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Quotes

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Freedom is the emancipation from the arbitrary rule of other men.

- Adler, Mortimer J.

The purpose of learning is growth, and our minds, unlike our bodies, can continue growing as we continue to live.

- Adler, Mortimer J.

It's lack of faith that makes people afraid of meeting challenges, and I believe in myself.

- Ali, Muhammad

Our ideals are our better selves.

- Alcott, Amos Bronson

If I have done any deed worthy of remembrance, that deed will be my monument. If not, no monument can preserve my memory.

- Agesilaus II

Habits are formed by the repetition of particular acts. They are strengthened by an increase in the number of repeated acts. Habits are also weakened or broken, and contrary habits are formed by the repetition of contrary acts.

- Adler, Mortimer J.

In the case of good books, the point is not how many of them you can get through, but rather how many can get through to you.

- Adler, Mortimer J.

Perseverance is failing 19 times and succeeding the 20th.

- Andrews, Julie

Just do what you do best.

- Auerbach, Red

When it is a question of God's almighty Spirit, never say, I can't.

- Chambers, Oswald

Ability without honor is useless.

- Cicero, Marcus T.

The first requisite for success is the ability to apply your physical and mental energies to one problem incessantly without growing weary.

- Edison, Thomas A.

Big jobs usually go to the men who prove their ability to outgrow small ones.

- Emerson, Ralph Waldo

There are some people who live in a dream world, and there are some who face reality; and then there are those who turn one into the other.

- Everett, Douglas

When my horse is running good, I don't stop to give him sugar.

- Faulkner, William

Others have done it before me. I can, too.

- Faunce, Corporal John

Whether you think you can or whether you think you can't, you're right!

- Ford, Henry

As we advance in life we learn the limits of our abilities.

- Froude, James A.

Our work is the presentation of our capabilities.

- Goethe, Johann Wolfgang Von

The person born with a talent they are meant to use will find their greatest happiness in using it.

- Goethe, Johann Wolfgang Von

The really unhappy person is the one who leaves undone what they can do, and starts doing what they don't understand; no wonder they come to grief.

- Goethe, Johann Wolfgang Von

Knowing what you can not do is more important than knowing what you can do. In fact, that's good taste.

- Ball, Lucille

Ability is of little account without opportunity.

- Bonaparte, Napoleon

The extent of your consciousness is limited only by your ability to love and to embrace with your love the space around you, and all it contains

- Bonaparte, Napoleon

Never tell a young person that anything cannot be done. God may have been waiting centuries for someone ignorant enough of the impossible to do that very thing.

- Holmes, John Andrew

The Creator has not given you a longing to do that which you have no ability to do.

- Marden, Orison Swett

The principle of all successful effort is to try to do not what is absolutely the best, but what is easily within our power, and suited for our temperament and condition.

- Ruskin, John

When love and skill work together, expect a masterpiece.

- Ruskin, John

All endeavor calls for the ability to tramp the last mile, shape the last plan, endure the last hours toil. The fight to the finish spirit is the one...characteristic we must posses if we are to face the future as finishers.

- Unknown, Source

No amount of ability is of the slightest avail without honor.

- Carnegie, Andrew

God does not ask about our ability, but our availability.

- Unknown, Source

They are able because they think they are able.

- Virgil

The world cares very little about what a man or woman knows; it is what a man or woman

is able to do that counts.

- Washington, Booker T.

Whatever women do they must do twice as well as men to be thought half as good. Luckily, this is not difficult.

- Whitton, Charlotte

We all have ability. The difference is how we use it.

- Wonder, Stevie

Ability may get you to the top, but it takes character to keep you there.

- Wooden, John

You are the only person on earth who can use your ability.

- Ziglar, Zig

Of Love there are many kinds. Before a person experiences overwhelming love in this world something must open up inside. Pierce the canopy above this level and Love will rain in, changing the whole human experience.

- Oshana Dave

Absurdity. A statement or belief manifestly inconsistent with one's own opinion.

- Bierce, Ambrose

It is not in the world of ideas that life is lived. Life is lived for better or worse in life, and to a man in life, his life can be no more absurd than it can be the opposite of absurd, whatever that opposite may be.

- Macleish, Archibald

The irrationality of a thing is no argument against its existence, rather a condition of it.

- Nietzsche, Friedrich

A man's life consisteth not in the abundance of the things which he possesseth. [Luke 12:15]

- Bible

Everything you need you already have. You are complete right now, you are a whole, total person, not an apprentice person on the way to someplace else. Your completeness must be understood by you and experienced in your thoughts as your own personal reality.

- Dyer, Wayne

You can never get enough of what you don't want.

- Dyer, Wayne

He who is plenteously provided for from within, needs but little from without.

- Goethe, Johann Wolfgang Von

Let nothing disturb thee; Let nothing dismay thee; All things pass; God never changes. Patience attains All that it strives for; He who has God Finds he lacks nothing;

- Unknown, Source

May our effort, confidence and concern for others be the altar from which we pray for personal abundance.

- Marquez, Laura Teresa

People who treat other people as less than human must not be surprised when the bread they have cast on the waters comes floating back to them, poisoned.

- Baldwin, James

It's not a slam at you when people are rude -- it's a slam at the people they've met before.

- Unknown, Source

The minute you settle for less than you deserve, you get even less than you settled for.

- Dowd, Maureen

One must not attempt to justify them, but rather to sense their nature simply and clearly.

- Einstein, Albert

Once we accept our limits, we go beyond them.

- Francis, Brendan

We will have to repent in this generation not merely for the hateful words and actions of the bad people but for the appalling silence of the good people.

- King Jr. Martin Luther

Life has no other discipline to impose, if we would but realize it, than to accept life unquestioningly. Everything we shut our eyes to, everything we run away from, everything we deny, denigrate or despise, serves to defeat us in the end. What seems nasty, painful, evil, can become a source of beauty, joy and strength, if faced with an open mind. Every moment is a golden one for him who has the vision to recognize it as such.

- Miller, Henry

Accept everything about yourself -- I mean everything, You are you and that is the beginning and the end -- no apologies, no regrets.

- Moustakas, Clark

For the ordinary man is passive. Within a narrow circle (home life, and perhaps the trade unions or local politics) he feels himself master of his fate, but against major events he is as helpless as against the elements. So far from endeavoring to influence the future, he simply lies down and lets things happen to him.

- Orwell, George

Happiness can exist only in acceptance.

- Rougamont, Denis De

Acceptance of others, their looks, their behaviors, their beliefs, bring you an inner peace and tranquillity -- instead of anger and resentment

- Unknown, Source

We must accept life for what it actually is -- a challenge to our quality without which we should never know of what stuff we are made, or grow to our full stature.

- Wylie, Ida R.

Accidents, try to change them -- it's impossible. The accidental reveals man.

- Picasso, Pablo

We live in deeds

We live in deeds, not years; in thoughts, not breaths;
In feelings, not in figures on a dial.
We should count time by heart-throbs. He most lives
Who thinks most, feels the noblest, acts the best.
And he whose heart beats quickest lives the longest:
Lives in one hour more than in years do some
Whose fat blood sleeps as it slips along their veins.
Life's but a means unto an end; that end,

Beginning, mean, and end to all things -- God.

The dead have all the glory of the world.

- Bailey, Philip James

Finish each day and be done with it. You have done what you could. Some blunders and absurdities no doubt crept in; forget them as soon as you can. Tomorrow is a new day; begin it well and serenely and with too high a spirit to be encumbered with your old nonsense.

- Emerson, Ralph Waldo

The only way around is through.

- Frost, Robert

Not the maker of plans and promises, but rather the one who offers faithful service in small matters. This is the person who is most likely to achieve what is good and lasting.

- Goethe, Johann Wolfgang Von

Great things are not done by impulse, but by a series of small things brought together.

- Gogh, Vincent Van

If life were measured by accomplishments, most of us would die in infancy.

- Gouthey, A. P.

We will either find a way, or make one.

- Hannibal

Dedicate yourself to the good you deserve and desire for yourself. Give yourself peace of mind. You deserve to be happy. You deserve delight.

- Hansen, Mark Victor

My mother drew a distinction between achievement and success. She said that achievement is the knowledge that you have studied and worked hard and done the best that is in you. Success is being praised by others. That is nice but not as important or satisfying. Always aim for achievement and forget about success.

