by directing animal power to other than egoistic ends.

- Ruskin, John

When the belly is empty, the body becomes spirit; and when it is full, the spirit becomes body.

- Saadi

One truth stands firm. All that happens in world history rests on something spiritual. If the spiritual is strong, it creates world history. If it is weak, it suffers world history.

- Schweitzer, Albert

In the spiritual world there are no time divisions such as the past, present and future; for they have contracted themselves into a single moment of the present where life quivers in its true sense. The past and the future are both rolled up in this present moment of illumination, and this present moment is not something standing still with all its contents, for it ceaselessly moves on.

- Suzuki, Daisetz T.

He that loseth wealth, loseth much; he that loseth friends, loseth more; but he that loseth his spirit loseth all.

- Unknown, Source

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