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The condition of an enlightened mind is a surrendered heart.

- Redpath, Alan

The greatness of a man's power is the measure of his surrender.

- Booth, William

It is not enough that one surrenders oneself. Surrender is to give oneself up to the original cause of one's being. Do not delude yourself by imagining such a source to be some God outside you. One's source is within oneself. Give yourself up to it. That means that you should seek the source and merge in it.

- Maharshi, Ramana

No one has learned the meaning of life until he has surrendered his ego to the service of his fellow men.

- Wolfe, Beran

We can only learn to know ourselves and do what we can -- namely, surrender our will and fulfill God's will in us.

- Teresa of Avila, St.

Man is not logical and his intellectual history is a record of mental reserves and compromises. He hangs on to what he can in his old beliefs even when he is compelled to surrender their logical basis.

- Dewey, John

Gratitude is our most direct line to God and the angels. If we take the time, no matter how crazy and troubled we feel, we can find something to be thankful for. The more we seek gratitude, the more reason the angels will give us for gratitude and joy to exist in our lives.

- Taylor, Terry Lynn

For today and its blessings, I owe the world an attitude of gratitude.

- Hodges, Clarence E.

Gratitude is not only the greatest of virtues, but the parent of all the others.

- Cicero, Marcus T.

Gratitude unlocks the fullness of life. It turns what we have into enough, and more. It turns denial into acceptance, chaos to order, confusion to clarity. It can turn a meal into a feast, a house into a home, a stranger into a friend. Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow.

- Beattie, Melody

When it comes to life the critical thing is whether you take things for granted or take them with gratitude.

- Chesterton, Gilbert K.

Two kinds of gratitude: The sudden kind we feel for what we take; the larger kind we feel for what we give.

- Robinson, Edwin Arlington

Happiness cannot be traveled to, owned, earned, worn or consumed. Happiness is the spiritual experience of living every minute with love, grace, and gratitude.

- Waitley, Denis

Gratitude bestows reverence, allowing us to encounter everyday epiphanies, those transcendent moments of awe that change forever how we experience life and the world.

- Milton, John

Develop an attitude of gratitude, and give thanks for everything that happens to you, knowing that every step forward is a step toward achieving something bigger and better than your current situation.

- Tracy, Brian

One of the surest evidences of friendship that one individual can display to another is telling him gently of a fault. If any other can excel it, it is listening to such a disclosure with gratitude, and amending the error.

- Bulwer-Lytton, Edward G.

Where the willingness is great, the difficulties cannot be great.

- Machiavelli, Niccolo

The amount of good luck coming your way depends on your willingness to act.

- Sher, Barbara

Pure love is a willingness to give without a thought of receiving anything in return.

- Pilgrim, Peace

Through our willingness to help others we can learn to be happy rather than depressed.

- Jampolsky, Gerald G.

The willingness to accept responsibility for one's own life is the source from which self-respect springs.

- Didion, Joan

The gift of friendship... a willingness to listen... a pair of helping hands... a whisper from the heart. That someone cares and understands.

- Unknown, Source

Curiosity ... endows the people who have it with a generosity in argument and a serenity in their own mode of life which springs from their cheerful willingness to let life take the

form it will.

- Cooke, Alistair

One of the most important phases of maturing is that of growth from self-centering to an understanding relationship to others. A person is not mature until he has both an ability and a willingness to see himself as one among others and to do unto those others as he would have them do to him.

- Overstreet, Harry A.

Success, in my view, is the willingness to strive for something you really want. The person not reaching the top is no less a success than the one who achieved it, if they both sweated blood, sweat and tears and overcame obstacles and fears. The failure to be perfect does not mean you're not a success.

- Tarkenton, Fran

Alcohol doesn't console, it doesn't fill up anyone's psychological gaps, all it replaces is the lack of God. It doesn't comfort man. On the contrary, it encourages him in his folly, it transports him to the supreme regions where he is master of his own destiny.

- Duras, Marguerite

Anger will never disappear so long as thoughts of resentment are cherished in the mind. Anger will disappear just as soon as thoughts of resentment are forgotten.

- Buddha

Those who are free of resentful thoughts surely find peace.

- Buddha

Resentment is weak and lowers your self-esteem.

- Sher, Barbara

Acceptance of others, their looks, their behaviors, their beliefs, bring you an inner peace and tranquillity -- instead of anger and resentment

- Unknown, Source

Resentment or grudges do no harm to the person against whom you hold these feelings but every day and every night of your life, they are eating at you.

- Peale, Norman Vincent

If you aren't good at loving yourself, you will have a difficult time loving anyone, since you'll resent the time and energy you give another person that you aren't even giving to yourself.

- Angelis, Barbara De

The sun was shining in my eyes, and I could barely see to do the necessary task that was allotted me. Resentment of the vivid glow I started to complain. When all at once upon the air I heard the blind man's cane.

- Musselman, Earl

Latent in every man is a venom of amazing bitterness, a black resentment; something that curses and loathes life, a feeling of being trapped, of having trusted and been fooled, of being the helpless prey of impotent rage, blind surrender, the victim of a savage, ruthless power that gives and takes away, enlists a man, and crowning injury inflicts upon him the humiliation of feeling sorry for himself.

- Valery, Paul

Lose/Win people bury a lot of feelings. And unexpressed feelings come forth later in uglier ways. Psychosomatic illnesses often are the reincarnation of cumulative resentment, deep disappointment and disillusionment repressed by the Lose/Win mentality. Disproportionate rage or anger, overreaction to minor provocation, and cynicism are other embodiments of suppressed emotion. People who are constantly repressing, not transcending feelings toward a higher meaning find that it affects the quality of their relationships with others.

- Covey, Stephen R.

No one can find inner peace except by working, not in a self- centered way, but for the whole human family.

- Pilgrim, Peace

When science discovers the center of the universe a lot of people will be disappointed to find they are not it.

- Baily, Bernard

You have to be able to center yourself, to let all of your emotions go... Don't ever forget that you play with your soul as well as your body.

- Abdul-Jabbar, Kareem

Relentless, repetitive self talk is what changes our self-image.

- Waitley, Denis

Self-love depressed becomes self-loathing.

- Kempton, Sally

If you do not conquer self, you will be conquered by self.

- Hill, Napoleon

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