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Natural abilities are like natural plants; they need pruning by study.

- Bacon, Francis

Big jobs usually go to the men who prove their ability to outgrow small ones.

- Emerson, Ralph Waldo

Whether you think you can or whether you think you can't, you're right!

- Ford, Henry

The winds and waves are always on the side of the ablest navigators.

- Gibbon, Edward

Knowing what you can not do is more important than knowing what you can do. In fact, that's good taste.

- Ball, Lucille

Never tell a young person that anything cannot be done. God may have been waiting centuries for someone ignorant enough of the impossible to do that very thing.

- Holmes, John Andrew

The Creator has not given you a longing to do that which you have no ability to do.

- Marden, Orison Swett

The principle of all successful effort is to try to do not what is absolutely the best, but what is easily within our power, and suited for our temperament and condition.

- Ruskin, John

I know of no more encouraging fact than the unquestionable ability of man to elevate his life by conscious endeavor.

- Thoreau, Henry David

God does not ask about our ability, but our availability.

- Unknown, Source

They are able because they think they are able.

- Virgil

The world cares very little about what a man or woman knows; it is what a man or woman is able to do that counts.

- Washington, Booker T.

Ability may get you to the top, but it takes character to keep you there.

- Wooden, John

The art of acceptance is the art of making someone who has just done you a small favor wish that he might have done you a greater one.

- Lynes, Russell

Life has no other discipline to impose, if we would but realize it, than to accept life unquestioningly. Everything we shut our eyes to, everything we run away from, everything we deny, denigrate or despise, serves to defeat us in the end. What seems nasty, painful, evil, can become a source of beauty, joy and strength, if faced with an open mind. Every moment is a golden one for him who has the vision to recognize it as such.

- Miller, Henry

Accept everything about yourself -- I mean everything, You are you and that is the beginning and the end -- no apologies, no regrets.

- Moustakas, Clark

We must accept life for what it actually is -- a challenge to our quality without which we should never know of what stuff we are made, or grow to our full stature.

- Wylie, Ida R.

Acceptance of others, their looks, their behaviors, their beliefs, bring you an inner peace and tranquillity -- instead of anger and resentment

- Unknown, Source

**We live in deeds

**

We live in deeds, not years; in thoughts, not breaths;

In feelings, not in figures on a dial.

We should count time by heart-throbs. He most lives

Who thinks most, feels the noblest, acts the best.

And he whose heart beats quickest lives the longest:

Lives in one hour more than in years do some

Whose fat blood sleeps as it slips along their veins.

Life's but a means unto an end; that end,

Beginning, mean, and end to all things -- God.

The dead have all the glory of the world.

- Bailey, Philip James

To be yourself in a world that is constantly trying to make you something else is the
greatest accomplishment.

- Emerson, Ralph Waldo

Finish each day and be done with it. You have done what you could. Some blunders and
absurdities no doubt crept in; forget them as soon as you can. Tomorrow is a new day;
begin it well and serenely and with too high a spirit to be encumbered with your old
nonsense.

- Emerson, Ralph Waldo

The only way around is through.

- Frost, Robert

Not the maker of plans and promises, but rather the one who offers faithful service in small matters. This is the person who is most likely to achieve what is good and lasting.

- Goethe, Johann Wolfgang Von

For a man to achieve all that is demanded of him he must regard himself as greater than he is.

- Goethe, Johann Wolfgang Von

Great things are not done by impulse, but by a series of small things brought together.

- Gogh, Vincent Van

If life were measured by accomplishments, most of us would die in infancy.

- Gouthey, A. P.

We will either find a way, or make one.

- Hannibal

My mother drew a distinction between achievement and success. She said that achievement is the knowledge that you have studied and worked hard and done the best

that is in you. Success is being praised by others. That is nice but not as important or satisfying. Always aim for achievement and forget about success.

- Hayes, Helen

The best job goes to the person who can get it done without passing the buck or coming back with excuses.

- Hill, Napoleon

Our achievements speak for themselves. What we have to keep track of are our failures, discouragements and doubts. We tend to forget the past difficulties, the many false starts, and the painful groping. We see our past achievements as the end results of

- Hoffer, Eric

A man may fulfill the object of his existence by asking a question he cannot answer, and attempting a task he cannot achieve.

- Holmes, Oliver Wendell

God will not look you over for medal, degrees or diplomas, but for scars.

- Hubbard, Elbert

Life affords no higher pleasure than that of surmounting difficulties, passing from one step of success to another, forming new wishes and seeing them gratified.

- Johnson, Samuel

Nothing will ever be attempted if all possible objections must first be overcome.

- Johnson, Samuel

Great things are not accomplished by those who yield to trends and fads and popular opinion.

- Kuralt, Charles

Let us, then, be up and doing, with a heart for any fate; still achieving, still pursuing, learn to labor and to wait.

- Longfellow, Henry Wadsworth

Success is not measured by what you accomplish, but by the opposition you have encountered, and the courage with which you have maintained the struggle against overwhelming odds.

- Marden, Orison Swett

Empty pockets never held anyone back. Only empty heads and empty hearts can do that.

- Peale, Norman Vincent

I am always doing things I can't do, that's how I get to do them.

- Picasso, Pablo

The measure of a man is the way he bears up under misfortune.

- Plutarch

The journey is the reward.

- Proverb, Chinese

The truth of the matter is that there's nothing you can't accomplish if: (1) You clearly decide what it is that you're absolutely committed to achieving, (2) You're willing to take massive action, (3) You notice what's working or not, and (4) You continue to change your approach until you achieve what you want, using whatever life gives you along the way.

- Robbins, Anthony

Nothing is as difficult as to achieve results in this world if one is filled full of great tolerance and the milk of human kindness. The person who achieves must generally be a one-idea individual, concentrated entirely on that one idea, and ruthless in his aspect toward other men and other ideas.

- Robinson, Corinne Roosevelt

The will to win, the desire to succeed, the urge to reach your full potential... these are the keys that will unlock the door to personal excellence.

- Robinson, Eddie

The average estimate themselves by what they do, the above average by what they are.

- Schiller, Johann Friedrich Von

Look at a day when you are supremely satisfied at the end. It's not a day when you lounge around doing nothing; it's when you've had everything to do, and you've done it.

