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Quotes by Biondi, Matt

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Matthew ("Matt") Nicholas Biondi (born October 8, 1965 in Palo Alto). was a three-time U.S. Olympic swimmer in the 1984, 1988, and 1992 Summer Olympics, winning a total of 11 medals. In the 1988 Summer Olympics, Biondi tied Mark Spitz as the only two swimmers to win seven medals in one Games - at that time - with five golds, setting world records in four of those events.

Enjoy the journey, enjoy ever moment, and quit worrying about winning and losing.

- Biondi, Matt



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