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Quotes by Caddy, Eileen

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Eileen Caddy is best known as one of the founders of the Findhorn Foundation community near the village of Findhorn on the Moray Firth in northeast Scotland. She was born Eileen Jessop in Alexandria, Egypt, on August 26, 1917, daughter of a director of Barclays Bank DCO. She married Squadron Leader Andrew Combe in 1939 and, following a divorce, subsequently married Squadron Leader Peter Caddy in 1957.

Live and work but do not forget to play, to have fun in life and really enjoy it.

- Caddy, Eileen

Expect your every need to be met. Expect the answer to every problem, expect abundance on every level...

- Caddy, Eileen

A soul without a high aim is like a ship without a rudder.

- Caddy, Eileen

Gratitude helps you to grow and expands; gratitude brings you and laughter into your life and into the lives of all those around you.

- Caddy, Eileen

A human being is a single being. Unique and unrepeatable.

- Caddy, Eileen

Cease trying to work everything out with your minds. It will get you nowhere. Live by intuition and inspiration and let your whole life be Revelation.

- Caddy, Eileen

Let there be more joy and laughter in your living.

- Caddy, Eileen

Life is full and overflowing with the new. But it is necessary to empty out the old to make room for the new to enter.

- Caddy, Eileen

When you feel that you have reached the end and that you cannot go one step further, when life seems to be drained of all purpose: What a wonderful opportunity to start all over again, to turn over a new page.

- Caddy, Eileen

Set your sights high, the higher the better. Expect the most wonderful things to happen, not in the future but right now. Realize that nothing is too good. Allow absolutely nothing to hamper you or hold you up in any way.

- Caddy, Eileen

Seek always for the answer within. Be not influenced by those around you, by their thoughts or their words

- Caddy, Eileen

Dwell not on the past. Use it to illustrate a point, then leave it behind. Nothing really matters except what you do now in this instant of time. From this moment onwards you can be an entirely different person, filled with love and understanding, ready with an outstretched hand, uplifted and positive in every thought and deed.

- Caddy, Eileen

The secret of making something work in your lives is, first of all, the deep desire to make it work: then the faith and belief that it can work: then to hold that clear definite vision in your consciousness and see it working out step by step, without one thought of doubt or disbelief.

- Caddy, Eileen

Stride forward with a firm, steady step knowing with a deep, certain inner knowing that you will reach every goal you set yourselves, that you will achieve every aim .

- Caddy, Eileen



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