- Thatcher, Margaret

If Columbus had turned back, no one would have blamed him. Of course, no one would have remembered him either.

- Unknown, Source

The fellow who does things that count, doesn't usually stop to count them.

- Unknown, Source

To get what you want, STOP doing what isn't working.

- Weaver, Dennis

Don't mistake activity for achievement.

- Wooden, John

It's your aptitude, not just your attitude that determines your ultimate altitude.

- Ziglar, Zig

Having once decided to achieve a certain task, achieve it at all costs of tedium and distaste. The gain in self confidence of having accomplished a tiresome labor is immense.

- Bennett, Thomas A.

Somehow I can't believe that there are any heights that can't be scaled by a man who knows the secrets of making dreams come true. This special secret, it seems to me, can be summarized in four C s. They are curiosity, confidence, courage, and constancy, and the greatest of all is confidence. When you believe in a thing, believe in it all the way, implicitly and unquestionable.

- Disney, Walt

No great deed is done by falterers who ask for certainty.

- Eliot, George

You can tell more about a person by what he says about others than you can by what others say about him.

- Aikman, Leo

Are you in earnest? Seize this very minute! Boldness has genius, power, and magic in it. Only engage, and then the mind grows heated. Begin, and then the work will be completed.

- Anster, John

I, not events, have the power to make me happy or unhappy today. I can choose which it shall be. Yesterday is dead, tomorrow hasn't arrived yet. I have just one day, today, and I'm going to be happy in it.

- Marx, Groucho

Happiness comes more from loving than being loved; and often when our affection seems wounded it is only our vanity bleeding. To love, and to be hurt often, and to love again -- this is the brave and happy life.

- Buckrose, J.E

Many people think that if they were only in some other place, or had some other job, they would be happy. Well, that is doubtful. So get as much happiness out of what you are doing as you can and don't put off being happy until some future date.

- Carnegie, Dale

We become just by performing just action, temperate by performing temperate actions, brave by performing brave action.

- Aristotle

Men acquire a particular quality by constantly acting a particular way. We become just by performing just actions, temperate by performing temperate actions, brave by performing brave actions.

- Aristotle

Do every act of your life as if it were your last.

- Aurelius, Marcus

Dig within. Within is the wellspring of Good; and it is always ready to bubble up, if you just dig.

- Aurelius, Marcus

Begin -- to begin is half the work, let half still remain; again begin this, and thou wilt have finished.

- Ausonius, Decimus Magnus

It is easy to sit up and take notice, What is difficult is getting up and taking action.

- Batt, Al

Think like a man of action, and act like a man of thought.

- Bergson, Henri L.

But be doers of the word, and not hearers only, deceiving yourselves. [James 1:22]

- Bible

You can't aim a duck to death.

- Boardman, Gael

You must take action now that will move you towards your goals. Develop a sense of

urgency in your life.

- Brown, Les

Someone's sitting in the shade today because someone planted a tree a long time ago.

- Buffett, Warren

Everywhere in life, the true question is not what we gain, but what we do.

- Carlyle, Thomas

As I grow older, I pay less attention to what people say. I just watch what they do.

- Carnegie, Andrew

There is no use trying, said Alice; one can't believe impossible things. I dare say you haven't had much practice, said the Queen. When I was your age, I always did it for half an hour a day. Why, sometimes I've believed as many as six impossible things before breakfast.

- Carroll, Lewis

People may doubt what you say, but they will believe what you do.

- Cass, Lewis

It is not whether your words or actions are tough or gentle; it is the spirit behind your actions and words that announces your inner state.

- Ching Ning Chu

He who believes is strong; he who doubts is weak. Strong convictions precede great actions.

- Clarke, James Freeman

If you don't make things happen then things will happen to you.

- Company, Lanes

The superior man acts before he speaks, and afterwards speaks according to his action.

- Confucius

The superior man is modest in his speech but exceeds in his actions.

- Confucius

Let every man or woman here, if you never hear me again, remember this, that if you wish to be great at all, you must begin where you are and with what you are. He who would be great anywhere must first be great in his own Philadelphia.

- Conwell, Russel H.

Jump into the middle of things, get your hands dirty, fall flat on your face, and then reach for the stars.

- Curcio, Joan L.

The difficulties you meet will resolve themselves as you advance. Proceed, and light will dawn, and shine with increasing clearness on your path.

- D'Alembert

The secret of getting things done is to act!

- David, Benjamin O.

The self is not something ready-made, but something in continuous formation through choice of action.

- Dewey, John

We keep moving forward, opening new doors, and doing new things, because we're curious and curiosity keeps leading us down new paths.

- Disney, Walt

Taking a new step, uttering a new word, is what people fear most.

- Dostoevsky, Fyodor

Start with what is right rather than what is acceptable.

- Drucker, Peter F.

Never mind your happiness; do your duty.

- Durant, William J.

Go for it now. The future is promised to no one.

- Dyer, Wayne

What you are will show in what you do.

- Edison, Thomas A.

There is a tendency for things to right themselves.

- Emerson, Ralph Waldo

Do not be too timid and squeamish about your actions. All life is an experiment.

- Emerson, Ralph Waldo

The ancestor of every action is thought.

- Emerson, Ralph Waldo

Real action is in silent moments.

- Emerson, Ralph Waldo

Everyone who got where he is had to begin where he was.

- Evans, Richard L.

The man who removes a mountain begins by carrying away small stones.

- Faulkner, William

No steam or gas ever drives anything until it is confined. No Niagara is ever turned into light and power until it is tunneled. No life ever grows until it is focused, dedicated, disciplined.

- Fosdick, Harry Emerson

You learn to speak by speaking, to study by studying, to run by running, to work by working; in just the same way, you learn to love by loving.

- Francis De Sales, St.

A man is the sum of his actions, of what he has done, of what he can do, Nothing else.

- Gandhi, Mahatma

Action expresses priorities.

- Garfield, Charles A.

Before you can do something you must first be something.

- Goethe, Johann Wolfgang Von

Then indecision brings its own delays, And days are lost lamenting o'er lost days. Are you

in earnest? Seize this very minute; What you can do, or dream you can, begin it.

