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Quotes by Hayes, Helen

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Helen Hayes (October 10, 1900 March 17, 1993) was an American actress whose successful and award-winning career spanned almost 70 years. She was eventually to garner the nickname "First Lady of the American Theater", and was one of the few people who has won an Emmy, a Grammy, an Oscar and a Tony Award.

Age is not important unless you're a cheese.

- Hayes, Helen

My mother drew a distinction between achievement and success. She said that achievement is the knowledge that you have studied and worked hard and done the best that is in you. Success is being praised by others. That is nice but not as important or satisfying. Always aim for achievement and forget about success.

- Hayes, Helen

We relish news of our heroes, forgetting that we are extraordinary to somebody too.

- Hayes, Helen

The hardest years in life are those between ten and seventy.

- Hayes, Helen

The story of a love is not important -- what is important is that one is capable of love. It is perhaps the only glimpse we are permitted of eternity.

- Hayes, Helen

The truth is that there is only one terminal dignity -- love. And the story of a love is not important -- what is important is that one is capable of love. It is perhaps the only glimpse we are permitted of eternity.

- Hayes, Helen

If you rest, you rust.

- Hayes, Helen



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