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Hatred paralyzes life; love releases it. Hatred confuses life; love harmonizes it. Hatred darkens life; love illuminates it.

- King Jr. Martin Luther

The hottest place in Hell is reserved for those who remain neutral in times of great moral conflict.

- King Jr. Martin Luther

Mankind must evolve for all human conflict a method which rejects revenge, aggression, and retaliation. The foundation of such a method is love.

- King Jr. Martin Luther

Occasionally in life there are those moments of unutterable fulfillment which cannot be completely explained by those symbols called words. Their meanings can only be articulated by the inaudible language of the heart.

- King Jr. Martin Luther

Injustice anywhere is a threat to justice everywhere.

- King Jr. Martin Luther

I have almost reached the regrettable conclusion that the Negro's great stumbling block in his stride toward freedom is not the White Citizen's Councilor or the Ku Klux Klanner, but the white moderate.

- King Jr. Martin Luther

Darkness can not drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that.

- King Jr. Martin Luther

It is my hope that as the Negro plunges deeper into the quest for freedom and justice he will plunge even deeper into the philosophy of non-violence. The Negro all over the South must come to the point that he can say to his white brother: We will match your capacity to inflict suffering with our capacity to endure suffering. We will meet your physical force with soul force. We will not hate you, but we will not obey your evil laws. We will soon wear you down by pure capacity to suffer.

- King Jr. Martin Luther

Peace is not merely a distant goal that we seek, but a means by which we arrive at that goal.

- King Jr. Martin Luther

Life's most persistent and urgent question is: What are you doing for others? Living is a form of not being sure, not knowing what next or how. The moment you know how, you begin to die a little.

- King Jr. Martin Luther

We must learn to live together as brothers or perish together as fools.

- King Jr. Martin Luther

Nothing pains some people more than having to think.

- King Jr. Martin Luther

If a man hasn't discovered something that he will die for, he isn't fit to live.

- King Jr. Martin Luther

The ultimate weakness of violence is that it is a descending spiral, begetting the very thing it seeks to destroy. Instead of diminishing evil, it multiplies it. Through violence you may murder the liar, but you cannot murder the lie, nor establish the truth. Through violence you may murder the hater, but you do not murder hate. In fact, violence merely increases hate. So it goes. Returning violence for violence multiplies violence, adding deeper darkness to a night already devoid of stars. Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate: only love can do that.

- King Jr. Martin Luther

Happiness is when what you think, what you say, and what you do are in harmony.

- Gandhi, Mahatma

Hatred can be overcome only by love.

- Gandhi, Mahatma

A coward is incapable of exhibiting love; it is the prerogative of the brave.

- Gandhi, Mahatma

My life is an indivisible whole, and all my attitudes run into one another; and they all have their rise in my insatiable love for mankind.

- Gandhi, Mahatma

Mental violence has no potency and injures only the person whose thoughts are violent. It is otherwise with mental non-violence. It has potency which the world does not yet know.

- Gandhi, Mahatma

The difference between what we do and what we are capable of doing would suffice to solve most of the world's problem.

- Gandhi, Mahatma

I have learned through bitter experience the one supreme lesson to conserve my anger, and as heat conserved is transmitted into energy, even so our anger controlled can be transmitted into a power that can move the world.

- Gandhi, Mahatma

Prayer is not asking. It is a longing of the soul. It is daily admission of one's weakness. It is better in prayer to have a heart without words than words without a heart.

- Gandhi, Mahatma

The history of the world is full of men who rose to leadership, by sheer force of self-confidence, bravery and tenacity.

- Gandhi, Mahatma

They cannot take away our self-respect if we do not give it to them.

- Gandhi, Mahatma

Consciously or unconsciously, every one of us does render some service or other. If we cultivate the habit of doing this service deliberately, our desire for service will steadily grow stronger, and will make, not only our own happiness, but that of the world at large.

- Gandhi, Mahatma

The best way to find yourself is to lose yourself in the service of others.

- Gandhi, Mahatma

In a gentle way, you can shake the world.

- Gandhi, Mahatma

A man is the sum of his actions, of what he has done, of what he can do, Nothing else.

- Gandhi, Mahatma

A No uttered from deepest conviction is better and greater than a Yes merely uttered to please, or what is worse, to avoid trouble.

- Gandhi, Mahatma

Be the change you want to see in the world.

- Gandhi, Mahatma

There is no god higher than truth.

- Gandhi, Mahatma

Whenever you have truth it must be given with love, or the message and the messenger will be rejected.

- Gandhi, Mahatma

Strength does not come from physical capacity. It comes from an indomitable will.

- Gandhi, Mahatma

There is nothing that wastes the body like worry, and one who has any faith in God should be ashamed to worry about anything whatsoever.

- Gandhi, Mahatma

To believe in something, and not to live it, is dishonest.

- Gandhi, Mahatma

You can chain me, you can torture me, you can even destroy this body, but you will never imprison my mind.

- Gandhi, Mahatma

The greatness of a nation can be judged by the way its animals are treated.

- Gandhi, Mahatma

Fear has its use but cowardice has none.

- Gandhi, Mahatma

Culture of the mind must be subservient to the heart.

- Gandhi, Mahatma

Teach only love for that is what you are.

- A Course In Miracles

Women wish to be loved not because they are pretty, or good, or well bred, or graceful, or intelligent, but because they are themselves.

- Amiel, Henri Frederic

In real love you want the other person's good. In romantic love, you want the other person.

- Anderson, Margaret

The more connections you and your lover make, not just between your bodies, but between your minds, your hearts, and your souls, the more you will strengthen the fabric of your relationship, and the more real moments you will experience together.

- Angelis, Barbara De

This instant is the only time there is.

- A Course In Miracles

Seek not to change the world, but choose to change your mind about the world.

- A Course In Miracles

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