- Goethe, Johann Wolfgang Von

Thinking is easy, acting is difficult, and to put one's thoughts into action is the most difficult thing in the world.

- Goethe, Johann Wolfgang Von

The wise man does at once what the fool does finally.

- Gracian, Baltasar

You have to make it happen.

- Greene, Joe

Don't wait until everything is just right. It will never be perfect. There will always be challenges, obstacles and less than perfect conditions. So what. Get started now. With each step you take, you will grow stronger and stronger, more and more skilled, more and more self-confident and more and more successful.

- Hansen, Mark Victor

You control your future, your destiny. What you think about comes about. By recording your dreams and goals on paper, you set in motion the process of becoming the person you most want to be. Put your future in good hands -- your own.

- Hansen, Mark Victor

Never confuse motion with action.

- Franklin, Benjamin

Do it now! can affect every phase of your life. It can help you do the things you should do but don't feel like doing. It can keep you from procrastinating when an unpleasant duty faces you. But it can also help you do those things that you want to do. It helps you seize those precious moments that, if lost, may never be retrieved.

- Hill, Napoleon

Do not wait; the time will never be just right. Start where you stand, and work with whatever tools you may have at your command, and better tools will be found as you go along.

- Hill, Napoleon

The world has the habit of making room for the man whose actions show that he knows where he is going.

- Hill, Napoleon

I find the great thing in this world is not so much where we stand, as in what direction we are moving: To reach the port of heaven, we must sail sometimes with the wind and sometimes against it, but we must sail, and not drift, nor lie at anchor.

- Holmes, Oliver Wendell

Initiative is doing the right thing without being told.

- Hugo, Victor

People say to me, You were a roaring success. How did you do it? I go back to what my parents taught me. Apply yourself. Get all the education you can, but then, by God, do something. Don't just stand there, make something happen.

- Iacocca, Lee

The discipline of writing something down is the first step toward making it happen.

- Iacocca, Lee

So what do we do? Anything. Something. So long as we just don't sit there. If we screw it up, start over. Try something else. If we wait until we've satisfied all the uncertainties, it may be too late.

- Iacocca, Lee

If you want a trait, act as if you already have the trait.

- James, William

Do something everyday for no other reason than you would rather not do it, so that when the hour of dire need draws nigh, it may find you not unnerved and untrained to stand the test.

- James, William

Action seems to follow feeling, but really action and feeling go together; and by regulating the action, which is under the more direct control of the will, we can indirectly regulate the feeling, which is not.

- James, William

Keep on going and the chances are you will stumble on something, perhaps when you are least expecting it. I have never heard of anyone stumbling on something sitting down.

- Kettering, Charles F.

Somebody should tell us, right at the start of our lives, that we are dying. Then we might live life to the limit, every minute of every day. Do it! I say. Whatever you want to do, do it now! There are only so many tomorrows.

- Landon, Michael

He who limps is still walking.

- Lec, Stanislaw J.

Next in importance to having a good aim is to recognize when to pull the trigger.

- Letterman, Elmer G.

Each morning sees some task begun, each evening sees it close; Something attempted,

something done, has earned a night's repose.

- Longfellow, Henry Wadsworth

What really matters is what you do with what you have.

- Lord, Shirley

Often the difference between a successful person and a failure is not one has better abilities or ideas, but the courage that one has to bet on one's ideas, to take a calculated risk -- and to act.

- Maltz, Maxwell

Let your actions always speak for you, but be forever on guard against the terrible traps of false pride and conceit that can halt your progress. The next time you are tempted to boast, just place your fist in a full pail of water, and when you remove it, the hole remaining will give you a correct measure of your importance.

- Mandino, Og

I will act now. I will act now. I will act now. Henceforth, I will repeat these words each hour, each day, everyday, until the words become as much a habit as my breathing, and the action which follows becomes as instinctive as the blinking of my eyelids. With these words I can condition my mind to perform every action necessary for my success. I will act now. I will repeat these words again and again and again. I will walk where failures fear to walk. I will work when failures seek rest. I will act now for now is all I have. Tomorrow is the day reserved for the labor of the lazy. I am not lazy. Tomorrow is the day when the

failure will succeed. I am not a failure. I will act now. Success will not wait. If I delay, success will become wed to another and lost to me forever. This is the time. This is the place. I am the person.

- Mandino, Og

Let us not be content to wait and see what will happen, but give us the determination to make the right things happen.

- Marshall, Peter

The common conception is that motivation leads to action, but the reverse is true -- action precedes motivation. You have to prime the pump and get the juice flowing, which motivates you to work on your goals. Getting momentum going is the most difficult part of the job, and often taking the first step is enough to prompt you to make the best of your day.

- Mckain, Robert J.

You will be better advised to watch what we do instead of what we say.

- Mitchell, John N.

Action to be effective must be directed to clearly conceived ends.

- Nehru, Jawaharlal

It is the function of art to renew our perception. What we are familiar with we cease to see. The writer shakes up the familiar scene, and, as if by magic, we see a new meaning in it.

- Nin, Anais

Action is a great restorer and builder of confidence. Inaction is not only the result, but the cause, of fear. Perhaps the action you take will be successful; perhaps different action or adjustments will have to follow. But any action is better than no action at all.

- Peale, Norman Vincent

Act quickly, think slowly.

- Proverb, Greek

In essence, if we want to direct our lives, we must take control of our consistent actions. It's not what we do once in a while that shapes our lives, but what we do consistently.

- Robbins, Anthony

You see, in life, lots of people know what to do, but few people actually do what they know. Knowing is not enough! You must take action.

- Robbins, Anthony

A real decision is measured by the fact that you've taken a new action. If there's no action, you haven't truly decided.

- Robbins, Anthony

Even if you are on the right track, you will get run over if you just sit there.

- Rogers, Will

The few who do are the envy of the many who only watch.

- Rohn, Jim

Do what you can, with what you have, where you are.

- Roosevelt, Theodore

Do Something. If it works, do more of it. If it doesn't, do something else.

- Roosevelt, Franklin D.

Nothing wilts faster than laurels that have been rested upon.

- Rowan, Carl

The time for action is now. It's never too late to do something.