- Hayes, Helen

Mere longevity is a good thing for those who watch Life from the side lines. For those who play the game, an hour may be a year, a single day's work an achievement for eternity.

- Heatter, Gabriel

One must marry one's feelings to one's beliefs and ideas. That is probably the only way to achieve a measure of harmony in one's life.

- Hilsum, Etty

Our achievements speak for themselves. What we have to keep track of are our failures, discouragements and doubts. We tend to forget the past difficulties, the many false starts, and the painful groping. We see our past achievements as the end results of

- Hoffer, Eric

I hope that my achievements in life shall be these -- that I will have fought for what was right and fair, that I will have risked for that which mattered, and that I will have given help to those who were in need that I will have left the earth a better place for what I've done and who I've been.

- Hoppe, C.

Life affords no higher pleasure than that of surmounting difficulties, passing from one step of success to another, forming new wishes and seeing them gratified.

- Johnson, Samuel

Failures are finger posts on the road to achievement.

- Kettering, Charles F.

We must make the best of those ills which cannot be avoided.

- Hamilton, Alexander

A well adjusted person is one who makes the same mistake twice without getting nervous.

- Heard, Jane

Take the world as it is, not as it ought to be.

- Proverb, German

It is not I who become addicted, it is my body.

- Cocteau, Jean

In this country, don't forget, a habit is no damn private hell. There's no solitary confinement outside of jail. A habit is hell for those you love. And in this country it's the worst kind of hell for those who love you.

- Holiday, Billie

To possess your soul in patience, with all the skin and some of the flesh burnt off your face and hands, is a job for a boy compared with the pains of a man who has lived pretty long in the exhilarating world that drugs or strong waters seem to create and is trying to live now in the first bald desolation created by knocking them off.

- Montague, C. E.

Time is all around in shrouds of endless goals, fast for happy hearts and slow for tortured souls

- Blum, Donald

If ones' word or promise need be reminded, then they are neither..

- Blum, Donald

You are the only one thinking in your mind..

- Blum, Donald

Many struggle to maintain their identity lest they disapoint others

- Blum, Donald

The intelligence of fear rationalizes cowardice and deceit..

- Blum, Donald

As a rule, ones' apprehension causes more trauma than the event..

- Blum, Donald

We are born anew within every strangers' eye

- Blum, Donald

THE ONE THAT BURNS THEIR BRIDGE OF LOVE REFLECTS THE ANGER OF THEIR FRIGHTENED SOUL....

- Blum, Donald

We have not passed that subtle line between childhood and adulthood until we move from the passive voice to the active voice -- that is, until we have stopped saying It got lost, and say, I lost it.

- Harris, Sidney J.

I believe a man is born first unto himself --for the happy developing of himself, while the world is a nursery, and the pretty things are to be snatched for, and pleasant things tasted; some people seem to exist thus right to the end. But most are born again on entering manhood; then they are born to humanity, to a consciousness of all the laughing, and the never-ceasing murmur of pain and sorrow that comes from the terrible multitudes of brothers.

- Lawrence, D. H.

It's the repetition of affirmations that leads to belief. And once that belief becomes a deep conviction, things begin to happen.

- Bristol, Claude M.

One comes to believe whatever one repeats to oneself sufficiently often, whether the statement be true of false. It comes to be dominating thought in one's mind.

- Collier, Robert

First say to yourself what you would be; and then do what you have to do.

- Epictetus

Our subconscious minds have no sense of humor, play no jokes and cannot tell the difference between reality and an imagined thought or image. What we continually think about eventually will manifest in our lives.

- Madwed, Sidney

As long as you know what it is you desire, then by simply affirming that it is yours -- firmly and positively, with no ifs, buts, or maybes -- over and over again, from the minute you arise in the morning until the time you go to sleep at night, and as many times during the day as your work or activities permit, you will be drawn to those people, places, and events that will bring your desires to you.

- Reed, Scott

When you affirm your own rightness in the universe, then you co-operate with others easily and automatically as part of your own nature. You, being yourself, helps others be themselves. Because you recognize your own uniqueness you will not need to dominate others, nor cringe before them

- Roberts, Jane

We cannot always control our thoughts, but we can control our words, and repetition impresses the subconscious, and we are then master of the situation.

- Shinn, Florence Scovel

You will be a failure, until you impress the subconscious with the conviction you are a success. This is done by making an affirmation which clicks.

- Shinn, Florence Scovel

You must begin to think of yourself as becoming the person you want to be.

- Viscott, David

I hope everyone that is reading this is having a really good day. And if you are not, just know that in every new minute that passes you have an opportunity to change that.

- Anderson, Gillian

We must be the world we want to create

- Mohandas Karamchand Gandhi

Strength is born in the deep silence of long-suffering hearts; not amid joy.

- Hemans, Felicia D.

The best job goes to the person who can get it done without passing the buck or coming back with excuses.

- Hill, Napoleon

Great things are not accomplished by those who yield to trends and fads and popular opinion.

- Kuralt, Charles

Let us, then, be up and doing, with a heart for any fate; still achieving, still pursuing, learn to labor and to wait.

- Longfellow, Henry Wadsworth

Man is always more than he can know of himself; consequently, his accomplishments,

time and again, will come as a surprise to him.

- Mann, Golo

Success is not measured by what you accomplish, but by the opposition you have encountered, and the courage with which you have maintained the struggle against overwhelming odds.

- Marden, Orison Swett

Trust yourself. Create the kind of self that you will be happy to live with all your life. Make the most of yourself by fanning the tiny, inner sparks of possibility into flames of achievement.

- Mcclellan, Foster C.

Empty pockets never held anyone back. Only empty heads and empty hearts can do that.

- Peale, Norman Vincent

The measure of a man is the way he bears up under misfortune.

- Plutarch

The journey is the reward.

- Proverb, Chinese

What we achieve inwardly will change outer reality.

- Rank, Otto

The truth of the matter is that there's nothing you can't accomplish if: (1) You clearly decide what it is that you're absolutely committed to achieving, (2) You're willing to take massive action, (3) You notice what's working or not, and (4) You continue to change your approach until you achieve what you want, using whatever life gives you along the way.

- Robbins, Anthony

The will to win, the desire to succeed, the urge to reach your full potential... these are the keys that will unlock the door to personal excellence.

- Robinson, Eddie

The average estimate themselves by what they do, the above average by what they are.

- Schiller, Johann Friedrich Von

Where there is a will there is a way. is an old true saying. He who resolves upon doing a thing, by that very resolution often scales the barriers to it, and secures its achievement. To think we are able, is almost to be so -- to determine upon attainment is frequently attainment itself.

- Smiles, Samuel

Look at a day when you are supremely satisfied at the end. It's not a day when you lounge around doing nothing; it's when you've had everything to do, and you've done it.

- Thatcher, Margaret

Disciplining yourself to do what you know is right and important, although difficult, is the highroad to pride, self-esteem, and personal satisfaction.

- Tracy, Brian

Accomplishment is easiest when we work the hardest, and it is hardest when we work the easiest.

- Unknown, Source

To get what you want, STOP doing what isn't working.

- Weaver, Dennis

Don't mistake activity for achievement.

- Wooden, John

Out of the strain of doing and into the peace of the done.

- Woodruff, Julia

It's your aptitude, not just your attitude that determines your ultimate altitude.

- Ziglar, Zig

Having once decided to achieve a certain task, achieve it at all costs of tedium and distaste. The gain in self confidence of having accomplished a tiresome labor is immense.

- Bennett, Thomas A.

Do not be desirous of having things done quickly. Do not look at small advantages. Desire to have things done quickly prevents their being done thoroughly. Looking at small advantages prevents great affairs from being accomplished.

- Confucius

It is easy to hate and it is difficult to love. This is how the whole scheme of things works. All good things are difficult to achieve; and bad things are very easy to get.

- Desai, Morarji

Somehow I can't believe that there are any heights that can't be scaled by a man who knows the secrets of making dreams come true. This special secret, it seems to me, can be summarized in four C s. They are curiosity, confidence, courage, and constancy, and the greatest of all is confidence. When you believe in a thing, believe in it all the way, implicitly and unquestionable.

