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Quotes by Sheehy, Gail

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Gail Sheehy is an American writer and lecturer, most notable for her books on life and the life cycle. Her second book, *Passages*, has been called "a road map of adult life". Several of her books continue the theme of passages through life's stages, including menopause and what she calls "Second Adulthood".

The secret of a leader lies in the tests he has faced over the whole course of his life and the habit of action he develops in meeting those tests.

- Sheehy, Gail

There is no more defiant denial of one man's ability to possess one woman exclusively than the prostitute who refuses to be redeemed.

- Sheehy, Gail

When men reach their sixties and retire, they go to pieces. Women go right on cooking.

- Sheehy, Gail

To be tested is good. The challenged life may be the best therapist.

- Sheehy, Gail

All changes, even the most longed for, have their melancholy; for what we leave behind is a part of ourselves; we must die to one life before we can enter into another!

- Sheehy, Gail

We hear the haunting presentiment of a dutiful middle age in the current reluctance of young people to select any option except the one they feel will impinge upon them the least.

- Sheehy, Gail



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