- Sandburg, Carl

He who considers too much will perform little.

- Schiller, Johann Friedrich Von

Better to do something imperfectly than to do nothing perfectly.

- Schuller, Robert H.

Be great in act, as you have been in thought.

- Shakespeare, William

Action is eloquence.

- Shakespeare, William

You don't have to get it right the first time.

- Sher, Barbara

Begin somewhere: you cannot build a reputation on what you intend to do.

- Smith, Liz

The greatest of all mistakes is to do nothing because you can only do a little. Do what you can.

- Smith, Sydney

No one will do it for you.

- Stein, Ben

The mark of a good action is that it appears inevitable in retrospect.

- Stevenson, Robert Louis

Thinking will not overcome fear but action will.

- Stone, W. Clement

So many fail because they don't get started -- they don't go. They don't overcome inertia. They don't begin.

- Stone, W. Clement

Being stuck is a position few of us like. We want something new but cannot let go of the old -- old ideas, beliefs, habits, even thoughts. We are out of contact with our own genius. Sometimes we know we are stuck; sometimes we don't. In both cases we have to DO something.

- Teekens, Inga

Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover.

- Twain, Mark

None of us are responsible for all the things that happen to us, but we are responsible for the way we act when they do happen.

- Unknown, Source

Do it now. Then it's done.

- Unknown, Source

Act, don't react!

- Unknown, Source

Do not ask the Lord to guide your footsteps, If you are not willing to move your feet.

- Unknown, Source

Don't look back, just keep on walking.

- Unknown, Source

The search for the perfect venture can turn into procrastination. Your idea may or may not have merit. The key is to get started.

- Unknown, Source

You can't plow a field by turning it over in your mind.

- Unknown, Source

Some people grin and bear it; others smile and do it.

- Unknown, Source

As one acts and conducts himself, so does he become. The doer of good becomes good.

The doer of evil becomes evil. One becomes virtuous by virtuous action, bad by bad action.

- Upanishads, Veda

If you could get up the courage to begin, you have the courage to succeed.

- Viscott, David

We are responsible for what we are, and whatever we wish ourselves to be, we have the power to make ourselves. If what we are now has been the result of our own past actions, it certainly follows that whatever we wish to be in future can be produced by our present actions; so we have to know how to act.

- Vivekananda, Swami

Singularity shows something wrong in the mind.

- Clarissa

Adventure is worthwhile.

- Earhart, Amelia

God never built a Christian strong enough to carry today's duties and tomorrow's anxieties piled on the top of them.

- Cuyler, Theodore L.

Do not anticipate trouble, or worry about what may never happen. Keep in the sunlight.

- Franklin, Benjamin

Anxiety is a thin stream of fear trickling through the mind. If encouraged, it cuts a channel into which all other thoughts are drained.

- Roche, Arthur Somers

It has been said that our anxiety does not empty tomorrow of its sorrow, but only empties today of its strength.

- Spurgeon, Charles Haddon

A desire to be observed, considered, esteemed, praised, beloved, and admired by his fellows is one of the earliest as well as the keenest dispositions discovered in the heart of man.

- Adams, John

We give advice by the bucket, but take it by the grain.

- Alger, William R.

In any moment of decision the best thing you can do is the right thing, the next best thing is the wrong thing, and the worst thing you can do is nothing.

- Roosevelt, Theodore

The first requisite of a good citizen in this republic of ours is that he shall be able and willing to pull his weight.

- Roosevelt, Theodore

No man is above the law, and no man is below it.

- Roosevelt, Theodore

The boy who is going to make a great man must not make up his mind merely to overcome a thousand obstacles, but to win in spite of a thousand repulses and defeats.

- Roosevelt, Theodore

It is hard to fail, but it is worse never to have tried to succeed. In this life we get nothing save by effort.

- Roosevelt, Theodore

Every immigrant who comes here should be required within five years to learn English or leave the country.

- Roosevelt, Theodore

There are more things to alarm us than to harm us, and we suffer more often in apprehension than reality.

- Seneca

Cast your cares on God; that anchor holds.

- Tennyson, Lord Alfred

What sunshine is to flowers, smiles are to humanity. These are but trifles, to be sure; but, scattered along life's pathway, the good they do is inconceivable.

- Addison, Joseph

No duty is more urgent than that of returning thanks.

- Ambrose, St.

If human beings are perceived as potentials rather than problems, as possessing strengths instead of weaknesses, as unlimited rather than dull and unresponsive, then they thrive and grow to their capabilities.

- Conklin, Robert

It is not death that a man should fear, but he should fear never beginning to live.

- Aurelius, Marcus

Fear is met and destroyed with courage.

- Bell, James F.

Anything I've ever done that ultimately was worthwhile... initially scared me to death.

- Bender, Betty

We must travel in the direction of our fear.

- Berryman, John

Too many of us are not living our dreams because we are living our fears.

- Brown, Les

When you face your fear, most of the time you will discover that it was not really such a big threat after all. We all need some form of deeply rooted, powerful motivation -- it empowers us to overcome obstacles so we can live our dreams.

- Brown, Les

Most fears cannot withstand the test of careful scrutiny and analysis. When we expose our fears to the light of thoughtful examination they usually just evaporate.

- Canfield, Jack

The first duty of man is to conquer fear; he must get rid of it, he cannot act till then.

- Carlyle, Thomas

If you want to conquer fear, don't sit home and think about it. Go out and get busy

- Carnegie, Dale

Do the thing you fear to do and keep on doing it... that is the quickest and surest way ever

yet discovered to conquer fear.

- Carnegie, Dale

Inaction breeds doubt and fear. Action breeds confidence and courage. If you want to conquer fear, do not sit home and think about it. Go out and get busy.

- Carnegie, Dale

You can conquer almost any fear if you will only make up your mind to do so. For remember, fear doesn't exist anywhere except in the mind.

- Carnegie, Dale

If you are not concerned about the outcome of a circumstance, you will experience no fear. Whatever the outcome will be, will be, whether you fear it or not.

- Ching Ning Chu

Great deeds are usually wrought at great risks.

- Herodotus

The destiny of man is in his own soul

- Herodotus

How much better a thing it is to be envied than to be pitied.

