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Quotes by Williams, A.L.

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I don't believe people die from hard work. They die from stress and worry and fear -- the negative emotions. Those are the killers, not hard work. The fact is, in our society today, most people don't understand what hard work is all about.

- Williams, A.L.

You can give in to the failure messages and be a bitter deadbeat of excuses. Or you can choose to be happy and positive and excited about life.

- Williams, A.L.



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