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# Quotes by Buscaglia, Leo

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Dr. Felice Leonardo Buscaglia Ph.D. (31 March 1924 - 11 June 1998) was a professor of Italian descent at the University of Southern California, who authored a number of New York Times bestselling inspirational books on of love and human reticences on the subject, including The Fall of Freddie the Leaf, Bus 9 to Paradise, Living Loving and Learning, and Love. In lectures he often protested, in outrage at the comparative absence of writings on the subject, "I got the copyright for love!!!"

I believe that you control your destiny, that you can be what you want to be. You can also stop and say, No, I won't do it, I won't behave his way anymore. I'm lonely and I need people around me, maybe I have to change my methods of behaving and then you do it

- Buscaglia, Leo

If we wish to free ourselves from enslavement, we must choose freedom and the responsibility this entails.

- Buscaglia, Leo

A single rose can be my garden... a single friend, my world.

- Buscaglia, Leo

What you are is God's gift to you, what you do with yourself is your gift to God.

- Buscaglia, Leo

We all need each other.

- Buscaglia, Leo

The easiest thing to be in the world is you. The most difficult thing to be is what other people want you to be. Don't let them put you in that position.

- Buscaglia, Leo

Life is uncharted territory. It reveals its story one moment at a time.

- Buscaglia, Leo

I have a very strong feeling that the opposite of love is not hate -- it's apathy. It's not giving a damn.

- Buscaglia, Leo

Love is life. And if you miss love, you miss life.

- Buscaglia, Leo

Love can never grow old. Locks may lose their brown and gold. Cheeks may fade and hollow grow. But the hearts that love will know, never winter's frost and chill, summer's warmth is in them still.

- Buscaglia, Leo

Don't smother each other. No one can grow in the shade.

- Buscaglia, Leo

Don't hold to anger, hurt or pain. They steal your energy and keep you from love.

- Buscaglia, Leo

Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.

- Buscaglia, Leo

There are two big forces at work, external and internal. We have very little control over external forces such as tornadoes, earthquakes, floods, disasters, illness and pain. What really matters is the internal force. How do I respond to those disasters? Over that I have complete control.

- Buscaglia, Leo

Each of our acts makes a statement as to our purpose.

- Buscaglia, Leo

The fact that I can plant a seed and it becomes a flower, share a bit of knowledge and it becomes another's, smile at someone and receive a smile in return, are to me continual

spiritual exercises.

- Buscaglia, Leo

Change is the end result of all true learning. Change involves three things: First, a dissatisfaction with self -- a felt void or need; second, a decision to change to fill the void or need; and third, a conscious dedication to the process of growth and change -- the willful act of making the change, doing something.

- Buscaglia, Leo

Your talent is God's gift to you; what you do with it is your gift to God.

- Buscaglia, Leo

Time has no meaning in itself unless we choose to give it significance.

- Buscaglia, Leo

A wonderful realization will be the day you realize that you are unique in all the world. There is nothing that is an accident. You are a special combination for a purpose-and don't let them tell you otherwise, even if they tell you that purpose is an illusion. (Live an illusion if you have to). You are that combination so that you can do what is essential for you to do. Don't ever believe that you have nothing to contribute. The world is an incredible unfulfilled tapestry. And only you can fulfill that tiny space that is yours.

- Buscaglia, Leo

If I don't have wisdom, I can teach you only ignorance.

- Buscaglia, Leo

What we call the secret of happiness is no more a secret than our willingness to choose life.

- Buscaglia, Leo

We are no longer puppets being manipulated by outside powerful forces: we become the powerful force ourselves.

- Buscaglia, Leo





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