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Quotes by Dyer, Wayne

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Wayne W. Dyer (born May 10, 1940) is a popular American self-help advocate. He frequently appears on U.S. public television (PBS) during their pledge drives.

Wayne Dyer was born in Detroit, Michigan in 1940. Dyer's family was abandoned by his alcoholic father and he spent his early life living in foster homes and orphanages. In 1958, Dyer joined the Navy and served for four years. In 1962, Dyer left the Navy and studied at Wayne State University in Detroit, where he graduated with a Ed.D. in counseling in 1970. He later worked as an associate professor at St. John's University in New York.

Abundance is not something we acquire. It is something we tune into.

- Dyer, Wayne

Everything you need you already have. You are complete right now, you are a whole, total person, not an apprentice person on the way to someplace else. Your completeness must be understood by you and experienced in your thoughts as your own personal reality.

- Dyer, Wayne

You can never get enough of what you don't want.

- Dyer, Wayne

Our lives are a sum total of the choices we have made.

- Dyer, Wayne

Anything you really want, you can attain, if you really go after it.

- Dyer, Wayne

We are Divine enough to ask and we are important enough to receive.

- Dyer, Wayne

If I could define enlightenment briefly I would say it is the quiet acceptance of what is.

- Dyer, Wayne

Freedom means you are unobstructed in living your life as you choose. Anything less is a form of slavery.

- Dyer, Wayne

Deficiency motivation doesn't work. It will lead to a life-long pursuit of try to fix me. Learn to appreciate what you have and where and who you are.

- Dyer, Wayne

I will grow. I will become something new and grand, but no grander than I now am. Just as the sky will be different in a few hours, its present perfection and completeness is not

deficient, so am I presently perfect and not deficient because I will be different tomorrow. I will grow and I am not deficient.

- Dyer, Wayne

It's never too late to have a happy childhood.

- Dyer, Wayne

There is no way to happiness. Happiness is the way.

- Dyer, Wayne

You can set yourself up to be sick, or you can choose to stay well.

- Dyer, Wayne

The highest form of ignorance is when you reject something you don't know anything about.

- Dyer, Wayne

You are important enough to ask and you are blessed enough to receive back.

- Dyer, Wayne

There's no scarcity of opportunity to make a living at what you love. There is only a scarcity of resolve to make it happen.

- Dyer, Wayne

When you judge another, you do not define them, you define yourself.

- Dyer, Wayne

To sit in judgment of those things which you perceive to be wrong or imperfect is to be one more person who is part of judgment, evil or imperfection.

- Dyer, Wayne

Real magic in relationships means an absence of judgment of others.

- Dyer, Wayne

Each person must decide for himself what he wants each day. As a leader, I will expose you to the options and the likely consequences of those options. I'll even share my opinion if asked, but I'll never confuse it with the opinion, which simply doesn't exist.

- Dyer, Wayne

Maxim for life: You get treated in life the way you teach people to treat you.

- Dyer, Wayne

There's nothing wrong with anger provided you use it constructively.

- Dyer, Wayne

What comes out of you when you are squeezed is what is inside of you.

- Dyer, Wayne

When you squeeze an orange, orange juice comes out -- because that's what's inside.

When you are squeezed, what comes out is what is inside.

- Dyer, Wayne

People who want the most approval get the least and people who need approval the least get the most.

- Dyer, Wayne

You cannot be lonely if you like the person you're alone with.

- Dyer, Wayne

Love is the ability and willingness to allow those that you care for to be what they choose for themselves, without any insistence that they satisfy you.

- Dyer, Wayne

Loving people live in a loving world. Hostile people live in a hostile world. Same world.

- Dyer, Wayne

If we are to have magical bodies, we must have magical minds.

- Dyer, Wayne

As you think so shall you be! Since you cannot physically experience another person, you can only experience them in your mind. Conclusion: All of the other people in your life are simply thoughts in your mind. Not physical beings to you, but thoughts. Your relationships are all in how you think about the other people of your life. Your experience of all those people is only in your mind. Your feelings about your lovers come from your thoughts. For example, they may in fact behave in ways that you find offensive. However, your relationship to them when they behave offensively is not determined by their behavior, it is determined only by how you choose to relate to that behavior. Their actions are theirs, you cannot own them, you cannot be them, you can only process them in your mind.

- Dyer, Wayne

The components of anxiety, stress, fear, and anger do not exist independently of you in the world. They simply do not exist in the physical world, even though we talk about them as if they do.

- Dyer, Wayne

A transcendent being can be any miracle.

- Dyer, Wayne

A am realistic -- I expect miracles.

- Dyer, Wayne

When I chased after money, I never had enough. When I got my life on purpose and focused on giving of myself and everything that arrived into my life, then I was

prosperous.

- Dyer, Wayne

Successful people make money. It's not that people who make money become successful, but that successful people attract money. They bring success to what they do.