- Disney, Walt

Every great achievement is the victory of a flaming heart.

- Emerson, Ralph Waldo

About the time we can make the ends meet, somebody moves the ends.

- Hoover, Herbert Clark

Tell the world who you are but donâ€™t use a word.

- Gil, Fausto

The secret of happiness is to admire without desiring.

- Bradley, Francis H.

To love is to admire with the heart; to admire is to love with the mind.

- Gautier, Theophile

You can tell more about a person by what he says about others than you can by what others say about him.

- Aikman, Leo

A bird doesn't sing because it has an answer, it sings because it has a song.

- Angelou, Maya

What really distinguishes this generation in all countries from earlier generations... is its determination to act, its joy in action, the assurance of being able to change things by one's own efforts.

- Arendt, Hannah

For the things we have to learn before we can do them, we learn by doing them.

- Aristotle

The only correct actions are those that demand no explanation and no apology.

- Auerbach, Red

Do every act of your life as if it were your last.

- Aurelius, Marcus

It is easy to sit up and take notice, What is difficult is getting up and taking action.

- Batt, Al

The secret of getting ahead is getting started.

- Berger, Sally

Think like a man of action, and act like a man of thought.

- Bergson, Henri L.

Do unto others as you would have others do unto you. [Matthew 7:12]

- Bible

But be doers of the word, and not hearers only, deceiving yourselves. [James 1:22]

- Bible

Action springs not from thought, but from a readiness for responsibility.

- Bonhoeffer, Dietrich

You must take action now that will move you towards your goals. Develop a sense of urgency in your life.

- Brown, Les

In every adversity there lies the seed of an equivalent advantage. In every defeat is a lesson showing you how to win the victory next time.

- Collier, Robert

What I am looking for is a blessing not in disguise.

- Collins, Kitty O'neill

Constant success shows us but one side of the world; adversity brings out the reverse of the picture.

- Colton, Charles Caleb

I bring to my life a certain amount of mess.

- Coppola, Francis Ford

In order for the light to shine so brightly, the darkness must be present.

- Devito, Danny

A wounded deer leaps the highest.

- Dickinson, Emily

Most of the shadows of this life are caused by standing in one's own sunshine

- Emerson, Ralph Waldo

To accuse others for one's own misfortunes is a sign of want of education. To accuse oneself shows that one's education has begun. To accuse neither oneself nor others shows that one's education is complete.

- Epictetus

He that can heroically endure adversity will bear prosperity with equal greatest of the soul; for the mind that cannot be dejected by the former is not likely to be transported without the latter.

- Fielding, Henry

Failure is success if we learn from it.

- Forbes, Malcolm S.

When things are bad, we take comfort in the thought that they could always get worse. And when they are, we find hope in the thought that things are so bad they have to get

better.

- Forbes, Malcolm S.

Life is a series of experiences, each one of which makes us bigger, even though sometimes it is hard to realize this. For the world was built to develop character, and we must learn that the setbacks and grieves which we endure help us in our marching onward.

- Ford, Henry

He who knows no hardships will know no hardihood. He who faces no calamity will need no courage. Mysterious though it is, the characteristics in human nature which we love best grow in a soil with a strong mixture of troubles.

- Fosdick, Harry Emerson

Suffering! We owe to it all that is good in us, all that gives value to life; we owe to it pity, we owe to it courage, we owe to it all the virtues.

- France, Anatole

I have often been downcast, but never in despair; I regard our hiding as a dangerous adventure, romantic and interesting at the same time. In my diary I treat all the privations as amusing. I have made up my mind now to lead a different life from other girls and, later on, different from ordinary housewives. My start has been so very full of interest, and that is the sole reason why I have to laugh at the humorous side of the most dangerous moments.

- Frank, Anne

Even if you fall on your face, you're still moving forward.

- Gallagher, Robert C.

Forget the times of your distress, but never forget what they taught you.

- Gesser

One may not reach the dawn save by the path of the night.

- Gibran, Kahlil

March on. Do not tarry. To go forward is to move toward perfection. March on, and fear not the thorns, or the sharp stones on life's path.

- Gibran, Kahlil

The greatest difficulties lie where we are not looking for them.

- Goethe, Johann Wolfgang Von

Never bear more than one kind of trouble at a time. Some people bear three kinds; all they have had, all they have now, and all they expect to have.

- Hale, Edward Everett

Sometimes your medicine bottle has on it, Shake well before using. That is what God has

to do with some of His people. He has to shake them well before they are ever usable.

- Havner, Vance

Prosperity is a great teacher; adversity is a greater. Possession pampers the mind; privation trains and strengthens it.

- Hazlitt, William

Every adversity, every failure, every heartache carries with it the seed of an equal or greater benefit.

- Hill, Napoleon

I love to see a young girl go out and grab the world by the lapels. Life's a bitch. You've got to go out and kick ass.

- Angelou, Maya

Too much agreement kills the chat.

- Cleaver, Eldridge

One can be very happy without demanding that others agree with them.

- Goethe, Johann Wolfgang Von

You may easily play a joke on a man who likes to argue -- agree with him.

- Howe, Edgar Watson

When we turn to one another for counsel we reduce the number of our enemies.

- Gibran, Kahlil

Verily the kindness that gazes upon itself in a mirror turns to stone, and a good deed that calls itself by tender names becomes the parent to a curse.

- Gibran, Kahlil

The significance of a man is not in what he attains, but rather what he longs to attain.

- Gibran, Kahlil

Doubt is a pain too lonely to know that faith is his twin brother.

- Gibran, Kahlil

To understand the heart and mind of a person, look not at what he has already achieved, but at what he aspires to do.

- Gibran, Kahlil

If the other person injures you, you may forget the injury; but if you injure him you will always remember.

- Gibran, Kahlil

Your friend is your needs answered.

- Gibran, Kahlil

Your friend is your field which you sow with love and reap with thanksgiving.

- Gibran, Kahlil

Let there be no purpose in friendship save the deepening of the spirit.

- Gibran, Kahlil

In the sweetness of friendship let there be laughter, and sharing of pleasures.

- Gibran, Kahlil

Friendship is always a sweet responsibility, never an opportunity.

- Gibran, Kahlil

Yesterday is but today's memory, and tomorrow is today's dream.

- Gibran, Kahlil

Generosity is giving more than you can, and pride is taking less than you need.

- Gibran, Kahlil

You give but little when you give of your possessions. It is when you give of yourself that you truly give.

- Gibran, Kahlil

The lights of stars that were extinguished ages ago still reaches us. So it is with great men who died centuries ago, but still reach us with the radiations of their personalities.

- Gibran, Kahlil

Tenderness and kindness are not signs of weakness and despair, but manifestations of strength and resolutions.

- Gibran, Kahlil

No man can reveal to you nothing but that which already lies half-asleep in the dawning of your knowledge.

- Gibran, Kahlil

A little knowledge that acts is worth infinitely more than much knowledge that is idle.

- Gibran, Kahlil

The chemist who can extract from his heart's elements, compassion, respect, longing, patience, regret, surprise, and forgiveness and compound them into one can create that atom which is called love.

- Gibran, Kahlil

Love gives naught but itself and takes naught but from itself. Love possesses not nor would it be possessed; For love is sufficient unto love.

- Gibran, Kahlil

Ever has it been that love knows not its own depth until the hour of separation.

- Gibran, Kahlil

I prefer to be a dreamer among the humblest, with visions to be realized, than lord among those without dreams and desires.

- Gibran, Kahlil

Money is like love; it kills slowly and painfully the one who withholds it, and enlivens the other who turns it on his fellow man.

- Gibran, Kahlil

Forget not that the earth delights to feel your bare feet and the winds long to play with your hair.

- Gibran, Kahlil

Your pain is the breaking of the shell that encloses your understanding.

- Gibran, Kahlil

Your hearts know in silence the secrets of the days and the nights.

- Gibran, Kahlil

Out of suffering have emerged the strongest souls; the most massive characters are seared with scars.

- Gibran, Kahlil

Beauty in not in the face; beauty is a light in the heart.

- Gibran, Kahlil

The teacher gives not of his wisdom, but rather of his faith and lovingness.

- Gibran, Kahlil

Keep me away from the wisdom which does not cry, the philosophy which does not laugh, and the greatness which does not bow before children.