- Herodotus

Neither snow, nor rain, nor heat, nor gloom of night stays these couriers from the swift completion of their appointed rounds. [The Motto Of The U.S. Postal Service]

- Herodotus

Some men give up their designs when they have almost reached the goal; While others, on the contrary, obtain a victory by exerting, at the last moment, more vigorous efforts than ever before.

- Herodotus

What it lies in our power to do, it lies in our power not to do.

- Aristotle

Lack of discipline leads to frustration and self-loathing.

- Chapien, Marie

No one is free who does not lord over himself.

- Claudius

Practice yourself, for heaven's sake in little things, and then proceed to greater.

- Epictetus

When things are steep, remember to stay level-headed.

- Horace

What we do upon some great occasion will probably depend on what we already are.

What we are will be the result of previous years of self-discipline.

- Liddon, Henry Parry

To know how to dispense with things is to possess them.

- Regnard, Jean Francois

One of the great lessons I've learned in athletics is that you've got to discipline your life.

No matter how good you may be, you've got to be willing to cut out of your life those things that keep you from going to the top.

- Richards, Bob

I slip from workaholic to bum real easy.

- Broderick, Matthew

Laziness is nothing more than the habit of resting before you get tired.

- Caplan, Mortimer

The path of least resistance makes all rivers, and some men, crooked.

- Hill, Napoleon

A young man idle, an old man needy.

- Proverb, English

Towards evening the lazy person begins to get busy.

- Proverb, German

The lazier a man is, the more he plans to do tomorrow.

- Proverb, Norwegian

Many men owe the grandeur of their lives to their tremendous difficulties.

- Spurgeon, Charles Haddon

Listening, not imitation, may be the sincerest form of flattery.

- Brothers, Dr. Joyce

The less you talk, the more you're listened to.

- Buren, Abigail Van

One who cares is one who listens.

- Clarke, J. Richard

Nature gave us one tongue and two ears so we could hear twice as much as we speak.

- Epictetus

Only if we can restrain ourselves is good conversation possible. Good talk rises upon much discipline.

- Erskine, John

A person hears only what they understand.

- Goethe, Johann Wolfgang Von

Never speak of yourself to others; make them talk about themselves instead; therein lies the whole art of pleasing. Everybody knows it, and everyone forgets it.

- Goncourt, Edmond and Jules De

I like to listen. I have learned a great deal from listening carefully. Most people never listen.

- Hemingway, Ernest

When a woman is speaking to you, listen to what she says with her eyes.

- Hugo, Victor

Let others confide in you. It may not help you, but it surely will help them.

- Imhoff, Roger G.

When I am getting ready to reason with a man, I spend one-third of my time thinking

about myself and what I am going to say and two-thirds about him and what he is going to say.

- Lincoln, Abraham

Are you really listening... or are you just waiting for your turn to talk?

- Montgomery, Robert

The greatest gift you can give another is the purity of your attention.

- Moss, Richard

To be listened to is, generally speaking, a nearly unique experience for most people. It is enormously stimulating. It is small wonder that people who have been demanding all their lives to be heard so often fall speechless when confronted with one who gravely agrees to lend an ear. Man clamors for the freedom to express himself and for knowing that he counts. But once offered these conditions, he becomes frightened.

- Murphy, Robert C.

Give every man your ear, but few thy voice. Take each man's censure, but reserve thy judgment. [Hamlet]

- Shakespeare, William

The first duty of love is to listen.

- Tillich, Paul

One of the hardest things to do in life is to listen without intent to reply.

- Unknown, Source

A good listener tries to understand what the other person is saying. In the end he may disagree sharply, but because he disagrees, he wants to know exactly what it is he is disagreeing with.

- Wells, Kenneth A.

Coaches who can outline plays on a black board are a dime a dozen. The ones who win get inside their player and motivate.

- Lombardi, Vince

Intelligence and courtesy not always are combined; Often in a wooden house a golden room we find.

- Longfellow, Henry Wadsworth

Of all the needs (there are none imaginary) a lonely child has, the one that must be satisfied, if there is going to be hope and a hope of wholeness, is the unshaken need for an unshakable God.

- Angelou, Maya

The man who is aware of himself is henceforward independent; and he is never bored,

and life is only too short, and he is steeped through and through with a profound yet temperate happiness.

- Woolf, Virginia

The need to be right is the sign of a vulgar mind.

- Camus, Albert

None are more unjust in their judgments of others than those who have a high opinion of themselves.

- Spurgeon, Charles Haddon

He is not poor that hath not much, but he that craves much.

- Fuller, Thomas

That which we obtain too easily, we esteem too lightly.

- Paine, Thomas

The greatest need of every human being is the need for appreciation.

- Unknown, Source

We are so often caught up in our destination that we forget to appreciate the journey, especially the goodness of the people we meet on the way. Appreciation is a wonderful feeling, don't overlook it.

- Unknown, Source

Do not judge from mere appearances; for the lift laughter that bubbles on the lip often mantles over the depths of sadness, and the serious look may be the sober veil that covers a divine peace and joy. The bosom can ache beneath diamond brooches; and many a blithe heart dances under coarse wool.

- Chapin, Edwin Hubbel

You and I do not see things as they are. We see things as we are.

- Cohen, Herb

He that has a great nose, thinks everybody is speaking of it.

- Fuller, Thomas

Beware, so long as you live, of judging men by their outward appearance.

- La Fontaine, Jean De

The most common error made in matters of appearance is the belief that one should disdain the superficial and let the true beauty of one's soul shine through. If there are places on your body where this is a possibility, you are not attractive -- you are leaking.

- Lebowitz, Fran

Things are not always what they seem; the first appearance deceives many; the

intelligence of a few perceives what has been carefully hidden.

- Phaedrus

The best mirror is an old friend.

- Proverb

Cleanliness is indeed next to godliness.

- Wesley, John

Any coward can fight a battle when he's sure of winning, but give me the man who has pluck to fight when he's sure of losing. That's my way, sir; and there are many victories worse than a defeat.

- Eliot, George

Things are beautiful if you love them.

- Anouilh, Jean

Our natures are a lot like oil, mix us with anything else, and we strive to swim on top.