- Dyer, Wayne

Self-actualized people are independent of the good opinion of others.

- Dyer, Wayne

A mind at peace, a mind centered and not focused on harming others, is stronger than any physical force in the universe.

- Dyer, Wayne

Everything is perfect in the universe -- even your desire to improve it.

- Dyer, Wayne

Softly and kindly remind yourself, I cannot own anything. It is a valuable thought to keep in mind as you struggle to improve your financial picture, worry about investments, and plan how to acquire more and more. It is a universal principle which you are part of. You must release everything when you truly awaken. Are you letting your life go by in frustration and worry over not having enough? If so, relax and remember that you only get what you have for a short period of time. When you awaken you will see the folly of being attached to anything.

- Dyer, Wayne

Anything that has been accomplished by any other human being in the physical realm is within the field of possibility.

- Dyer, Wayne

Miracles come in moments. Be ready and willing.

- Dyer, Wayne

Present-moment living, getting in touch with your now, is at the heart of effective living. When you think about it, there really is no other moment you can live. Now is all there is, and the future is just another present moment to live when it arrives. One thing is certain, you cannot live it until it does appear.

- Dyer, Wayne

Live one day at a time emphasizing ethics rather than rules.

- Dyer, Wayne

Stop acting as if life is a rehearsal. Live this day as if it were your last. The past is over and gone. The future is not guaranteed.

- Dyer, Wayne

Procrastination is one of the most common and deadliest of diseases and its toll on

success and happiness is heavy.

- Dyer, Wayne

Prosperity in the form of wealth works exactly the same as everything else. You will see it coming into your life when you are unattached to needing it.

- Dyer, Wayne

Everything in the universe has a purpose. Indeed, the invisible intelligence that flows through everything in a purposeful fashion is also flowing through you.

- Dyer, Wayne

Our intention creates our reality.

- Dyer, Wayne

You'll seldom experience regret for anything that you've done. It is what you haven't done that will torment you. The message, therefore, is clear. Do it! Develop an appreciation for the present moment. Seize every second of your life and savor it. Value your present moments. Using them up in any self-defeating ways means you've lost them forever.

- Dyer, Wayne

Relationships based on obligation lack dignity.

- Dyer, Wayne

Everything you are against weakens you. Everything you are for empowers you.

- Dyer, Wayne

Only the insecure strive for security.

- Dyer, Wayne

Self-worth comes from one thing -- thinking that you are worthy.

- Dyer, Wayne

If you are living out of a sense of obligation you are slave.

- Dyer, Wayne

Transformation literally means going beyond your form.

- Dyer, Wayne

What I am trying to do is to unmuddle the metaphysical.

- Dyer, Wayne

Success is not something you get out of what you do.

- Dyer, Wayne

Everything is in motion. Everything flows. Everything is vibrating.

- Dyer, Wayne

Go for it now. The future is promised to no one.

- Dyer, Wayne

You are always a valuable, worthwhile human being -- not because anybody says so, not because you're successful, not because you make a lot of money -- but because you decide to believe it and for no other reason.

- Dyer, Wayne

You'll see it when you believe it.

- Dyer, Wayne

All blame is a waste of time. No matter how much fault you find with another, and regardless of how much you blame him, it will not change you. The only thing blame does is to keep the focus off you when you are looking for external reasons to explain your unhappiness or frustration. You may succeed in making another feel guilty about something by blaming him, but you won't succeed in changing whatever it is about you that is making you unhappy.

- Dyer, Wayne

Life is never boring, but some people choose to be bored.

- Dyer, Wayne

The concept of boredom entails an inability to use up present moments in a personally fulfilling way.

- Dyer, Wayne

If all people are unique, and if they are constantly changing each and every day, then all one can say about any social research finding is that it applied to that group of people on that given day, and given the propensity of humans to be different and to change, then it is unlikely that one would get the same results if one were to repeat the study.

- Dyer, Wayne

I think and that is all that I am.

- Dyer, Wayne

There is a big difference between thinking: I'm in a relationship and something's wrong. Therefore something must be wrong with the relationship. and thinking I'm in a relationship and we've got problems. This is evidence that you are different than me.

- Dyer, Wayne

The fact that you are willing to say, I do not understand, and it is fine, is the greatest understanding you could exhibit.

- Dyer, Wayne

How people treat you is their karma; how you react is yours.

- Dyer, Wayne

Your children will see what you're all about by what you live rather than what you say.

- Dyer, Wayne

Be miserable. Or motivate yourself. Whatever has to be done, it's always your choice.

- Dyer, Wayne

You can't choose up sides on a round world.

- Dyer, Wayne

Anything inside that immobilizes me, gets in my way, keeps me from my goals, is all mine.

- Dyer, Wayne

You cannot always control what goes on outside. But you can always control what goes on inside.

- Dyer, Wayne

The last suit that you wear, you don't need any pockets.

- Dyer, Wayne



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