- Gibran, Kahlil

You may give them your love but not your thoughts. For they have their own thoughts. You may house their bodies but not their souls, for their souls dwell in the house of tomorrow, which you cannot visit, not even in your dreams.

- Gibran, Kahlil

Yes, there is a Nirvanah; it is leading your sheep to a green pasture, and in putting your child to sleep, and in writing the last line of your poem.

- Gibran, Kahlil

Give and Take...

For to the bee a flower is a fountain if life

And to the flower a bee is a messenger of love

And to both, bee and flower,

the giving and the receiving is a need and an ecstasy.

- Kahlil Gibran

- Gibran, Kahlil

Teach only love for that is what you are.

- A Course In Miracles

Perception is a mirror not a fact. And what I look on is my state of mind, reflected outward.

- A Course In Miracles

This instant is the only time there is.

- A Course In Miracles

Seek not to change the world, but choose to change your mind about the world.

- A Course In Miracles

I can elect to change all thoughts that hurt.

- A Course In Miracles

All my life I have had a choice of hate and love. I chose love and I am here

- A.R. Rahman

Growth for the sake of growth is the ideology of the cancer cell.

- Abbey, Edward

Society is like a stew. If you don't stir it up every once in a while then a layer of scum floats to the top.

- Abbey, Edward

I worked very hard. I felt I could play the game. The only thing that could stop me was myself.

- Abbott, Jim

How do you know so much about everything? was asked of a very wise and intelligent man; and the answer was By never being afraid or ashamed to ask questions as to anything of which I was ignorant.

- Abbott, John

The highest qualities of character must be earned.

- Abbott, Lyman

A child is a beam of sunlight from the Infinite and Eternal, with possibilities of virtue and

vice- but as yet unstained.

- Abbott, Lyman

The most important thing about goals is having one.

- Abert, Geoffrey F.

Prosperity depends more on wanting what you have than having what you want.

- Abert, Geoffrey F.

When you take charge of your life, there is no longer need to ask permission of other people or society at large. When you ask permission, you give someone veto power over your life.

- Abert, Geoffrey F.

You people are telling me what you think I want to know. I want to know what is actually happening.

- Abrams, Creighton

Let them hate, so long as they fear.

- Accius

The best cure for hypochondria is to forget about your own body and get interested in someone else s.

- Ace, Goodman

The future comes one day at a time.

- Acheson, Dean

I don't want to get to the end of my life and find that I have just lived the length of it. I want to have lived the width of it as well.

- Ackerman, Diane

A poem records emotions and moods that lie beyond normal language, that can only be patched together and hinted at metaphorically.

- Ackerman, Diane

It began in mystery, and it will end in mystery, but what a savage and beautiful country lies in between.

- Ackerman, Diane

Learning is not attained by chance. It must be sought for with ardor and attended to with diligence.

- Adams, Abigail

Great necessities call out great virtues.

- Adams, Abigail

We have too many high-sounding words, and too few actions that correspond with them.

- Adams, Abigail

If perticuliar care and attention is not paid to the Laidies we are determined to foment a Rebelion, and will not hold ourselves bound by any Laws in which we have no voice, or Representation.

- Adams, Abigail

Thoughts are things; they have tremendous power. Thoughts of doubt and fear are pathways to failure. When you conquer negative attitudes of doubt and fear you conquer failure. Thoughts crystallize into habit and habit solidifies into circumstances.

- Adams, Bryan

He felt that his whole life was some kind of dream and he sometimes wondered whose it was and whether they were enjoying it.

- Adams, Douglas

The moment at which two people, approaching from opposite ends of a long passageway, recognize each other and immediately pretend they haven t. This is to avoid the ghastly embarrassment of having to continue recognizing each other the whole length of the corridor.

- Adams, Douglas

Flying is learning how to throw yourself at the ground and miss.

- Adams, Douglas

In the beginning the Universe was created. This has made a lot of people very angry and has been widely regarded as a bad move.

- Adams, Douglas

To give real service you must add something which cannot be bought or measured with money, and that is sincerity and integrity.

- Adams, Douglas

What to do if you find yourself stuck in a crack in the ground underneath a giant boulder you can't move, with no hope of rescue. Consider how lucky you are that life has been good to you so far. Alternatively, if life hasn't been good to you so far, which given your current circumstances seems more likely, consider how lucky you are that it won't be troubling you much longer.

- Adams, Douglas

A common mistake people make when trying to design something completely foolproof is to underestimate the ingenuity of complete fools.

- Adams, Douglas

Isnâ€™t it enough to see that a garden is beautiful without having to believe that there are fairies at the bottom of it too?

- Adams, Douglas

To summarize the summary, people are a problem.

- Adams, Douglas

Elections are won by men and women chiefly because most people vote against somebody rather than for somebody.

- Adams, Franklin P.

I find that a great part of the information I have, was acquired by looking up something and finding something else on the way.

- Adams, Franklin P.

Ninety-two percent of the stuff told you in confidence you couldn't get anyone else to listen to.

- Adams, Franklin P.

They know enough who know how to learn.

- Adams, Henry Brooks

One friend in a lifetime is much, two are many, three are hardly possible. Friendship

needs a certain parallelism of life, a community of thought, a rivalry of aim.

- Adams, Henry Brooks

The proper study of mankind is woman.

- Adams, Henry Brooks

No man likes to have his intelligence or good faith questioned, especially if he has doubts about it himself.

- Adams, Henry Brooks

Chaos often breeds life, when order breeds habit.

- Adams, Henry Brooks

It is impossible to underrate human intelligence -- beginning with one's own.

- Adams, Henry Brooks

Accident counts for as much in companionship as in marriage.

- Adams, Henry Brooks

A teacher affects eternity; he can never tell where his influence stops.

- Adams, Henry Brooks

No man means all he says, and yet very few say all they mean, for words are slippery and

thought is viscous.

- Adams, Henry Brooks

There is so much good in the worst of us, and so much bad in the best of us, that it ill behooves any of us to find fault with the rest of us.

- Adams, James Truslow

The freedom now desired by many is not freedom to do and dare but freedom from care and worry.

- Adams, James Truslow

It may be that without a vision men shall die. It is no less true that, without hard practical sense, they shall also die. Without Jefferson the new nation might have lost its soul. Without Hamilton it would assuredly have been killed in body.

- Adams, James Truslow

As we look over the list of the early leaders of the republic, Washington, John Adams, Hamilton, and others, we discern that they were all men who insisted upon being themselves and who refused to truckle to the people. With each succeeding generation, the growing demand of the people that its elective officials shall not lead but merely register the popular will has steadily undermined the independence of those who derive their power from popular election. The persistent refusal of the Adamses to sacrifice the integrity of their own intellectual and moral standards and values for the sake of winning public office or popular favor is another of the measuring rods by which we may measure

the divergence of American life from its starting point.

- Adams, James Truslow

A desire to be observed, considered, esteemed, praised, beloved, and admired by his fellows is one of the earliest as well as the keenest dispositions discovered in the heart of man.

- Adams, John

There are two educations. One should teach us how to make a living and the other how to live.

- Adams, John

Patience and perseverance have a magical effect before which difficulties disappear and obstacles vanish.

- Adams, John Quincy

Always vote for principle, though you may vote alone, and you may cherish the sweetest reflection that your vote is never lost.

- Adams, John Quincy

Courage and perseverance have a magical talisman, before which difficulties disappear and obstacles vanish into air.

- Adams, John Quincy

Of all the foundations of establishments for pious or charitable uses, which ever signalized the spirit of the age, or the comprehensive beneficence of the founder, none can be named more deserving of the approbation of mankind than this. Should it be faithfully carried into effect, with an earnestness and sagacity of application, and a steady perseverance of pursuit, proportioned to the means furnished by the will of the founder, and to the greatness and simplicity of his design as by himself declared, the increase and diffusion of knowledge among men, it is no extravagance of anticipation to declare, that his name will be hereafter enrolled among the eminent benefactors of mankind. Whoever increases his knowledge, multiplies the uses to which he is enabled to turn the gift of his Creator.

- Adams, John Quincy

What sculpture is to a block of marble, education is to an human soul.

- Addison, Joseph

Certain is it that there is no kind of affection so purely angelic as of a father to a daughter. In love to our wives there is desire; to our sons, ambition; but to our daughters there is something which there are no words to express.