- Beaumont, Francis

When you blame others, you give up your power to change.

- Anthony, Dr. Robert

There can be no doubt that the average man blames much more than he praises. His instinct is to blame. If he is satisfied he says nothing; if he is not, he most illogically kicks up a row.

- Bennett, Arnold

All blame is a waste of time. No matter how much fault you find with another, and regardless of how much you blame him, it will not change you. The only thing blame does is to keep the focus off you when you are looking for external reasons to explain your unhappiness or frustration. You may succeed in making another feel guilty about something by blaming him, but you won't succeed in changing whatever it is about you that is making you unhappy.

- Dyer, Wayne

To know what people really think, pay regard to what they do, rather than what they say.

- Descartes, Rene

If you don't change your beliefs, your life will be like this forever. Is that good news?

- Anthony, Dr. Robert

We have all had the experience of finding that our reactions and perhaps even our deeds have denied beliefs we thought were ours.

- Baldwin, James

Though no one can go back and make a brand new start, anyone can start from now and

make a brand new ending.

- Bard, Carl

The great majority of men are bundles of beginnings.

- Emerson, Ralph Waldo

A hard beginning maketh a good ending.

- Heywood, John

More powerful than the will to win is the courage to begin.

- Unknown, Source

The secret of biography resides in finding the link between talent and achievement. A biography seems irrelevant if it doesn't discover the overlap between what the individual did and the life that made this possible. Without discovering that, you have shapeless happenings and gossip.

- Edel, Leon

Memoirs are the backstairs of history.

- Meredith, George

There was never yet an uninteresting life. Such a thing is an impossibility. Inside of the dullest exterior there is a drama, a comedy, and a tragedy.

- Twain, Mark

All good biography, as all good fiction, comes down to the study of original sin, of our inherent disposition to choose death when we ought to choose life.

- West, Rebecca

Formerly we used to canonize our heroes. The modern method is to vulgarize them. Cheap editions of great books may be delightful, but cheap editions of great men are absolutely detestable.

- Wilde, Oscar

He has great tranquillity of heart who cares neither for the praises nor the fault-finding of men.

- Kempis, Thomas

To find a fault is easy; to do better may be difficult.

- Plutarch

We must remember not to judge any public servant by any one act, and especially should we beware of attacking the men who are merely the occasions and not the cause of disaster.

- Roosevelt, Theodore

When you plant lettuce, if it does not grow well, you don't blame the lettuce. You look into the reasons it is not doing well. It may need fertilizer, or more water, or less sun. You never blame the lettuce. Yet if we have problems with our friends or our family, we blame the other person. But if we know how to take care of them, they will grow well, like lettuce. Blaming has no positive effect at all, nor does trying to persuade using reason and arguments. That is my experience. No blame, no reasoning, no argument, just understanding. If you understand, and you show that you understand, you can love, and the situation will change. -

- ThÃ-ch Nhat Hanh

More persons, on the whole, are humbugged by believing in nothing than by believing in too much.

- Barnum, P.T.

The essential element in personal magnetism is a consuming sincerity -- an overwhelming faith in the importance of the work one has to do.

- Barton, Bruce

Every person is the creation of himself, the image of his own thinking and believing. As individuals think and believe, so they are.

- Bristol, Claude M.

There are various orders of beauty, causing men to make fools of themselves in various styles... but there is one order of beauty which seems made to turn the heads not only of

men, but of all intelligent mammals, even of women. It is a beauty like that of kittens, or very small downy ducks making gentle rippling noises with their soft bills, or babies just beginning to toddle and to engage in conscious mischief --a beauty with which you can never be angry, but that you feel ready to crush for inability to comprehend the state of mind into which it throws you.

- Eliot, George

We are what we believe we are

- Cardozo, Benjamin N.

No iron chain, or outward force of any kind, can ever compel the soul of a person to believe or to disbelieve.

- Carlyle, Thomas

A truly great book should be read in youth, again in maturity and once more in old age, as a fine building should be seen by morning light, at noon and by moonlight.

- Davies, Robertson

Show me the books he loves and I shall know the man far better than through mortal friends.

- Adams, Dawn

In the case of good books, the point is not how many of them you can get through, but rather how many can get through to you.

- Adler, Mortimer J.

A real book is not one that we read, but one that reads us.

- Auden, W. H.

Some books are to be tasted; others to be swallowed; and some few to be chewed and digested.

- Bacon, Francis

Men will not believe because they will not broaden their minds.

- Chesterfield, Lord

Acquire the courage to believe in yourself. Many of the things that you have been taught were at one time the radical ideas of individuals who had the courage to believe what their own hearts and minds told them was true, rather than accept the common beliefs of their day.

- Ching Ning Chu

You are always a valuable, worthwhile human being -- not because anybody says so, not because you're successful, not because you make a lot of money -- but because you decide to believe it and for no other reason.

- Dyer, Wayne

You'll see it when you believe it.

- Dyer, Wayne

Men are disturbed not by things, but by the view which they take of them.

- Epictetus

Oh how sweet it is to hear one's own convictions from another's lips.

- Goethe, Johann Wolfgang Von

I do not pray for a lighter load, but for a stronger back.

- Brooks, Phillips

None knows the weight of another's burden.

- Herbert, George

God gave burdens, also shoulders.

- Proverb, Yiddish

How else but through a broken heart may Lord Christ enter in?

- Wilde, Oscar

It is the true office of history to represent the events themselves, together with the counsels, and to leave the observations and conclusions thereupon to the liberty and

faculty of every man's judgment.

- Bacon, Francis

The history of the world is but the biography of great men.

- Carlyle, Thomas

History is but a confused heap of facts.

- Chesterfield, Lord

We are what we repeatedly do. Excellence, then, is not an act, but a habit.

- Aristotle

Habit, if not resisted, soon becomes necessity.

- Augustine, St.

Habit is a great deadener.

- Beckett, Samuel

The causes of events are ever more interesting than the events themselves.

- Cicero, Marcus T.

What is all our histories, but God showing himself, shaking and trampling on everything that he has not planted.

- Cromwell, Oliver

The history of the past interests us only in so far as it illuminates the history of the present.

