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Quotes by Bentov, Itzhak

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Itzhak Bentov (1923 - 1979) was a scientist, inventor, and an early pioneer in the research of consciousness.

If we were to ask the brain how it would like to be treated, whether shaken at a random, irregular rate, or in a rhythmic, harmonious fashion, we can be sure that the brain, or for that matter the whole body, would prefer the latter.

- Bentov, Itzhak



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