- Addison, Joseph

Our friends don't see our faults, or conceal them, or soften them.

- Addison, Joseph

Friendship improves happiness, and abates misery, by doubling our joys, and dividing our grief.

- Addison, Joseph

A man should always consider how much he has more than he wants...

- Addison, Joseph

I have somewhere met with the epitaph on a charitable man which has pleased me very much. I cannot recollect the words, but here is the sense of it: What I spent I lost; what I possessed is left to others; what I gave away remains with me.

- Addison, Joseph

Many persons have a wrong idea of what constitutes true happiness. It is not attained through self-gratification but through fidelity to a worthy purpose.

- Addison, Joseph

True happiness arises, in the first place, from the enjoyment of one's self, and in the next, from the friendship and conversation of a few select companions.

- Addison, Joseph

Three grand essentials to happiness in this life are something to do, something to love, and something to hope for.

- Addison, Joseph

If we hope for what we are not likely to possess, we act and think in vain, and make life a greater dream and shadow than it really is.

- Addison, Joseph

Stay is a charming word in a friend's vocabulary.

- Alcott, Louisa May

Life is my college. May I graduate well, and earn some honors.

- Alcott, Louisa May

Debate is masculine, conversation is feminine.

- Alcott, Amos Bronson

Thought means life, since those who do not think so do not live in any high or real sense. Thinking makes the man.

- Alcott, Amos Bronson

Conceit spoils the finest genius. There is not much danger that real talent or goodness will be overlooked long; even if it is, the consciousness of possessing and using it well should satisfy one, and the great charm of all power is modesty.

- Alcott, Louisa May

Happy is the son whose faith in his mother remains unchallenged.

- Alcott, Louisa May

Love is a great beautifier.

- Alcott, Louisa May

The less routine the more life.

- Alcott, Amos Bronson

Where there is a mother in the home, matters go well.

- Alcott, Amos Bronson

One must be a wise reader to quote wisely and well.

- Alcott, Amos Bronson

Success is sweet and sweeter if long delayed and gotten through many struggles and defeats.

- Alcott, Amos Bronson

We climb to heaven most often on the ruins of our cherished plans, finding our failures were successes.

- Alcott, Amos Bronson

Strengthen me by sympathizing with my strength, not my weakness.

- Alcott, Amos Bronson

Mirth is like a flash of lightning, that breaks through a gloom of clouds, and glitters for a moment; cheerfulness keeps up a kind of daylight in the mind, and fills it with a steady and perpetual serenity.

- Addison, Joseph

Knowledge is that which, next to virtue, truly raises one person above another.

- Addison, Joseph

What sunshine is to flowers, smiles are to humanity. These are but trifles, to be sure; but, scattered along life's pathway, the good they do is inconceivable.

- Addison, Joseph

Men may change their climate, but they cannot change their nature. A man that goes out a fool cannot ride or sail himself into common sense.

- Addison, Joseph

An ostentatious man will rather relate a blunder or an absurdity he has committed, than be debarred from talking of his own dear person.

- Addison, Joseph

Our real blessings often appear to us in the shape of pains, losses and disappointments; but let us have patience and we soon shall see them in their proper figures.

- Addison, Joseph

A friend who is near and dear may in time become as useless as a relative.

- Ade, George

Do unto yourself as your neighbors do unto themselves and look pleasant.

- Ade, George

A thick skin is a gift from God.

- Adenauer, Konrad

Exaggerated sensitiveness is an expression of the feeling of inferiority.

- Adler, Alfred

The feeling of inferiority rules the mental life and can be clearly recognized in the sense of incompleteness and unfulfillment, and in the uninterrupted struggle both of individuals and humanity.

- Adler, Alfred

Man knows more than he understands.

- Adler, Alfred

There is a law that man should love his neighbor as himself. In a few hundred years it should be as natural to mankind as breathing or the upright gait; but if he does not learn it he must perish.

- Adler, Alfred

The chief danger in life is that you may take too many precautions.

- Adler, Alfred

It is easy when we are in prosperity to give advice to the afflicted.

- Aeschylus

He who learns must suffer. And even in our sleep - pain that cannot forget; Falls drop by drop upon the heart, And in our own despite, against our will, Comes wisdom to us by the awful grace of God.

- Aeschylus

Call no man happy till he is dead.

- Aeschylus

It is always in season for old men to learn.

- Aeschylus

There is no sickness worse for me than words that to be kind must lie.

- Aeschylus

Memory is the mother of all wisdom.

- Aeschylus

God loves to help him who strives to help himself.

- Aeschylus

Wisdom comes alone through suffering.

- Aeschylus

It is in the character of very few men to honor without envy a friend who has prospered.

- Aeschylus

In every tyrant's heart there springs in the end this poison, that he cannot trust a friend.

- Aeschylus

When a man's willing and eager the god's join in.

- Aeschylus

The reward of suffering is experience.

- Aeschylus

I pray for no more youth To perish before its prime That Revenge and iron-heated War May fade with all that has gone before Into the night of time.

- Aeschylus

Drop, dropin our sleep, upon the heartsorrow falls, memorys pain,and to us, though against our very will,even in our own despite,comes wisdomby the awful grace of God.

- Aeschylus

Never trust the advice of a man in difficulties.

- Aesop

He that is discontented in one place will seldom be content in another.

- Aesop

We often give our enemies the means for our own destruction.

- Aesop

There once was a Bald Man who sat down after work on a hot summer's day. A Fly came up and kept buzzing about his bald pate, and stinging him from time to time. The Man aimed a blow at his little enemy, but - whack - his palm come on his own head instead; again the Fly tormented him, but this time the Man was wiser and said: YOU WILL ONLY INJURE YOURSELF IF YOU TAKE NOTICE OF DISPICABLE ENEMIES.

- Aesop

Example is the best precept.

- Aesop

Don't count your chickens before they are hatched.

- Aesop

A farmer who had a quarrelsome family called his sons and told them to lay a bunch of sticks before him. Then, after laying the sticks parallel to one another and binding them, he challenged his sons, one after one, to pick up the bundle and break it. They all tried, but in vain. Then, untying the bundle, he gave them the sticks to break one by one. This they did with the greatest ease. Then said the father, Thus, my sons, as long as you remain united, you are a match for anything, but differ and separate, and you are undone.

- Aesop

No act of kindness, no matter how small, is ever wasted.

- Aesop

Appearances are deceptive.

- Aesop

Outside show is a poor substitute for inner worth.

- Aesop

We should look to the mind, and not to the outward appearance.

- Aesop

The unhappy derive comfort from the misfortunes of others.

- Aesop

Slow and steady wins the race.

- Aesop

It is easy to be brave when far away from danger.

- Aesop

Little by little does the trick.

- Aesop

In union there is strength.

- Aesop

We would often be sorry if our wishes were granted.

- Aesop

The little reed, bending to the force of the wind, soon stood upright again when the storm had passed over.

- Aesop

Men often bear little grievances with less courage than they do large misfortunes.

- Aesop

Affairs are easier of entrance than of exit; and it is but common prudence to see our way out before we venture in.

- Aesop

True wisdom is less presuming than folly. The wise man doubteth often, and changeth his mind; the fool is obstinate, and doubteth not; he knoweth all things but his own ignorance.

- Akhenaton

As the ostrich when pursued hideth his head, but forgetteth his body; so the fears of a coward expose him to danger.

- Akhenaton

Say not that honor is the child of boldness, nor believe thou that the hazard of life alone can pay the price of it: it is not to the action that it is due, but to the manner of performing it.

- Akhenaton

Indulge not thyself in the passion of anger; it is whetting a sword to wound thine own breast, or murder thy friend.

- Akhenaton

Honor is the inner garment of the Soul; the first thing put on by it with the flesh, and the last it layeth down at its separation from it.

- Akhenaton

Be thou incapable of change in that which is right, and men will rely upon thee. Establish unto thyself principles of action; and see that thou ever act according to them. First know that thy principles are just, and then be thou

- Akhenaton

As a rock on the seashore he standeth firm, and the dashing of the waves disturbeth him not. He raiseth his head like a tower on a hill, and the arrows of fortune drop at his feet. In the instant of danger, the courage of his heart here, and scorn to fly.