- Dimnet, Ernest

Feeling sorry for yourself, and your present condition, is not only a waste of energy but the worst habit you could possibly have.

- Carnegie, Dale

The more deeply the path is etched, the more it is used, and the more it is used, the more deeply it is etched.

- Coudert, Jo

Our ignorance of history causes us to slander our own times.

- Flaubert, Gustave

The first duty of an historian is to be on guard against his own sympathies.

- Froude, James A.

Ill habits gather unseen degrees, as brooks make rivers, rivers run to seas.

- Dryden, John

The easier it is to do, the harder it is to change.

- Eng's Principle

It is easier to prevent bad habits than to break them.

- Franklin, Benjamin

The individual who wants to reach the top in business must appreciate the might of the force of habit and must understand that practices are what create habits. He must be quick to break those habits that can break him and hasten to adopt those practices that will become the habits that help him achieve the success he desires.

- Getty, J. Paul

First we form habits, then they form us. Conquer your bad habits, or they'll eventually conquer you.

- Gilbert, Dr. Rob

The history of mankind is his character.

- Goethe, Johann Wolfgang Von

The chains of habit are generally too weak to be felt, until they are too strong to be broken.

- Johnson, Samuel

One cannot be a good historian of the outward, visible world without giving some thought to the hidden, private life of ordinary people; and on the other hand one cannot be a good historian of this inner life without taking into account outward events where these are relevant. They are two orders of fact which reflect each other, which are always linked and which sometimes provoke each other.

- Hugo, Victor

History tells us more than we want to know about what is wrong with man, and we can hardly turn a page in the daily press without learning the specific time, place, and name of evil. But perhaps the most pervasive evil of all rarely appears in the news. This evil, the waste of human potential, is particularly painful to recognize for it strikes our parents and children, our friends and brothers, ourselves.

- Leonard, George

Fellow citizens, we cannot escape history.

- Lincoln, Abraham

Historians desiring to write the actions of men, ought to set down the simple truth, and not say anything for love or hatred; also to choose such an opportunity for writing as it may be lawful to think what they will, and write what they think, which is a rare happiness of the time.

- Raleigh, Sir Walter

Once you learn to quit, it becomes a habit.

- Lombardi, Vince

When a book raises your spirit, and inspires you with noble and manly thoughts, seek for no other test of its excellence. It is good, and made by a good workman.

- Bruyere, Jean De La

Study men, not historians.

- Truman, Harry S

Never forget the importance of history. To know nothing of what happened before you took your place on earth, is to remain a child for ever and ever.

- Unknown, Source

We should not look back unless it is to derive useful lessons from past errors, and for the purpose of profiting by dearly bought experience.

- Washington, George

Human history in essence is the history of ideas.

- Wells, H.G.

Books are masters who instruct us without rods or ferules, without words or anger, without bread or money. If you approach them, they are not asleep; if you seek them, they do not hide; if you blunder, they do not scold; if you are ignorant, they do not laugh at you.

- Bury, Richard De

What we become depends on what we read after all the professors have finished with us.

The greatest university of all is the collection of books.

- Carlyle, Thomas

It is chiefly through books that we enjoy intercourse with superior minds, and these invaluable means of communication are in the reach of all. In the best books, great men talk to us, give us their most precious thoughts, and pour their souls into ours.

- Channing, William Ellery

Next to acquiring good friends, the best acquisition is that of good books.

- Colton, Charles Caleb

Books, like friends, should be few and well chosen. Like friends, too, we should return to them again and again for, like true friends, they will never fail us -- never cease to instruct -- never cloy.

- Colton, Charles Caleb

The reading of all good books is like a conversation with all the finest men of past centuries.

- Descartes, Rene

He ate and drank the precious Words, his Spirit grew robust; He knew no more that he was poor, nor that his frame was Dust.

- Dickinson, Emily

Read, read, read. Read everything-- trash, classics, good and bad, and see how they do it. Just like a carpenter who works as an apprentice and studies the master. Read! You'll absorb it. Then write. If it is good, you'll find out. If it's not, throw it out the window.

- Faulkner, William

Determine that the thing can and shall be done, and then we shall find the way.

- Lincoln, Abraham

How many legs does a dog have if you call the tail a leg? Four. Calling a tail a leg doesn't make it a leg.

- Lincoln, Abraham

When I hear a man preach, I like to see him act as if he were fighting bees.

- Lincoln, Abraham

Better to remain silent and be thought a fool, than to speak and remove all doubt.

- Lincoln, Abraham

I don't like that man. I'm going to have to get to know him better.

- Lincoln, Abraham

The best thing about the future is that it comes only one day at a time.

- Lincoln, Abraham

When we recall the past, we usually find that it is the simplest things -- not the great occasions -- that in retrospect give off the greatest glow of happiness.

- Hope, Bob

It is difficult to make a man miserable while he feels he is worthy of himself and claims kindred to the great God who made him.

- Lincoln, Abraham

Whatever you are, be a good one.

- Lincoln, Abraham

I can make a General in five minutes but a good horse is hard to replace.

- Lincoln, Abraham

If this is coffee, please bring me some tea; but if this is tea, please bring me some coffee.

- Lincoln, Abraham

The probability that we may fail in the struggle ought not to deter us from the support of a

cause we believe to be just.

- Lincoln, Abraham

With the fearful strain that is on me night and day, if I did not laugh I should die.

- Lincoln, Abraham

Imagination was given man to compensate for what he is not, and a sense of humor to console him for what he is.

- Bacon, Francis

Some of the biggest challenges in relationships come from the fact that most people enter a relationship in order to get something: they're trying to find someone who's going to make them feel good. In reality, the only way a relationship will last is if you see your relationship as a place that you go to give, and not a place that you go to take.

- Robbins, Anthony

Forgiveness is the oil of relationships.

- McDowell, Josh

Real magic in relationships means an absence of judgment of others.

- Dyer, Wayne

The one who loves least controls the relationship.

- Unknown, Source

Treasure your relationships, not your possessions.

- D'Angelo, Anthony J.

Each relationship nurtures a strength or weakness within you.

- Murdock, Mike

Assumptions are the termites of relationships.

