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# Quotes by Chinmoy, Sri

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Sri Chinmoy was born in 1931, Chittagong, India; in what is now Bangladesh. At the age of 12 his parents passed away and he then went to the Sri Aurobindo Ashram in the South of India. Here he practiced meditation and took part in the various activities of the ashram including athletics. From an early age he had many profound spiritual experiences and this inspired him to begin writing mystical poetry.

There comes a time in the seeker's life when he discovers that he is at once the lover and the beloved. The aspiring soul which he embodies is the lover in him. And the transcendental Self which he reveals from within is his Beloved.

- Chinmoy, Sri





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