- Akhenaton

The flower of kindness will grow. Maybe not now, but it will some day. And in kind that kindness will flow, For kindness grows in this way.

- Alan, Robert

The good deed you do today For a brother or sister in need Will come back to you some day For humanity's a circle in deed.

- Alan, Robert

Sometimes just a smile on our face can help to make this world a better place. Stand up for the things that are right. Try to talk things out instead of fight. Lend a hand when you can, get involved this is good. You can help to make a difference in your neighborhood.

- Alan, Robert

The rain may be falling hard outside, But your smile makes it all alright. I'm so gland that you're my friend. I know our friendship will never end.

- Alan, Robert

A man can do all things if he but wills them.

- Alberti, Leon Battista

The typical human life seems to be quite unplanned, undirected, unlived, and unsavored. Only those who consciously think about the adventure of living as a matter of making choices among options, which they have found for themselves, ever establish real self-control and live their lives fully.

- Albrecht, Karl

If you're not serving the customer, you'd better be serving someone who is.

- Albrecht, Karl

While one finds company in himself and his pursuits, he cannot feel old, no matter what his years may be.

- Alcott, Amos Bronson

The surest sign of age is loneliness.

- Alcott, Amos Bronson

Our friends interpret the world and ourselves to us, if we take them tenderly and truly.

- Alcott, Amos Bronson

What do girls do who haven't any mothers to help them through their troubles?

- Alcott, Louisa May

Let my name stand among those who are willing to bear ridicule and reproach for the truth's sake, and so earn some right to rejoice when the victory is won.

- Alcott, Louisa May

A little kingdom I possess, where thoughts and feelings dwell; And very hard the task I find of governing it well.

- Alcott, Louisa May

Far away there in the sunshine are my highest aspirations. I may not reach them, but I can look up and see their beauty, believe in them, and try to follow where they lead.

- Alcott, Louisa May

I'm not afraid of storms, for I'm learning to sail my ship.

- Alcott, Louisa May

Be brave enough to live creatively. The creative is the place where no one else has ever been. You have to leave the city of your comfort and go into the wilderness of your intuition. You cannot get there by bus, only by hard work, risking and by not quite knowing what you are doing. What you will discover will be wonderful; yourself.

- Alda, Alan

You have to leave the city of your comfort and go into the wilderness of your intuition. What you'll discover will be wonderful. What you'll discover is yourself.

- Alda, Alan

To keep the heart unwrinkled, to be hopeful, kindly, cheerful, reverent that is to triumph over old age.

- Aldrich, Thomas B.

They fail, and they alone, who have not striven.

- Aldrich, Thomas B.

Gracious to all, to none subservient, Without offense he spoke the word he meant.

- Aldrich, Thomas B.

No matter how bad things get you got to go on living, even if it kills you.

- Aleichem, Sholom

In faith and hope the world will disagree, But all mankind's concern is charity.

- Alexander The Great

There is nothing impossible to him who will try.

- Alexander The Great

All good is hard. All evil is easy. Dying, losing, cheating, and mediocrity is easy. Stay away from easy.

- Alexander, Scott

The best way to make happy money is to make money your hobby and not your god.

- Alexander, Scott

Understand that most problems are a good sign. Problems indicate that progress is being made, wheels are turning, you are moving toward your goals. Beware when you have no

problems. Then you've really got a problem... Problems are like landmarks of progress.

- Alexander, Scott

We give advice by the bucket, but take it by the grain.

- Alger, William R.

Proverbs are mental gems gathered in the diamond fields of the mind.

- Alger, William R.

The wealth of a soul is measured by how much it can feel; its poverty by how little.

- Alger, William R.

What is the highest secret to victory and peace? To will what God wills, and strike a league with destiny.

- Alger, William R.

Words of love, are works of love.

- Alger, William R.

The Impossible Generalized Man today is the critic who believes in loving those unworthy of love as well as those worthy --yet believes this only insofar as no personal risk is entailed. Meaning he loves no one, worthy or no. This is what makes him impossible.

- Algren, Nelson

Age is whatever you think it is. You are as old as you think you are.

- Ali, Muhammad

Only a man who knows what it is like to be defeated can reach down to the bottom of his soul and come up with the extra ounce of power it takes to win when the match is even.

- Ali, Muhammad

I am the greatest, I said that even before I knew I was.

- Ali, Muhammad

The man who has no imagination has no wings.

- Ali, Muhammad

He who is not courageous enough to take risks will accomplish nothing in life.

- Ali, Muhammad

Float like a butterfly, sting like a bee.

- Ali, Muhammad

I hated every minute of training, but I said, Don't quit. Suffer now and live the rest of your life as a champion.

- Ali, Muhammad

Champions aren't made in the gyms. Champions are made from something they have deep inside them -- a desire, a dream, a vision.

- Ali, Muhammad

Power is not only what you have but what the enemy thinks you have.

- Alinsky, Saul

Change means movement. Movement means friction. Only in the frictionless vacuum of a nonexistent abstract world can movement or change occur without that abrasive friction of conflict.

- Alinsky, Saul

Loneliness is not a lack of relationships with others, but a lack of compatibility.

- Alireza

Some people reach a point in life when they look forward to their own death without waiting for it.

- Alireza

Sometimes life is like painting in the rain.

- Alireza

I like long walks, especially when they are taken by people who annoy me.

- Allen, Fred A.

A celebrity is a person who works hard all of their life to become well known, and then wears dark glasses to avoid being recognized.

- Allen, Fred A.

I don't have to look up my family tree, because I know that I'm the sap.

- Allen, Fred A.

I always have trouble remembering three things: faces, names, and -- I can't remember what the third thing is.

- Allen, Fred A.

Some movie stars wear their sunglasses even in church. They're afraid God might recognize them and ask for autographs.

- Allen, Fred A.

Most of us spend the first six days of each week sowing wild oats; then we go to church on Sunday and pray for a crop failure.

- Allen, Fred A.

The first time I sang in the church choir; two hundred people changed their religion.

- Allen, Fred A.

It is probably not love that makes the world go around, but rather those mutually supportive alliances through which partners recognize their dependence on each other for the achievement of shared and private goals.

- Allen, Fred A.

The tougher the job, the greater the reward.

- Allen, George

Persevere and get it done.

- Allen, George

One of the most difficult things everyone has to learn is that for your entire life you must keep fighting and adjusting if you hope to survive. No matter who you are or what your position is you must keep fighting for whatever it is you desire to achieve.

- Allen, George

Every day you waste is one you can never make up.

- Allen, George

To desire is to obtain; to aspire is to achieve.

- Allen, James

In all human affairs there are efforts, and there are results, and the strength of effort is the measure of the results.

- Allen, James

Dream lofty dreams, and as you dream, so shall you become. Your vision is the promise of what you shall one day be; your ideal is the prophecy of what you shall at last unveil.

- Allen, James

A man is not rightly conditioned until he is a happy, healthy, and prosperous being; and happiness, health, and prosperity are the result of a harmonious adjustment of the inner with the outer of the man with his surroundings.

- Allen, James

To begin to think with purpose, is to enter the ranks of those strong ones who only recognize failure as one of the pathways to attainment.

- Allen, James

You will become as small as your controlling desire; as great as your dominant aspiration.

- Allen, James

You will never do anything in this world without courage. It is the greatest quality of the mind next to honor.

- Allen, James

Cherish your visions; cherish your ideals; cherish the music that stirs in your heart, the beauty that forms in your mind, the loveliness that drapes your purest thoughts, for out of them will grow delightful conditions, all heavenly environment; of these if you but remain true to them, your world will at last be built.

- Allen, James

If you real desire is to be good, there is no need to wait for the money before you do it; you can do it now, this very moment, and just where you are.

- Allen, James

Let there be nothing within thee that is not very beautiful and very gentle, and there will be nothing without thee that is not beautiful and softened by the spell of thy presence.

- Allen, James

A man should conceive of a legitimate purpose in his heart, and set out to accomplish it. He should make this purpose the centralizing point of his thoughts. It may take the form of a spiritual ideal, or it may be a worldly object, according to his nature at the time being; but whichever it is, he should steadily focus his thought forces upon the object which he has set before him. He should make this purpose his supreme duty, and should devote himself to its attainment, not allowing his thoughts to wander away into ephemeral fancies, longings, and imaginings. This is the royal road to self-control and true concentration of thought. Even if he fails again and again to accomplish his purpose (as

he necessarily must until weakness is overcome), the strength of character gained will be the measure of his true success, and this will form a new starting point for future power and triumph.

