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Running for money doesn't make you run fast. It makes you run first.

- Jipcho, Ben

Get out of the blocks, run your race, stay relaxed. If you run your race, you'll win. Channel your energy. Focus.

- Lewis, Carol

I was born to be a runner. I simply love to run. It's almost like the faster I go, the easier it becomes.

- Slaney, Mary Decker

For every finish-line tape a runner breaks -- complete with the cheers of the crowd and the clicking of hundreds of cameras -- there are the hours of hard and often lonely work that rarely gets talked about.

- Waitz, Grete

For me, winning isn't something that happens suddenly on the field when the whistle blows and the crowds roar. Winning is something that builds physically and mentally every day that you train and every night that you dream.

- Smith, Emmitt

It is impossible to win the race unless you venture to run, impossible to win the victory unless you dare to battle.

- DeVos, Richard M.

An idealist believes the short run doesn't count. A cynic believes the long run doesn't matter. A realist believes that what is done or left undone in the short run determines the long run.

- Harris, Sidney J.

Sports do not build character. They reveal it.

- Wooden, John

I saw the best minds of my generation destroyed by madness, starving hysterical naked.

- Ginsberg, Allen

Is man one of God's blunders or is God one of man's blunders?

- Nietzsche, Friedrich

Insanity in individuals is something rare -- but in groups, parties, nations, and epochs it is the rule.

- Nietzsche, Friedrich

The most common lie is that which one lies to himself; lying to others is relatively an exception.

- Nietzsche, Friedrich

How can we hope to remain economically competitive in a world in which... 90% of Dutch high-school students take advanced math courses and 100% of teachers in Germany have double majors, while the best we can say about our pocket of excellence is that 75% of [American] students have learned to critique tactfully?

- Alexander, Barbara J.

I love the winning, I can take the losing, but most of all I Love to play.

- Becker, Boris

You must not fight too often with one enemy, or you will teach him all your tricks of war.

- Bonaparte, Napoleon

If you don't try to win you might as well hold the Olympics in somebody's back yard. The thrill of competing carries with it the thrill of a gold medal. One wants to win to prove himself the best.

- Owens, Jesse

What counts is not necessarily the size of the dog in the fight; it's the size of the fight in the dog.

- Eisenhower, Dwight D.

You get out in front -- you stay out in front.

- Foyt, A. J.

The ability to learn faster than your competitors may be the only sustainable competitive advantage.

- Geus, Arie de

Racing is a matter of spirit not strength.

- Guthrie, Janet

I play [golf] with friends sometimes, but there are never friendly games.

- Hogan, Ben

A horse never runs so fast as when he has other horses to catch up and outpace.

- Ovid

Competition is the whetstone of talent.

- Saying

Champions aren't made in the gyms. Champions are made from something they have deep inside them -- a desire, a dream, a vision.

- Ali, Muhammad

Every time you win, you're reborn; when you lose, you die a little.

- Allen, George E.

You've got to get to the stage in life where going for it is more important than winning or losing.

- Ashe, Arthur

Any time you try to win everything, you must be willing to lose everything.

- Csonka, Larry

If you're a champion, you have to have it in your heart.

- Evert, Chris

Part of being a champ is acting like a champ. You have to learn how to win and not run away when you lose. Everyone has bad stretches and real successes. Either way, you have to be careful not to lose your confidence or get too confident.

- Kerrigan, Nancy

The most distinguishing feature of winners is their intensity of purpose.

- Letterman, Alymer

All right Mister, let me tell you what winning means... you're willing to go longer, work

harder, give more than anyone else.

- Lombardi, Vince

Winning is not a sometime thing; It's an all the time thing. You don't win once in a while; you don't do things right once in a while; you do them right all the time.

- Lombardi, Vince

If you cannot win, make the one ahead of you break the record.

- Mckeithen, Jan

You can become a winner only if you are willing to walk over the edge.

- Runyon, Damon

One characteristic of winners is they always look upon themselves as a do it yourself project.

- Waitley, Denis

Resting on your laurels is as dangerous as resting when you are walking in the snow. You doze off and die in your sleep.

- Wittgenstein, Ludwig

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