- Winkler, Henry

It takes a lot of experience of life to see why some relationships last and others do not. But we do not have to wait for a crisis to get an idea of the future of a particular relationship. Our behavior in little every incidents tells us a great deal.

- Easwaran, Eknath

The ultimate test of a relationship is to disagree but to hold hands.

- Penney, Alexandria

When the body sinks into death, the essence of man is revealed. Man is a knot, a web, a mesh into which relationships are tied. Only those relationships matter. The body is an old crock that nobody will miss. I have never known a man to think of himself when dying. Never.

- Saint-Exupery, Antoine De

A happy marriage perhaps represents the ideal of human relationship -- a setting in which each partner, while acknowledging the need of the other, feels free to be what he or she by nature is: a relationship in which instinct as well as intellect can find expression; in which giving and taking are equal; in which each accepts the other, and I confronts Thou.

- Storr, Anthony

If your self-worth is based on anything other than your relationship with Christ, you are in big trouble.

- Smith, Hyrum

Courage means to keep working a relationship, to continue seeking solutions to difficult problems, and to stay focused during stressful periods.

- Waitley, Denis

Whenever you're in conflict with someone, there is one factor that can make the difference between damaging your relationship and deepening it. That factor is attitude.

- Bentley, Timothy

The formula for achieving a successful relationship is simple: you should treat all disasters as if they were trivialities but never treat a triviality as if it were a disaster.

- Crisp, Quentin

A bizarre sensation pervades a relationship of pretense. No truth seems true. A simple morning's greeting and response appear loaded with innuendo and fraught with implications. Each nicety becomes more sterile and each withdrawal more permanent.

- Angelou, Maya

Their sighing , canting , grace-proud faces, their three-mile prayers, and half-mile graces.

- Burns, Robert

Grace is but glory begun, and glory is but grace perfected.

- Edwards, Jonathan

Grace means the free, unmerited, unexpected love of God, and all the benefits, delights, and comforts which flow from it. It means that while we were sinners and enemies we have been treated as sons and heirs.

- Hanson, R. P. C.

We're all stumbling towards the light with varying degrees of grace at any given moment.

- Lozoff, Bo

Always accept good fortune with grace and humility.

- Mika, Mark L.

I would rather entertain and hope that people learned something than educate people and hope they were entertained.

- Disney, Walt

God creates out of nothing. Wonderful you say. Yes, to be sure, but he does what is still more wonderful: he makes saints out of sinners.

- Kierkegaard, Søren

Women wish to be loved not because they are pretty, or good, or well bred, or graceful, or intelligent, but because they are themselves.

- Amiel, Henri Frederic

The more connections you and your lover make, not just between your bodies, but between your minds, your hearts, and your souls, the more you will strengthen the fabric of your relationship, and the more real moments you will experience together.

- Angelis, Barbara De

Love is a force more formidable than any other. It is invisible -- it cannot be seen or measured, yet it is powerful enough to transform you in a moment, and offer you more joy than any material possession could.

- Angelis, Barbara De

By starving emotions we become humorless, rigid and stereotyped; by repressing them we become literal, reformatory and holier-than-thou; encouraged, they perfume life;

discouraged, they poison it.

- Collins, Joseph

There can be no transforming of darkness into light and of apathy into movement without emotion.

- Jung, Carl

If you would have me weep, you must first of all feel grief yourself.

- Horace

We are not commanded (or forbidden) to love our mates, our children, our friends, our country because such affections come naturally to us and are good in themselves, although we may corrupt them. We are commanded to love our neighbor because our natural attitude toward the other is one of either indifference or hostility.

- Auden, W. H.

What does love look like? It has the hands to help others. It has the feet to hasten to the poor and needy. It has eyes to see misery and want. It has the ears to hear the sighs and sorrows of men. That is what love looks like.

- Augustine, St.

Love is the beauty of the soul.

- Augustine, St.

Do you want to know a good way to fall in love? Just associate with all your pleasant experiences with someone, and disassociate from all the unpleasant ones.

- Bandler, Richard

I never knew how to worship until I knew how to love.

- Beecher, Henry Ward

Young love is a flame; very pretty, often very hot and fierce, but still only light and flickering. The love of the older and disciplined heart is as coals, deep-burning, unquenchable.

- Beecher, Henry Ward

Love comes when manipulation stops; when you think more about the other person than about his or her reactions to you. When you dare to reveal yourself fully. When you dare to be vulnerable.

- Brothers, Dr. Joyce

Don't smother each other. No one can grow in the shade.

- Buscaglia, Leo

The way to love anything is to realize that it might be lost.

- Chesterton, Gilbert K.

Love is the ability and willingness to allow those that you care for to be what they choose for themselves, without any insistence that they satisfy you.

- Dyer, Wayne

Immature love says: I love you because I need you. Mature love says: I need you because I love you.

- Fromm, Erich

Do you want me to tell you something really subversive? Love is everything it's cracked up to be. That's why people are so cynical about it. It really is worth fighting for, being brave for, risking everything for. And the trouble is, if you don't risk anything, you risk even more.

- Jong, Erica

One does not fall in love; one grows into love, and love grows in him.

- Menninger, Karl A.

Love never dies a natural death. It dies because we don't know how to replenish its source. It dies of blindness and errors and betrayals. It dies of illness and wounds; it dies of weariness, of withering, of tarnishing.

- Nin, Anais

The timidity of the child or the savage is entirely reasonable; they are alarmed at this world, because this world is a very alarming place. They dislike being alone because it is verily and indeed an awful idea to be alone. Barbarians fear the unknown for the same reason that Agnostics worship it --because it is a fact.

- Chesterton, Gilbert K.

You cannot love a thing without wanting to fight for it.

- Chesterton, Gilbert K.

There is a road from the eye to heart that does not go through the intellect.

- Chesterton, Gilbert K.

To love means loving the unlovable. To forgive means pardoning the unpardonable. Faith means believing the unbelievable. Hope means hoping when everything seems hopeless.

- Chesterton, Gilbert K.

The dignity of the artist lies in his duty of keeping awake the sense of wonder in the world. In this long vigil he often has to vary his methods of stimulation; but in this long vigil he is also himself striving against a continual tendency to sleep.

- Chesterton, Gilbert K.



QuotationsBook