- Allen, James

Above all be of single aim; have a legitimate and useful purpose, and devote yourself unreservedly to it.

- Allen, James

To put away aimlessness and weakness, and to begin to think with purpose, is to enter the ranks of those strong ones who only recognize failure as one of the pathways to attainment; who make all conditions serve them, and who think strongly, attempt fearlessly, and accomplish masterfully.

- Allen, James

Men are anxious to improve their circumstances, but are unwilling to improve themselves; they therefore remain bound.

- Allen, James

He who would accomplish little must sacrifice little; he who would achieve much must sacrifice much; he who would attain highly must sacrifice greatly.

- Allen, James

He who would be useful, strong, and happy must cease to be a passive receptacle for the

negative, beggarly, and impure streams of thought; and as a wise householder commands his servants and invites his guests, so must he learn to command his desires and to say, with authority, what thoughts he shall admit into the mansion of his soul.

- Allen, James

For true success ask yourself these four questions: Why? Why not? Why not me? Why not now?

- Allen, James

The will to do springs from the knowledge that we can do.

- Allen, James

A man is literally what he thinks

- Allen, James

All that you accomplish or fail to accomplish with your life is the direct result of your thoughts.

- Allen, James

The more tranquil a man becomes, the greater is his success, his influence, his power for good. Calmness of mind is one of the beautiful jewels of wisdom.

- Allen, James

Man is made or unmade by himself. By the right choice he ascends. As a being of power, intelligence, and love, and the lord of his own thoughts, he holds the key to every situation.

- Allen, James

Circumstances do not make the man, they reveal him.

- Allen, James

No temptation can gravitate to a man unless there is that is his heart which is capable of responding to it

- Allen, James

Whether you be man or woman you will never do anything in this world without courage. It is the greatest quality of the mind next to honor.

- Allen, James

Yes, there are times when something is legitimately not our fault. Blaming others, however, keeps us in a stuck state and is ultimately rough on our own self-esteem.

- Allenbaugh, Eric

Painful as it may be, a significant emotional event can be the catalyst for choosing a direction that serves us--and those around us -- more effectively. Look for the learning.

- Allenbaugh, Eric

Every choice moves us closer to or farther away from something. Where are your choices taking your life? What do your behaviors demonstrate that you are saying yes or no to in life?

- Allenbaugh, Eric

Bullets cannot be recalled. They cannot be uninvented. But they can be taken out of the gun.

- Amis, Martin

Every man is his own chief enemy.

- Anacharsis

Changing our diet is something we choose to do, not something we are forced to do. Instead of dreading it, try saying, Here's another thing I get to do to help myself. Great!

- Anderson, Greg

You can't expect to prevent negative feelings altogether. And you can't expect to experience positive feelings all the time. The Law of Emotional Choice directs us to acknowledge our feelings but also to refuse to get stuck in the negative ones.

- Anderson, Greg

... focus on the journey, not the destination. Joy is found not in finishing an activity but in

doing it.

- Anderson, Greg

Let us be about setting high standards for life, love, creativity, and wisdom. If our expectations in these areas are low, we are not likely to experience wellness. Setting high standards makes every day and every decade worth looking forward to.

- Anderson, Greg

When we are motivated by goals that have deep meaning, by dreams that need completion, by pure love that needs expressing, then we truly live life.

- Anderson, Greg

Only one thing has to change for us to know happiness in our lives: where we focus our attention.

- Anderson, Greg

The concept of total wellness recognizes that our every thought, word, and behavior affects our greater health and well-being. And we, in turn, are affected not only emotionally but also physically and spiritually.

- Anderson, Greg

The perfect no-stress environment is the grave. When we change our perception we gain control. The stress becomes a challenge, not a threat. When we commit to action, to actually doing something rather than feeling trapped by events, the stress in our life

becomes manageable.

- Anderson, Greg

When we blame, we give away our power.

- Anderson, Greg

Stop the mindless wishing that things would be different. Rather than wasting time and emotional and spiritual energy in explaining why we don't have what we want, we can start to pursue other ways to get it.

- Anderson, Greg

Although our inattention can contribute to our lack of total well-being, we also have the power to choose positive behaviors and responses. In that choice we change our every experience of life!

- Anderson, Greg

The Law of Win/Win says, Let's not do it your way or my way; let's do it the best way.

- Anderson, Greg

Fear is a disease that eats away at logic and makes man inhuman.

- Anderson, Marian

As long as you keep a person down, some part of you has to be down there to hold him

down, so it means you cannot soar as you otherwise might.

- Anderson, Marian

Some people regard discipline as a chore. For me, it is a kind of order that sets me free to fly.

- Andrews, Julie

Difficult times always create opportunities for you to experience more love in your life.

- Angelis, Barbara De

The greatest gift you and your partner can give your children is the example of an intimate, healthy, and loving relationship.

- Angelis, Barbara De

Only when your consciousness is totally focused on the moment you are in can you receive whatever gift, lesson, or delight that moment has to offer.

- Angelis, Barbara De

No matter what age you are, or what your circumstances might be, you are special, and you still have something unique to offer. Your life, because of who you are, has meaning.

- Angelis, Barbara De

No one is in control of your happiness but you; therefore, you have the power to change

anything about yourself or your life that you want to change.

- Angelis, Barbara De

Love and kindness are never wasted. They always make a difference. They bless the one who receives them, and they bless you, the giver.

- Angelis, Barbara De

The more anger towards the past you carry in your heart, the less capable you are of loving in the present.

- Angelis, Barbara De

The more connections you and your lover make, not just between your bodies, but between your minds, your hearts, and your souls, the more you will strengthen the fabric of your relationship, and the more real moments you will experience together.

- Angelis, Barbara De

Love is a force more formidable than any other. It is invisible -- it cannot be seen or measured, yet it is powerful enough to transform you in a moment, and offer you more joy than any material possession could.

- Angelis, Barbara De

Love's greatest gift is its ability to make everything it touches sacred.

- Angelis, Barbara De

Marriage is not a noun; it's a verb. It isn't something you get. It's something you do. It's the way you love your partner every day.

- Angelis, Barbara De

The real act of marriage takes place in the heart, not in the ballroom or church or synagogue. It's a choice you make -- not just on your wedding day, but over and over again -- and that choice is reflected in the way you treat your husband or wife.

- Angelis, Barbara De

Men aren't the way they are because they want to drive women crazy; they've been trained to be that way for thousands of years. And that training makes it very difficult for men to be intimate.

- Angelis, Barbara De

A man's brain has a more difficult time shifting from thinking to feeling than a women's brain does.

- Angelis, Barbara De

You can't ask for what you want unless you know what it is. A lot of people don't know what they want or they want much less than they deserve. First you have figure out what you want. Second, you have to decide that you deserve it. Third, you have to believe you can get it. And, fourth, you have to have the guts to ask for it.

- Angelis, Barbara De

What allows us, as human beings, to psychologically survive life on earth, with all of its pain, drama, and challenges, is a sense of purpose and meaning

- Angelis, Barbara De

If you aren't good at loving yourself, you will have a difficult time loving anyone, since you'll resent the time and energy you give another person that you aren't even giving to yourself.

- Angelis, Barbara De

You don't develop courage by being happy in your relationships everyday. You develop it by surviving difficult times and challenging adversity.

- Angelis, Barbara De

We need to find the courage to say NO to the things and people that are not serving us if we want to rediscover ourselves and live our lives with authenticity.

- Angelis, Barbara De

We may encounter many defeats but we must not be defeated.

- Angelou, Maya

I find it interesting that the meanest life, the poorest existence, is attributed to God's will, but as human beings become more affluent, as their living standard and style begin to

ascend the material scale, God descends the scale of responsibility at a commensurate speed.

- Angelou, Maya

My great hope is to laugh as much as I cry; to get my work done and try to love somebody and have the courage to accept the love in return.

- Angelou, Maya

We allow our ignorance to prevail upon us and make us think we can survive alone, alone in patches, alone in groups, alone in races, even alone in genders.

- Angelou, Maya

Life loves to be taken by the lapel and told: I'm with you kid. Let's go.

- Angelou, Maya

If you have only one smile in you, give it to the people you love. Don't be surly at home, then go out in the street and start grinning Good morning at total strangers.

- Angelou, Maya

The quality of strength lined with tenderness is an unbeatable combination, as are intelligence and necessity when unblunted by formal education.

- Angelou, Maya

Of all the needs (there are none imaginary) a lonely child has, the one that must be satisfied, if there is going to be hope and a hope of wholeness, is the unshaken need for an unshakable God.

- Angelou, Maya

Children's talent to endure stems from their ignorance of alternatives.

- Angelou, Maya

Since time is the one immaterial object which we cannot influence -- neither speed up nor slow down, add to nor diminish -- it is an imponderably valuable gift. Each of us has a few minutes a day or a few hours a week which we could donate to an old folks home or a children's hospital ward. The elderly whose pillows we plump or whose water pitchers we refill may or may not thank us for our gift, but the gift is upholding the foundation of the universe.

- Angelou, Maya

I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.

- Angelou, Maya

They mustn't know my despair, I can't let them see the wounds which they have caused, I couldn't bear their sympathy and their kind-hearted jokes, it would only make me want to scream all the more. If I talk, everyone thinks I'm showing off; when I'm silent they think I'm ridiculous; rude if I answer, sly if I get a good idea, lazy if I'm tired, selfish if I eat a

mouthful more than I should, stupid, cowardly, crafty, etc. etc.

- Frank, Anne

In the life of children there are two very clear-cut phases, before and after puberty. Before puberty the child's personality has not yet formed and it is easier to guide its life and make it acquire specific habits of order, discipline, and work: after puberty the personality develops impetuously and all extraneous intervention becomes odious, tyrannical, insufferable. Now it so happens that parents feel the responsibility towards their children precisely during this second period, when it is too late: then of course the stick and violence enter the scene and yield very few results indeed. Why not instead take an interest in the child during the first period?

- Gramsci, Antonio

Boys will be boys. And even that wouldn't matter if only we could prevent girls from being girls.

- Hawkins, Anthony Hope

Teenage boys, goaded by their surging hormones run in packs like the primal horde. They have only a brief season of exhilarating liberty between control by their mothers and control by their wives.

- Paglia, Camille

If it were not for conflict, we would have no need for dreams

- Blum, Donald

Beyond the limits of our ephemeral vision lies the key to our eternal gifts

- Blum, Donald

As children mature into young adults they slowly realize that the Gods of their youth were merely well intentioned but flawed people.

- Blum, Donald

A boy becomes an adult three years before his parents think he does, and about two years after he thinks he does.

- Hershey, Lewis B

A child becomes an adult when he realizes that he has a right not only to be right but also to be wrong.

- Szasz, Thomas

Grown up, and that is a terribly hard thing to do. It is much easier to skip it and go from one childhood to another.

- Unknown, Source

In my room as a kid... I'd play a fighter and get knocked to the floor and come back to win.

- Hoffman, Dustin

Show me someone who has done something worthwhile, and I'll show you someone who has overcome adversity.

- Holtz, Lou

Be still my heart; thou hast known worse than this.

- Homer

As a rule, adversity reveals genius and prosperity hides it.

- Horace

Adversity has the effect of eliciting talents, which in prosperous circumstances would have lain dormant.

- Horace

The harder you fall, the higher you bounce.

- Horton, Doug

Adversity makes men, and prosperity makes monsters.

- Hugo, Victor

Little minds are tamed and subdued by misfortune; but great minds rise above them.

- Irving, Washington

There is in every woman's heart a spark of heavenly fire which lies dormant in the broad daylight of prosperity, but which kindles up and beams and blazes in the dark hour of adversity.

- Irving, Washington

Acceptance of what has happened is the first step to overcoming the consequences of any misfortune.

- James, William

If the career you have chosen has some unexpected inconvenience, console yourself by reflecting that no career is without them.

- Johnson

Things don't go wrong and break your heart so you can become bitter and give up. They happen to break you down and build you up so you can be all that you were intended to be.

- Jones, Charles "Tremendous"

He knows not his own strength that hath not met adversity

- Jonson, Ben

We deem those happy who from the experience of life have learnt to bear its ills without being overcome by them.

- Jung, Carl

Do you not see how necessary a world of pains and troubles is to school an intelligence and make it a soul?

- Keats, John

Adversities do not make a man frail. They show what sort of man he is.

- Kempis, Thomas

Birds sing after a storm; why shouldn't people feel as free to delight in whatever remains to them?

- Kennedy, Rose F.

The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy.

- King Jr. Martin Luther

Mishaps are like knives, that either serve us or cut us, as we grasp them by the blade or by the handle.

- Lowell, James Russell

God left the world unfinished for man to work his skill upon. He left the electricity still in the cloud, the oil still in the earth. How often we look upon God as our last and feeblest resource! We go to Him because we have nowhere else to go. And then we learn that the

storms of life have driven us, not upon the rocks, but into the desired haven.

- Macdonald, George

Usually when people are sad, they don't do anything. They just cry over their condition. But when they get angry, they bring about a change.

- Malcolm X

You may live in an imperfect world but the frontiers are not closed and the doors are not all shut.

- Maltz, Maxwell

For the cause that lacks assistance, The wrong that needs resistance, For the future in the distance, And the good that I can do.

- Banks, George Linnaeus

The truest help we can render an afflicted man is not to take his burden from him, but to call out his best energy, that he may be able to bear the burden.

- Brooks, Phillips

When a person is down in the world, an ounce of help is better than a pound of preaching.

- Bulwer-Lytton, Edward G.

Never stand begging for that which you have the power to earn.

- Cervantes, Miguel De

One reason I don't drink is that I want to know when I am having a good time.

- Astor, Lady Nancy

Great minds discuss ideas; average minds discuss events; small minds discuss people.

- Roosevelt, Eleanor

- Roosevelt, Eleanor

The world is round and the place which may seem like the end may also be only the beginning.

- Baker, Ivy

Though no one can go back and make a brand new start, anyone can start from now and make a brand new ending.

- Bard, Carl

A hard beginning maketh a good ending.

- Heywood, John

A journey of a thousand miles begins with a single step.

- Lao-Tzu

The beginning is the half of every action.

- Proverb, Greek

Every exit is an entry somewhere else.

- Stoppard, Tom

Every beginning is a consequence. Every beginning ends something.

- Unknown, Source

More powerful than the will to win is the courage to begin.

- Unknown, Source

A fairly bright boy is far more intelligent and far better company than the average adult.

- Haldane, John B. S.

What money is better bestowed than that of a schoolboy's tip? How the kindness is recalled by the recipient in after days! It blesses him that gives and him that takes.

- Thackeray, William M.

Great things are done when men and mountains meet. This is not done by jostling in the street.

- Blake, William

When you've got something to prove, there's nothing greater than a challenge.

- Bradshaw, Terry

We only think when we are confronted with problems.

- Dewey, John

Only man clogs his happiness with care, destroying what is, with thoughts of what may be.

- Dryden, John

Anxiety is the poison of human life; the parent of many sins and of more miseries. In a world where everything is doubtful, and where we may be disappointed, and be blessed in disappointment, why this restless stir and commotion of mind? Can it alter the cause, or unravel the mystery of human events?

- Edwards, Tryon

Some of your grief you have cured, and lived to survive; but what torments of pain have you endured that haven't as yet arrived.

- Emerson, Ralph Waldo

Do not anticipate trouble, or worry about what may never happen. Keep in the sunlight.

- Franklin, Benjamin

You know, a long time ago being crazy meant something. Nowadays everybody's crazy.

- Manson, Charles

In every phenomenon the beginning remains always the most notable moment.

- Carlyle, Thomas

Mistakes are the usual bridge between inexperience and wisdom.

- Therous, Phyllis

Once we realize that imperfect understanding is the human condition, there is no shame in being wrong, only in failing to correct our mistakes.

- Soros, George

A man who cannot make mistakes cannot do anything.

- Magazine, Bernard

To live a creative life, we must lose our fear of being wrong.

- Pearce, Joseph Chilton

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